

## Arnica Mineral Bath Treatment



### PRODUCTS REQUIRED FOR SERVICE:

SKU	PRODUCT NAME & PRODUCT AMOUNT
<u>KN134P6</u>	Kneipp Professional Mineral Bath Salt, Joint & Muscle Arnica, 105.8 oz. PRO Pack
<u>KN116P6</u>	Kneipp Professional Mineral Bath Oil, Joint & Muscle Arnica, 20.28 fl oz. PRO Pack

CONTRAINDICATIONS	SERVICE TIPS
<p>Swelling, high blood pressure, pregnancy, and cancer.</p>	<p><b>Pro Tip:</b> Have several luxury towels within reach for your client. Create ambience with LED candles and soothing spa music. Also, be sure to provide a cold cloth for your client to use on their head or neck during soak to avoid overheating.</p> <p><b>Number of Treatments:</b> 52 Treatments</p> <p><b>NOTE:</b> This protocol may be adapted for use with any Kneipp Bath Oil and Mineral Salt variety.</p>
<p><b>Homecare Recommendations</b></p> <p>Kneipp Arnica Joint &amp; Muscle Mineral Bath Salt (17.63 oz) / <u>KN134</u></p> <p>Kneipp Arnica Joint &amp; Muscle Bath Oil (3.38 fl oz) / <u>KN116</u></p>	

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STEP	PRODUCT	INSTRUCTIONS
1	Kneipp Professional Mineral Bath Salt or Kneipp Professional Bath Oil.	Add 3/4 cup (6 oz.) bath salt to a warm (97° - 100°F) bath.
2		Allow the client to soak at their leisure for about 20-25 minutes.

**This protocol may be adapted for use with any Kneipp Bath Oil and Mineral Bath Salt varieties.**

**Here are a few top selling Menu Services:**

#### **Deep Breathe Mineral Bath**

Rich in trace elements and minerals, this thermal spring salt bath gently cleanses skin while washing away the stresses of the day. A specially curated blend of Pine and Fir evergreen essential oils work together to clear the mind while encouraging long, deep cleansing breaths.

#### **Back Comfort Mineral Bath**

Rich in trace elements and minerals, this thermal spring salt bath gently cleanses skin while washing away the stresses of the day. A specially curated blend of Devils Claw and Cajeput eases back pain and tension.

#### **Relaxing Mineral Bath**

Rich in trace elements and minerals, this thermal spring salt bath gently cleanses skin while washing away the stresses of the day. A specially curated blend of French Lavender essential oil encourages deep relaxation and has a harmonizing effect.