

Cellulite Treatment

Stand out from the crowd by providing a unique cellulite cupping massage experience for your clients, effective and fast results guaranteed. This treatment was created to offer support for improving blood and lymph circulation, breaking up lipid pockets whilst firming the skin, and improving the appearance of cellulite.

Therapeutically infused with beneficial essential oils like Buchu, Moringa, Coriander, Mandarin, and Orange peel that will improve the appearance of cellulite and detox the body and homeopathic remedies that offer support.

This treatment is a noise-free and low-cost alternative to mechanical cellulite machine treatments.



Treatment time:

45 min.



Suggested price:

\$50



SAMPLE MENU DESCRIPTION:

This lipo-sculpting technique combines positive and negative pressure massage performed with hands and the innovative silicon cups, for the benefit of optimizing lymphatic drainage, detoxing and improved circulation. This treatment is excellent for the removal of toxins and other waste products to reduce the appearance of cellulite whilst firming the skin.



CHROMA & AROMA SELECTION

For the full Bellabaci experience, have the client view all 6 of the Genies. Using periphery vision, the client should choose the color which appears most vibrant. Should there be 2, then the chosen Genie is detected via smell. In true Aromatherapy, your olfactory memory will guide you to which blend your body and mind needs. If the Genie smells wonderful, it is the correct formula. If the Genie does not smell as great, it is not what your body is in needs. Humans are intelligent beings, and we have the ability to know what we need, we just need to learn how to revive this ability. For a practical parable, when you are sick with a virus, you may crave orange juice (immune-boosting) or chocolate for its calcium and uplifting element value during times of pain. The Chroma & Aroma Selection is completed before a Bellabaci Treatment is performed, either during consultation or guest check-in at reception, should a concierge be able to guide the client.

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Cost per treatment

\$1,08



What you'll need:

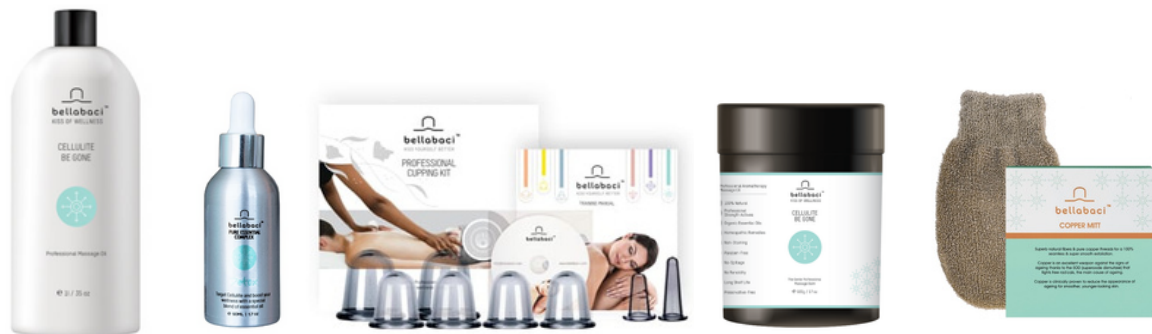
The Detox Complex and Cellulite be Gone Massage Oil is the Professionals choice for taking care of the appearance of cellulite and firming the skin.

With the natural detoxifying properties of Moringa, Buchu, and Mandarin, this natural oil will address the appearance of cellulite and stretch marks and firm the skin.

Bellabaci Body and Super cups are made from silicone and will increase blood and lymph circulation allowing fresh oxygenated blood to nourish the tissues whilst loosening and assisting the removal of toxins.

This treatment offers little to no overhead cost, no expensive machines needed, the oils do not stain towels or become rancid and our technique gives the therapist's wrists a well-deserved break while the clients benefit from tangible results.

Professional Products needed:



Homecare:





Treatment Protocol



1

TREATMENT ROOM PREPARATION

Set the ambiance of treatment by utilizing lighting, diffusers, and music. The treatment room should be set up prior to the guest's arrival. Ensure all supplies are available like your Cellulite Be Gone Bellabaci Professional Wellness Massage Oil or Balm, Bellabaci Body, Super Cups, linens, and towels for warmth. The massage table must be properly draped. Assist your guest to the treatment room and onto the table, if needed, lying face down.



