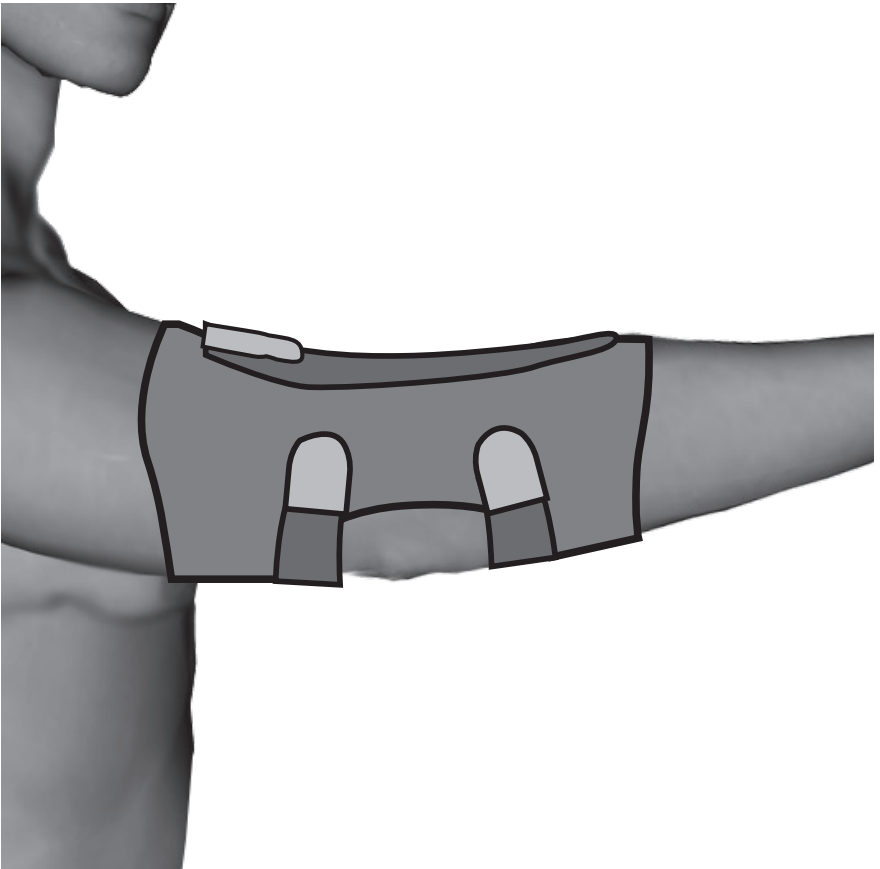


Overstock  
Ortho 

# Cubital Tunnel Splint



*Splint by night, protect by day!*

# SPLINT BY NIGHT

## Application Instructions

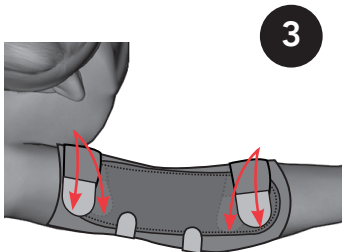
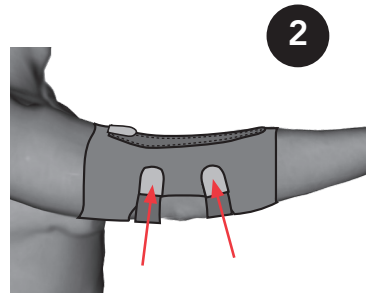
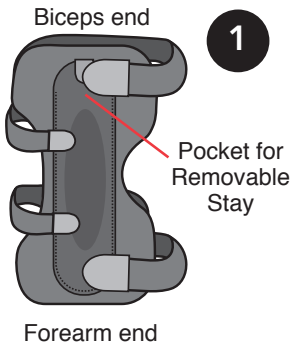
Thoroughly read the following information prior to application.  
Product function requires proper application.

---

1. Prior to application, loosen all straps.  
Initially, splint is best applied with assistance.
2. Slide splint onto affected arm. With arm slightly bent, position the center of the stay directly over the inside elbow. Secure middle straps as shown.
3. Secure upper biceps and lower forearm straps.
  - Do not over tighten.

### Note:

- To facilitate re-application, when removing the splint, loosen but do not detach all straps then slide brace off.



