

A SERVICE OPTION FOR NATURAL NAILS  
REQUIRING STRENGTH, PROTECTION,  
AND LIGHT SHAPE ENHANCEMENT.

# CND PLEXIGEL™ Builder-Sculpted on a Nail Tip

## STEP-BY-STEP GUIDE



Treatment time:  
**45 min**



Suggested price:  
**\$50-60**



Cost per treatment  
**\$4.60**



### SAMPLE MENU DESCRIPTION:

Get the look of long, beautiful nails that last without harsh chemicals or the risk of damage to your natural nails. First, you'll experience a safe, relaxing manicure. Next, your nail professional will add your desired length with nail tips and then hand-sculpt a strong overlay. Finally, your nails will be finished with a fabulous color of your choosing.





# What you'll need:



CND Plexigel is versatile and convenient brush-in-a-bottle gel nail enhancement system that provides up to 3+ weeks of strength, length, and shape.

- CND PLEXIGEL™ BONDER** CND879
- CND PLEXIGEL™ BUILDER** CND880
- CND PLEXIGEL™ PROTECTOR TOP COAT** CND882
- CND VELOCITY TIP, CLEAR TRAY** CND182



**COOLBLUE™**  
**Hand Cleanser**

CND158

**OFFLY FAST™**  
**Moisturizing Remover**

CND450

**SCRUBFRESH™ Nail**  
**Surface Cleanser**

CND159

**CND™ Files and Buffers**

N2103  
CND176

## Accessories/Equipment Required

We recommend using the items below:

- **CND™ LED Lamp** N1844
- **Sposh Terry Hand towels** JL714
- **Intrinsics plastic-backed, lint-free pads** CX122T
- **Complete Pro 99% Isopropyl Alcohol** CP186
- **Stainless Steel Cuticle pusher** NB159
- **Cuccio 1/2 Jaw Manicure nippers** CUC653
- **Ultra Fingernail Clipper with File** ULT07
- **Cuccio Under the Nail Cleaner Curette** CUC655
- **Ikonna IP-DXR Cordless Portable Drill, Rose Gold** YC105
- **3/32" Carbide Nail Bits Large Barrel, Silver, Fine Grit** NB271





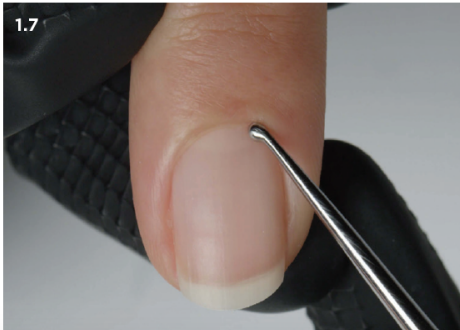
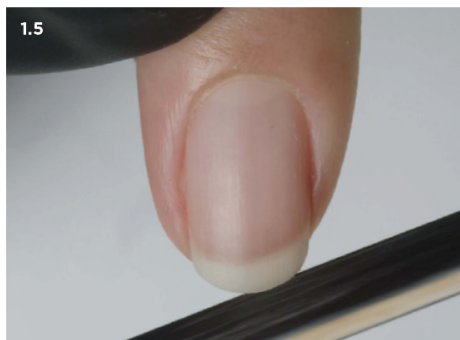
# Protocol

## Step 1

### PERFORM A MANICURE.

# P

1. Have the client wash their hands with soap and running water for 20-30 seconds and towel dry.
2. Massage **COOLBLUE™** Hand Cleanser into the client's hands.
3. If necessary, remove any existing nail color from the natural nail using an acetone-based polish remover (**OFFLY FAST™** Moisturizing Remover) and a plastic-backed lint-free pad.\*
4. If necessary, trim the length from each nail, using nail clippers.
5. Shape the free edge of each nail with a fine 240-grit file (**Kanga™ File** or **Koala Buffer™**).
6. Gently slide a **cuticle pusher** along the nail plate toward the proximal nail fold (cuticle area) and along each lateral fold (sides of nail) to lift and loosen any cuticle (non-living tissue) from the nail plate.\*\*
7. Gently guide a **curette** along the nail plate to remove non-living tissue on the nail.
8. If necessary, use a **manicure nipper** to carefully remove any loose pieces of skin or hangnails.



\* Acetone-based polish removers like **CND™ OFFLY FAST™** is the quickest and safest way to remove nail color. Non-acetone-based polish removers will dissolve enamel more slowly and "smear" the color onto the cuticle area risking over-exposure.

\*\* For clients who build excessive cuticle between services, apply a small amount of **CND™ CuticleAway™ Professional Cuticle Remover** evenly around the cuticle of each nail and perform cuticle service. Be sure to scrub nails thoroughly with soap and running water for at least 20-30 seconds to thoroughly remove the cuticle remover and towel dry.

