



MCOOR SPA®


Deep Cleansing Anti-Aging Men's Facial

Cost Per Treatment: **\$4.89**

Time: **30-45 minutes**

What to Charge: **\$40-\$55**

Men deserve a spa day too! This nature-enriched facial treatment deeply cleanses pores with a highly effective set of active anti-aging ingredients to target stressed, overworked, and mature skin.



What You'll Need:

- Exfoliating Cleanser (16.9 fl. oz.) / MRS283P
- Herbal Toner (16.9 fl. oz.) / MRS121P
- Massage Lotion (16.9 fl. oz.) / MRS261P
- Age-Defying Mask (16.9 fl. oz.) / MRS287P
- Age-Defying Cream (16.9 fl. oz.) / MRS286P

What They'll Want:

- Exfoliating Cleanser (4 fl. oz.) / MRS283
- Herbal Toner (4 fl. oz.) / MRS121
- Age-Defying Mask (2.7 fl. oz.) / MRS287
- Age-Defying Cream (1.7 fl. oz.) / MRS286

Preparation:

- Prepare warm towels in a hot towel cabi. **Remember to always use caution and check the temperature of hot towels prior to use.**
- Complete a thorough consultation with your client. **Please note: This service may not be suitable for those with sensitive skin.**

What to Do:

1. Apply the Exfoliating Cleanser to damp skin in circular motions, activating the gentle foaming agents. Once the skin is thoroughly cleansed, remove cleanser completely using damp cotton esthetic wipes.
2. Using cotton esthetic wipes, tone the skin with the Herbal Toner.
3. Utilizing the Massage Lotion, massage the face with light pressure. Using effleurage techniques, guide from the chin and corners of the mouth upward to the temples or hairline. Do this 3-4 times before moving to the forehead, continuing to effleurage with upward and outer motions. Repeat on the forehead a few times.
4. Using the middle and ring fingers of each hand, complete a full, slow circle around the entire perimeter of the face, with hands meeting at the centers of the chin and forehead. Repeat 3 times. After the 3rd circle, rest at the center of the forehead for 2-3 seconds.
5. While on the forehead and using your fingertips, perform little circles outward toward the temples and return to the center of the forehead. Repeat 2-3 times.
6. With your ring finger, slowly "Figure 8" around the eye area 3 times. Repeat the "Figure 8" process again in the opposite direction.
7. Glide your fingers to the temple and rest for 2-3 seconds.
8. Once you've completed your massage portion of the service, apply the Age-Defying Mask evenly over the face. Allow to sit for 10-15 minutes.
9. When time is complete, cover the face with a prepared warm towel and allow to sit for 1-2 minutes. **Remember to always check the temperature of hot towels prior to applying to the skin to ensure that it's not too hot.**
10. After the client has relaxed momentarily with the warm towel covering their face, use it to remove the mask.
11. Once there is no mask remaining on the skin, you may apply the Age-Defying Cream to hydrate and aid in a youthful, revitalized appearance.