

Essential Oil Notes

Want to make your own essential oil blends? Knowing the notes is crucial to creating scents that are well-balanced and aromatically pleasing. To make your life easier, we've created a simple key that explains each of the 3 notes and we've also included the notes in each oil's description.



T

Top Notes

Top notes typically dominate a blend and are the most noticeable up-front. Top notes are also the quickest to evaporate.

*Popular top notes include:
Citrus oils (lemon, orange, bergamot)
and minty, medicinal oils (peppermint,
eucalyptus, wintergreen)*

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B

Base Notes

As the name implies, base notes serve as the foundation to a blend, giving it stability. These aromas are slowest to evaporate, sometimes taking a few days.

*Popular base notes include:
frankincense, myrrh, patchouli, and
sandalwood*

M

Middle Notes

Middle notes arise after a few minutes and give a well-rounded body to blends. These aromas usually evaporate after 4-5 hours.

*Popular middle notes include:
Floral oils (roman chamomile,
geranium, lavender) and
herbal/woody oils
(rosemary, oregano, pine)*