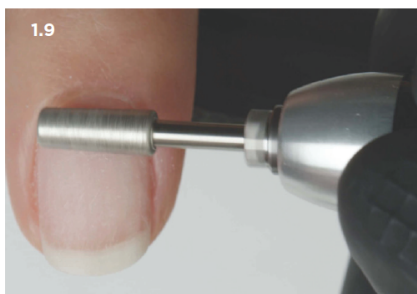
# R E P

### REMOVE SHINE.

9. Remove shine from the natural nail surface with a fine 240-grit buffer (**Koala Buffer™**) in the direction of the natural nail growth.  
Optional: Use an enhancement prep bit at low speed with very gentle pressure with E-File.

### ELIMINATE SURFACE CONTAMINANTS AND PURIFY NAIL PLATE LAYERS.

10. Thoroughly cleanse and temporarily dehydrate the nail plate layers with **SCRUBFRESH™** using a lint-free, plastic-backed pad. Pull back the skin and scrub the nail as if removing red nail polish.



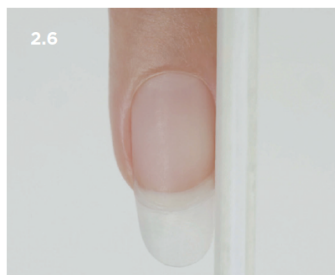
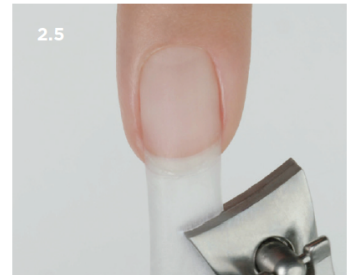
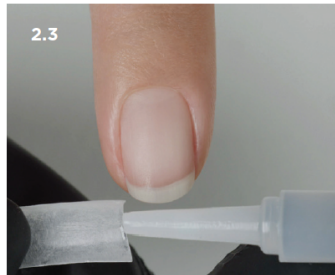
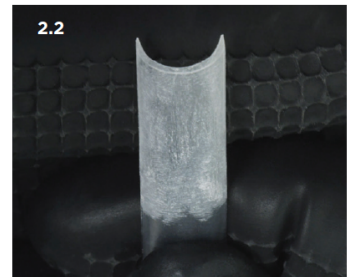
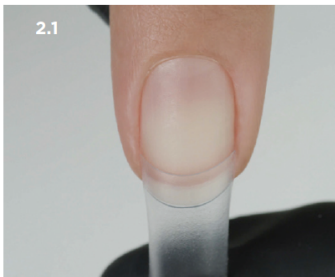


# Protocol

## Step 2

## APPLY THE TIP

1. Match the correct tip to the C-curve of the natural nail. The tip should fit easily between the lateral walls of the natural nail and encase the natural nail free edge.
2. Pre-tailor the contact area and gently file away unwanted material using a 100/180-grit file. Bevel and taper to a thin edge.  
**Optional:** Use a medium grit diamond bit with E-File.
3. Place a bead of adhesive to the contact area of the tip.
4. Secure the tip against the natural nail edge. Firmly press against the free edge until firmly secure to the natural nail.
5. Cut the tip to desired length and shape.
6. Shape the edge of the tip with a 180-grit file.
7. Thin and bevel Zone 1 filing from the center of the tip toward the free edge in a one directional stroke.
8. Thin the contact area of the tip and gently blend the remaining tip material from the nail using a 240 grit buffer and a light touch to prevent ghost shadowing and pocket lifting. Be sure the tip is thin, blended and translucent.
9. Remove any excess dust with a disinfectable dust brush.



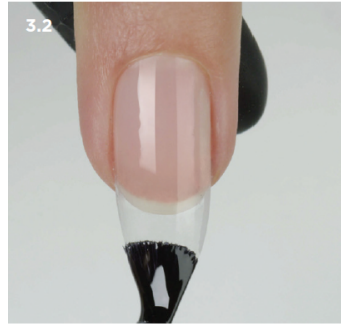


# Protocol

## Step 3

### APPLY CND PLEXIGEL™ BONDER

1. Roll the bottle gently to blend.
2. Apply a thin layer of CND PLEXIGEL™ Bonder to all five nails, sealing the edge after each application. Always leave a tiny free margin around the perimeter of the nail to avoid the skin.
3. Cure for 10 seconds in the CND™ LED Lamp using preset button 1.

