

Shipping Instructions

Shipping label

Before you have had your blood drawn you will need to request from Regenerus Laboratories a courier label for your International DHL courier.

Please call us at least one working day prior, to make payment and request your label.

Booking your courier

Do not book your courier to collect on the same day as your test nor on a Friday. Couriers need at least 1 full working days' notice to collect your sample. The courier from the UK is DHL. Telephone 0844 248 0844

Quote account number 186673061 and request a "Pickup"

Alternatively you can drop your sample off at a DHL collection point. For details visit www.dhl.co.uk and select find DHL Locations

For any assistance please contact
0203 750 0870 Monday to Friday 9am to 5pm

Blood Test Instructions

– IMM12 DAO

Histamine



When?: Book your blood to be drawn Monday to Friday.

Where? You can choose any location you like to collect your blood, but they must have a “**centrifuge**” on site as part of the blood separation process. For partner sites that can help visit the FAQ section www.regeneruslabs.com.

Payment?

You must pay for your test and shipping in advance. Please call 0203 750 0870 to make payment.

In your test kit? In your test collection kit you will find:

- 1 x Insulated Styrofoam Box
- 1 x Gold Top SST Tube
- 1 x Clear Serum Transfer Vial
- 1 x Ice Pack
- 1 x DHL Shipping Bag
- 1 x Requisition Form

See shipping instructions overleaf

Preparation

- Avoid high fat meals 24 hours prior to the test
- Pre-Freeze your ICE pack/s for at least 6 hours before your appointment.
- Take your pre-frozen Ice Pack/s with the full kit to your appointment.
- Do not stop any medications or supplements without checking with your health care professional beforehand.

Phlebotomist Instructions

- Draw 1 x Gold Top SST tubes and stand for 15 minutes before centrifuging
- Decant and save the serum by pouring into the Aliquot tube.
- Immediately Freeze “Aliquot Tube” or place in the Styrofoam shipping box with pre-frozen Ice pack/s

Patient- Packing

- Take blood sample and immediately freeze for at least 6 hours with Ice Pack. The sample can remain in a Freezer up to 3 days until you are ready to ship.
- Keep the sample frozen until you are ready to ship
- Complete the requisition form in full
- Place all test documents into the Styrofoam pack with the frozen blood sample and freezer pack.
- Place into the DHL Bag ready for shipping
- Sample is now ready for shipping

For assistance call 0203 750 0870