

Face Lift Massage



Treatment time:

15 min.



Suggested price:

\$50



Cost per treatment

\$0,24

Provide a result-driven facial experience for your clients, whether it be a manual facial or an advanced facial. There is never enough time to spend on the active part of the facial where we massage to work in the specific serum, boost circulation, etc.

By using the facial cups, your client will feel instantly relaxed while you are addressing her concerns, and product penetration is increased as well, ensuring that you get the most from your products.

This treatment was created to offer support for improving blood and lymph circulation reducing fine lines and wrinkles by stimulating collagen regeneration. The treatment also firms the skin and restores its health of the skin. Therapeutically infused with beneficial essential oils like Neroli, Geranium, and Carrot Seed, and homeopathic remedies that offer support. This treatment is a noise-free and low-cost alternative to invasive treatments.



SAMPLE MENU DESCRIPTION:

The Bellabaci Cupping technique combines positive and negative pressure massage performed with hands and the innovative silicon cups, for the benefit of optimizing collagen and elastin production to improve circulation and minimize fine lines and wrinkles. This treatment is excellent to reduce the appearance of fine lines and wrinkles, whilst removing toxins and other waste products to relieve fluid retention and puffy eyes.



What you'll need:

The Renew Complex and Skin Get a Life Massage Oil is the Professionals choice for reducing fine lines and wrinkles and increases blood and lymphatic circulation.

The natural antiaging properties of Neroli essential oil and Rosehip oil will address the wrinkles and stimulate the production of collagen and elastin.

Bellabaci Facial Cups and Bambino cups are made from silicone and will increase blood and lymph circulation allowing fresh oxygenated blood to nourish the tissues whilst loosening and assisting the removal of fluid in the area whilst stimulating the natural collagen regeneration.

This treatment offers little to no overheads, no expensive machines needed, the oils do not stain towels or become rancid and our technique gives the therapist's wrists a well-deserved break while the clients benefit from tangible results.

Professional Products needed:



Homecare:





Treatment Protocol



1

ATMOSPHERE

Set the ambience of treatment by utilizing lighting, diffusers, and music.



2

PREPARE

While your guest is changing, ensure your Skin Get a Life oil and Bellabaci Facial and Bambino Cups are ready for use. Prepare the treatment table for massage by utilizing linens and towels for warmth and properly draping your table. Assist your guest to the treatment room and onto the table, lying face up.



3

OIL APPLICATION

Apply 2 drops of Revive Concentrate to your hands and press onto the face and decollete by gently using pressure point therapy to apply it to the temples, underneath the eyes and lymph nodes under the jawline. Follow with 2 pumps of oil into your hands to start the treatment on the Face and Decollete. Apply oil to the area liberally.



4

PERFORM CUPPING MASSAGE

Perform full facial effleurage using hands only, repeat X3.
·Drain the third eye starting between the brows moving towards the hairline x 3
·Drain the left side of the face, starting at the forehead from the midline outwards following the lymphatic pathways down to the neck. Repeat 3 times
·Perform Fish Bite movement starting at the forehead from the midline outwards following the lymphatic pathways down to the neck (Very light suction on the neck). Repeat 3 times
·Perform small circles starting on the forehead following the lymphatic pathways from the midline moving outwards, to the neck. Repeat X 3

·Perform large circles on the forehead (above the eyebrow) Repeat x 3
·Perform a triangle starting on the Zygomaticus bone moving towards the corner of the eye and then out toward the temple and back to the starting point. Repeat x 3.
·Perform large circles on the Temporomandibular Joint Repeat x3.
·Perform up and down strokes (half-smile) with the Soft Bambino cup on the nasolabial fold. Repeat X 3.
·Perform large circular movement on the jawline including the chin Repeat x3.
·Drain the left side of the face, starting at the forehead from the midline outwards following the lymphatic pathways down to the neck. Repeat 3 times

Note: Repeat on the right side of the face.



5

ENDING TREATMENT

End the treatment with a hand effleurage. Place robe and slippers by the side of the table so the client can slip into them as they exit. Offer the Circuflow Face Kit for your client as a retail option and provide homecare advice.

Facial Massage Sequence

- Apply 2 drops of the chosen Pure Essential Complex Oil to the palm of your hand and allow the client to inhale 3 times and apply to the face by gently using pressure point therapy.
- Apply chosen Bellabaci Professional Massage Oil or Balm with a hands-on effleurage x 3.
- Drain the third eye with a soft facial cup starting at the brow line and working upward towards the hairline x3.
- Drain with a soft Facial Cup, starting at the forehead from the mid-line outwards following the lymphatic pathways x3.
- Drain with a soft Facial Cup, starting underneath the corner of the eye from the mid-line outwards following the lymphatic pathways x3.
- Drain with a soft Facial Cup, starting at the side of the mouth from the mid-line outwards following the lymphatic pathways x3.
- Drain with a soft Facial Cup, starting on the chin from the mid-line outwards following the lymphatic pathways x3.
- Perform the Fish Bite with a soft Facial Cup, starting at the forehead from the midline outwards following the lymphatic pathways down the neck x3. Use very weak suction pressure on the neck.
- Perform Small Circles with a soft Facial Cup, starting at the forehead from the mid-line outwards following the lymphatic pathways down to the neck x3.
- Perform Large Circles with a soft Facial Cup on the forehead above the eyebrow x3.
- Perform a Large Circle with a soft Facial Cup, glide in a triangle direction starting at the corner of the eye outwards to the temple and then moving towards the zygomatic/cheekbone and back to the corner of the eye x3
- Perform Large Circles with a soft Facial Cup on the Temporomandibular Joint x3
- Perform stroking with a soft Bambino Cup up and down strokes on the Nasolabial fold x3
- Perform Large Circles with a soft Facial Cup on the Jawline x3
- Repeat the Draining sequence.
- Repeat on the other side of the face.