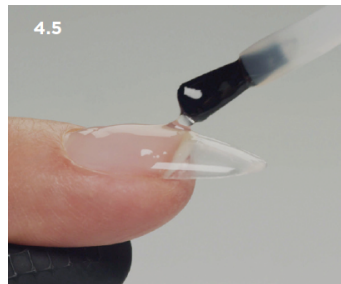
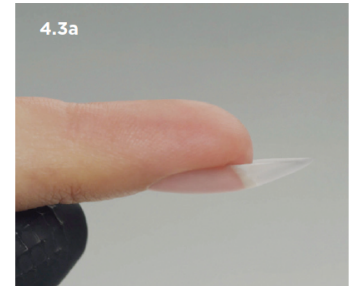
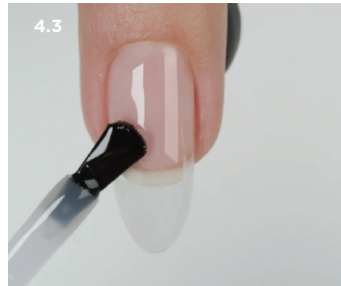
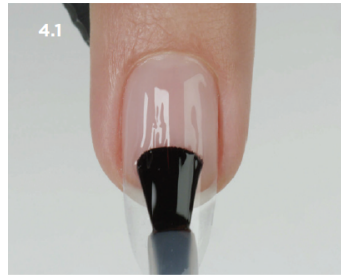


## Step 4

### APPLY CND PLEXIGEL™ BUILDER

**OPTIONAL:** For clients with heat sensitivity, apply a thin layer of CND PLEXIGEL™ Shaper to the natural nail and cure for one minute in the CND™ LED Lamp using preset button 2B. Do not remove the top film after removing the nails from the lamp.

1. Apply a thin, even layer of CND PLEXIGEL™ Builder to the natural nail and tip. This first layer will act as a foundation layer before building shape.
2. Cure for one minute using preset button 2B.
3. Apply a second layer of builder to create shape and architecture by placing a bead down the vertical center of the nail and feather to taper on both sides.
  - a. Use gravity pull by turning the finger over to help further define the apex and hold for 2-3 seconds.
  - b. Flash cure as needed to prevent gel from running and to control the sensation of heat on the nail.
4. Cure for one minute using preset button 2B.
5. Fill in any low spots using the brush. Touch one side of the low spot and lift up creating a thin strand of product. Pull the strand across the low spot and touch the side. Allow the gel to level.
6. Cure for one minute using preset button 2B.



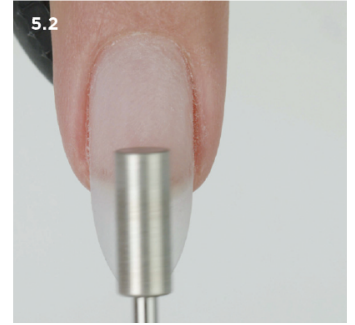
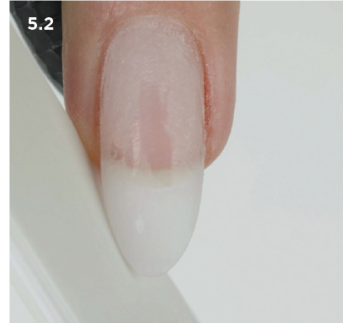


# Protocol

## Step 5

### PERFECT THE SHAPE

1. Remove top film with cotton pad saturated with 99% Isopropyl Alcohol.
2. Refine the nail shape using a 180-grit file and buffer (Boomerang Padded File or **Blizzard File™**)  
**Optional:** Use a medium grit diamond bit at ½ speed with E-File
3. Remove dust and cleanse the nail with 99% Isopropyl Alcohol.

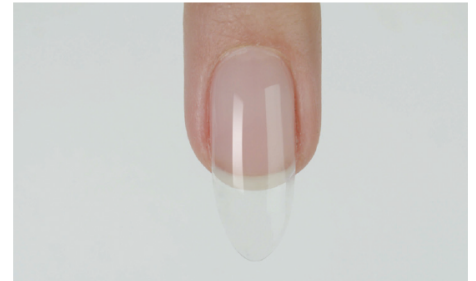


## Step 6

### APPLY CND PLEXIGEL™ PROTECTOR TOP COAT

Use to seal and protect clear enhancements or prior to applying CND™ VINYLUX™ Long Wear Polish.

1. Roll the bottle gently to blend.
2. Apply a layer of CND PLEXIGEL™ Protector Top Coat to all five nails sealing the free edge after application.
3. Cure for one minute using preset button 3.
4. Lightly wipe to remove top film with lint-free pad or cosmetic sponge saturated with 99% Isopropyl Alcohol.



## Step 5

### ADD COLOR

(Option for gel polish)

If using CND™ SHELLAC™ Gel Polish, skip Protector Top Coat and CND™ SHELLAC™ Base Coat.

1. Shake CND™ SHELLAC™ Color vigorously to blend.
2. Apply two thin layers of color coat to all five nails using the 5-point polish method.
3. Cure each layer for one minute in the CND™ LED Lamp using preset button 2S.
4. Apply a layer of CND™ SHELLAC™ Top Coat to all five nails.
5. Cure for one minute using preset button 3.
6. Lightly wipe to remove top film with cotton pad or cosmetic sponge saturated with 99% Isopropyl Alcohol.