# PROTECT BY DAY

## Application Instructions

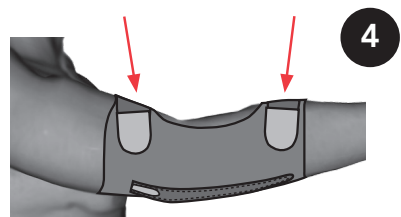
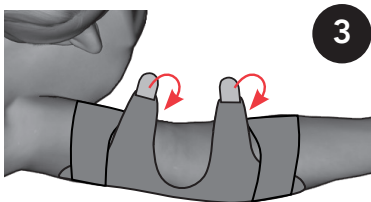
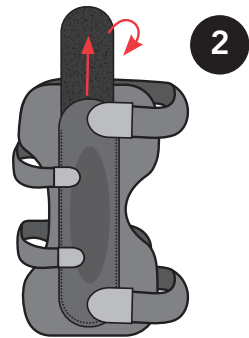
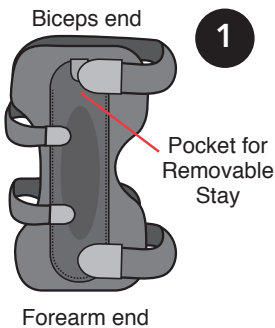
Thoroughly read the following information prior to application.  
Product function requires proper application.

---

1. Prior to application, loosen all straps.  
Initially, splint is best applied with assistance.
2. Remove plastic stay and rotate it so textured surface is facing down, reinsert into pocket.  
Optional: Wear splint without stay for added cushioning.
3. Slide splint onto affected arm. With arm slightly bent, position the center of the stay directly over the elbow. Secure middle straps as shown.
4. Secure upper biceps and lower forearm straps.
  - Do not over tighten.

### Note:

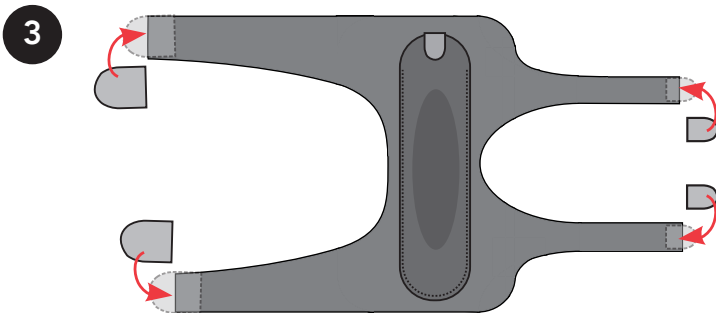
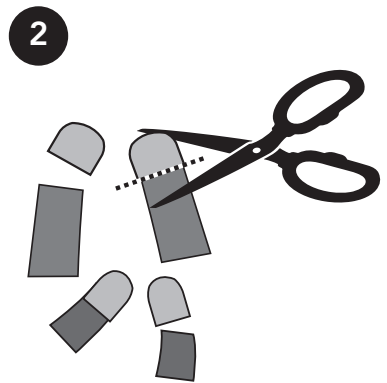
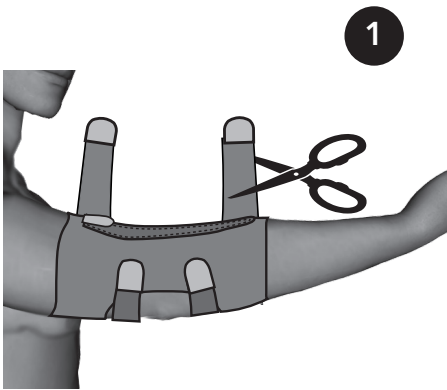
- To facilitate re-application, when removing the splint, loosen but do not detach all straps then slide brace off.



# CUSTOMIZATION

## For very petite arms:

1. With assistance and splint on arm, measure straps to desired length. Trim excess strap as needed.
2. Cut Velcro off the ends of each trimmed strap.
3. Apply approximately half of the Velcro piece to trimmed strap, leaving the other half to attach to splint. Apply splint as directed in previous application instructions.