2

INHALATION & PRESSURE POINT

Apply 2 drops of the chosen Bellabaci Professional Pure Essential Complex on the hands. Place hands under the client's face in the face cradle. Encourage the client to take in slow deep breaths. Then apply on the treatment areas and feet using intentional hand placements/pressures on the exhale of the client.



3

OIL APPLICATION

Apply 2 pumps of oil into your hands to start the treatment on the back of the legs. The amount will vary depending on the size of the area treated. Apply oil to the area liberally.



4

PERFORM CUPPING MASSAGE

Proceed with your massage starting on the upper leg using effleurage to start and end the treatment. Complete the Cup Drainage, Fish Bite, Vibrations, and Circle movements ending the treatment with your cups draining and effleurage. Complete on the front of the legs.



5

COMPLETING THE SERVICE

Complete the massage by closing the area that you worked on with your sheet. Place the robe and slippers by the side of the table so the client can slip into them before they exit. Thank your client and ask how they feel after their treatment. Offer the chosen genie Kit for your client as a retail option and provide homecare advice.

Leg Massage Sequence

Legs

- Apply the Bellabaci Cellulite Be Gone Profesional Wellness oil over the left leg using Hands-on Effleurage only X3.
- Optional: Activate lymph nodes using the Fish Bite movement x3.

1. Upper leg

- Always work from above the popliteal to the upper thigh/ buttocks or as high as allowed by management.
- Knead the upper thigh using your hands only.
- The Cup Effleurage or Drain the Left upper leg using the Soft or SuperCup on light suction. Maintain full hand contact. Repeat x 3. See diagram 1.
- Perform Fish bites using the Soft or Supercup from the knee to the top of the thigh. Repeat x 3. See diagram 2.
- Perform Vibration using a Soft or Supercup, Repeat x 3. See diagram 3.
- Perform Circles using the Soft or Super Cup using the triangle technique. This is a great kneading movement but does maintain full hand contact at all times for the benefit of combining positive and negative pressure simultaneously. Repeat x3. See diagram 4.
- Perform Zig zags by gliding the Soft or Super Cup from side to side, working your way up. Repeat x 3. See diagram 5.
- The Cup Effleurage or Drain with cups x3. See diagram 1.
- Perform connecting Hands-on Effleurage on the upper thigh ending on the lower leg x1
- Note: Always ensure that your hands are flat on the body to avoid the pinching effect caused by fluid retention in this region.

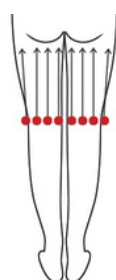


Diagram 1
Draining

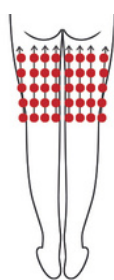


Diagram 2
Fish Bites

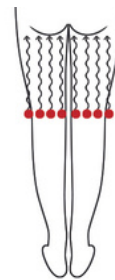


Diagram 3
Vibrations

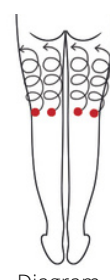


Diagram 4
Circles

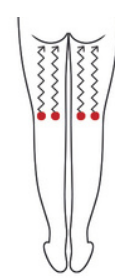


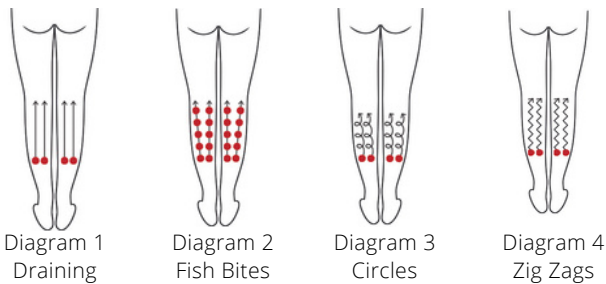
Diagram 5
Zig Zags

Leg Massage Sequence

2. Lower leg:

- Kneading
- Drain with cups towards the popliteal lymph node. See diagram 1
- Fish bites. See diagram 2
- Circles. See diagram 3
- Zigzags. See diagram 4
- Effleurage whole leg with handsX3

Note: Repeat on the right side and assist your client to turn over (supine)



3. Left Foot

4. Upper Front Left Leg:

5. Lower front Left Leg:

6. Right Foot:

7. Upper Front Right Leg:

8. Lower front right Leg:

