

# MCCR SPA®

## Firming Contour Wrap

Cost Per Treatment: \$12.50 + supplies

Time: 60-90 minutes

What to Charge: **\$95-\$130** 

Get one step closer to the perfect summer silhouette with this luxurious contour wrap service. This treatment works to reduce the appearance of cellulite and firm the look of skin. With visible results in just one treatment, say hello to summer!

#### What You'll Need:

- Himalayan Crystal Salt Glow (212 oz.) / MRS225P
- Shower Gel (16.9 fl. oz.) / MRS233P or 4-In-1 Bar (6 oz.) / MRS111
- Contour Cream (16.9 fl. oz.) / MRS234P
- Firming Contour Gel (16 fl. oz.) / MRS227P
- Herbal Bath (135 fl. oz.) / MRS201P
- Complete Oil (16.9 fl. oz.) / MRS232P

### What They'll Want:

- Himalayan Salt Glow (42 oz.) / MRS225
- Contour Cream (4 fl. oz.) / MRS234
- Herbal Bath (30 fl. oz.) / MRS201
- Body Mask (16.9 fl. oz.) / MRS221







#### What to Do:

- 1. Prepare the treatment table by covering with a heavy towel or blanket. Cover with a large plastic sheet.
- 2. Have the client shower and cleanse the skin using the 4-In-1 Bar or Shower Gel.
- 3. Measure the client's contoured areas. Make sure you measure and record correctly to get the correct results.
- 4. Exfoliate the client's body starting on their back and shoulders, working your way down to their lower legs.
- 5. Soak body tensor bandages in the Herbal Bath.
- **6.** After the exfoliation allow the client to stay on their back.
- 7. Prepare the skin by applying the Firming Contour Gel to problem areas from the client's waist to knee. Help the client sit up on the table to apply to the back areas.
- 8. Tightly wrap each area with the soaked bandages, then cover the client with warm blankets.
- **9.** Allow the client to rest for 30 minutes while the wrap is on.
- 10. Offer the client a scalp, hand and arm, or foot massage while the wrap is in place.
- **11.** After 30 minutes, remove the bandages and wipe off any excess product with hot towels.
- 12. Apply the Contour Cream to areas of concern in strong effleurage movements towards the heart.
- **13.** After the wrap, remeasure the client's areas and reveal the results. *Inform the client about the value of repeated treatments for maximum results.*
- 14. Follow up with home care recommendations.