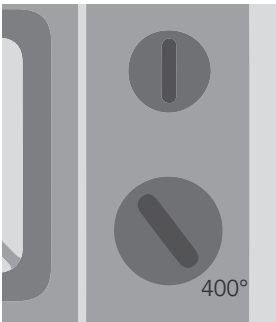
# CUSTOMIZATION CONTINUED

## Change angle of Rigid Plastic Stay

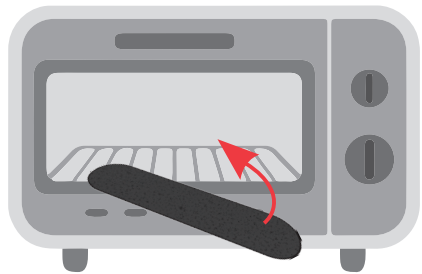
1. Preheat toaster oven to 400°F
2. Once oven reaches desired temperature, carefully insert stay into the oven.
3. Allow stay to bake in oven for a few minutes until soft to the touch with oven mit, frequently checking softness.

Warning: Do not touch or remove stay without the use of an oven mit. Plastic will be hot.

1



2



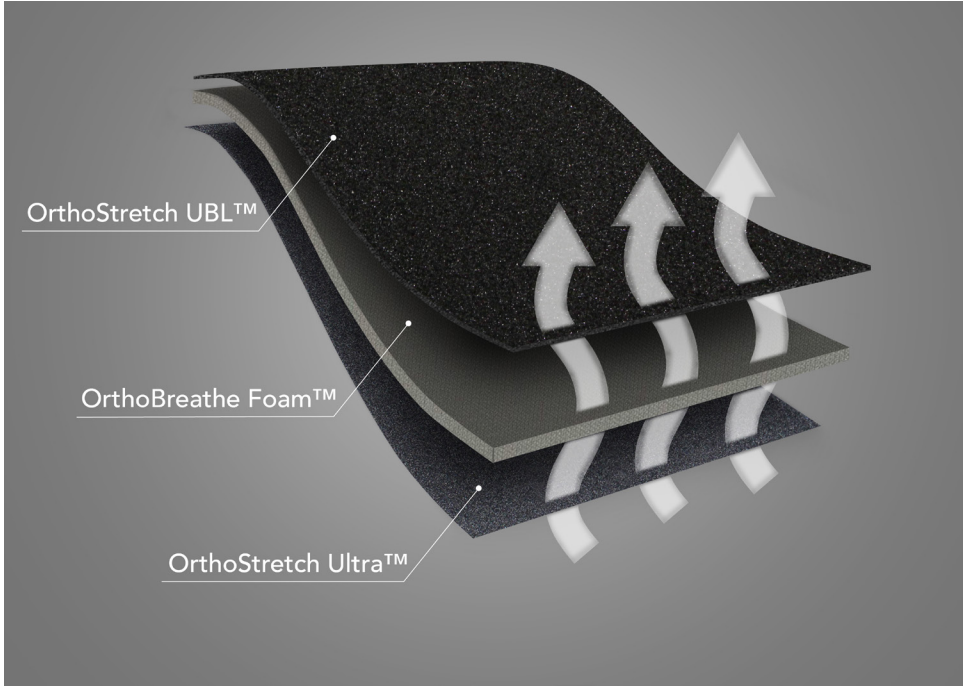
3



# MATERIALS

Lightweight and breathable, allows air to circulate and move freely through the material.

.....



## OrthoStretch UBL™

- Velcro receptive durability
- Strong but soft
- 4-way stretch
- Colorfast, washable, and wicking

## OrthoStretch Ultra™

- 180%, 4-way stretch
- Superior strength
- Ultra soft
- Ultra comfort

## OrthoBreathe Foam™

- Superior breathability
- Lightweight
- Environmentally friendly
- Excellent 4-way stretch

## INDICATIONS

Immobilizes the elbow to reduce pressure on the prominence of the ulnar nerve.  
Restricts full extension and flexion to minimize stretching of the ulnar nerve.

.....

## CARE INSTRUCTIONS

Prior to cleaning, remove plastic stay from pocket. Hand wash using cold water and mild detergent.  
Do not bleach. Rinse thoroughly, removing all soap residue to avoid skin irritation. Allow to AIR DRY. Do not twist or wring. Reshape, dry flat. Wipe plastic stay clean with mild disinfectant. Replace plastic stay into pocket with textured surface facing outward, secure sleeve closure.

.....

WARNING: Incidents of pain, swelling, changes in sensation or unusual reactions should be immediately reported to your medical professional.

.....

Manufacturer makes no guarantees that injury will be prevented using this product.

Overstock  
Ortho 

[overstockortho.com](http://overstockortho.com)

ID# \*281747\*



G/CB

*Proudly* **MADE IN USA** 

