# CND 5 Point Polish Method

Enhance service and speed with a streamlined and consistent application method for any color service. The **CND 5 Point Polish Method** is an easy, systematic approach for polish perfection.



### TIPS:

When using CND™ VINYLUX™ Long Wear Polish and CND™ CREATIVE PLAY™ Nail Polish, lighten the touch and float the brush over the surface of the nail; with CND™ SHELLAC™ Gel Polish and CND™ CREATIVE PLAY™ Gel Polish, intensify the touch and flatten the brush to the nail keeping all layers thin and even.

### STEP 1:

## SEAL THE EDGE

Sealing the edge of the nail first eliminates product build-up during service and provides a perfect seal, even on the shortest nails.

- 1. Prepare the brush for application.
  - a. Pull coated brush from bottle.
    Wipe both sides on neck to remove excess polish while flattening brush hairs on both sides.



- 2. Seal the edge.
  - a. Holding client's finger, gently push finger pad away from nail. This will help prevent getting product on skin.
  - b. With the flattened brush,

     a thin line of color along the
     free edge of the nail to seal

    and ensure complete coverage.



### STEP 2:

### BEAD IN THE MIDDLE

Placing the brush in the center of the nail first eliminates flooding the cuticle line with polish and provides precise application and coverage.

- 1. Prepare the brush for application.
  - a. Pull brush from bottle scooping a small bead onto one side.
     Flatten and drain other side on bottle's neck.



- b. Place bead in center of nail, and glide it down to the free edge.
- c. Lift brush up, angle finger down and ease brush towards cuticle line, putting slight pressure on brush. This technique allows the brush to fan out for precise application while leaving a tiny free margin for a clean, even line.
- d. Glide brush towards free edge to complete center coverage.





#### STEP 3:

### ROTATE RIGHT

Note: Do not re-dip the brush. The bead created in the previous step should be large enough to coat the entire nail.

- 1. Rotate finger right, and pull back lateral fold so left side of nail is clearly visible.
  - a. Using left side of brush, apply color over left side of nail, following contour of sidewall as closely as possible from cuticle line to free edge.



### STEP 4:

### ROTATE LEFT

- 1. Rotate finger left, and pull back lateral fold so right side of nail is clearly visible.
  - a. Using right side of brush, apply color over right side of nail, following contour of sidewall as closely as possible from cuticle line to free edge.



#### STEP 5:

### REPEAT & REFINE

The second color layer will provide additional coverage and color, refining and perfecting the tiny free margins with each layer.

- 1. Repeat and refine with each layer.
  - a. Seal extension edge using exact same steps for remaining layers.



#### **PRODUCTS REQUIRED**

### CND™ SHELLAC™ Gel Polish\*

- Base Coat
- Color Coat
- Top Coat

### **CND™ VINYLUX™** Long Wear Polish\*

- Color Coat
- Top Coat

### CND™ CREATIVE PLAY™ Nail Polish\*

- Base Coat
- Color Coat
- Top Coat

### CND™ CREATIVE PLAY™ Gel Polish\*

- Base Coat
- Color Coat
- Top Coat

99% Isopropyl Alcohol

### **ACCESSORIES/EQUIPMENT REQUIRED**

CND™ LED Lamp\*

Hand towels

Plastic-backed, lint-free pads

\*Optional