



Comprehensive Stool Analysis / Parasitology x3

Shipping and posting information:

Because of overseas shipping requirements, we do not receive samples on Weekends or Bank Holidays Please ensure your samples are received by us no later than Friday MIDDAY.

Due to the nature of this specimen and its volume, you are not allowed to send this sample through the Royal Mail postal system. Please use the UPS service offered or another of your choice.

For health and safety reasons, you must use all the packaging enclosed and seal each bag correctly before returning your samples. Regenerus Laboratories reserves the right to dispose of any sample received which does not meet this criteria.

Returning your samples in the UK via UPS

Enclosed you will find a return shipping label for our UPS courier service. Should you choose to use this service then you will be charged accordingly , details of which are separately enclosed.

Within the UK, UPS offer 3000 convenient drop off locations , this service means no waiting for couriers to arrive, we suggest you visit the UPS website at www.ups.com/dropoff. Alternatively the UPS home /office collection service normally offer a 4 hour collection window. Please see the enclosed shipping information sheet.

IMPORTANT

Track the status of your shipment by recording the tracking number on your shipping label to track its progress using the UPS website.

Telephone : 0203 750 0870
Email: info@regeneruslabs.com
www.regeneruslabs.com
Aero 14, Kings Mill Lane, Redhill Surrey, RH1 5YP
Regenerus Laboratories Limited: Inc England and Wales: 08077110

Before You Start:

Please read all of the directions including shipping, and familiarize yourself with the collection procedures. If you are taking antifungal or antibiotic medications, please finish the course of medication, and then wait three days before starting this collection. Please refrain from taking digestive enzymes, laxatives (particularly mineral oil and castor oil) antacids, aspirin, and substances containing barium and/or bismuth for two days prior to and during the specimen collection, unless otherwise instructed by your physician. To properly assess fat absorption, you should consume 60-100g/day of dietary fat for three days prior to the collection. *Never discontinue prescription medications without first consulting your physician.*

Refrain from taking probiotic supplements for two weeks prior to specimen collection unless instructed otherwise by your physician

Verify Kit Contents:

- 1 Test requisition form
- 3 Collection trays (nested together; separate before use)
- 1 Polar Pack gel pack
- 1 Blue Bag Return Envelope & Original Shipping Box
- 1 Return Label

Day One Bag:

- 1 Black -capped vial
- 1 Disposable glove
- 1 Absorbent material

Day Two Bags:

- 1 Bag Containing:
- 1 Black capped Vial
- 1 Bag containing white capped vial
- Disposable Gloves
- Absorbent material

Day Three Bag:

- 1 Black -capped vial
- 1 Yellow-capped vial
- 1 Disposable glove
- 1 Absorbent material

Keep the cardboard collection kit box, to return your samples back to us. Keep the absorbent materials in the zip lock bags.

If any components are missing, please call our customer services team 0203 750 0870.

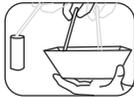
Caution: Avoid contact of the skin and eyes with the fluid in the vials. For eye contact, flush with water thoroughly for 15 minutes. For skin contact, wash thoroughly with soap and water. For accidental ingestion, contact your physician immediately.

Collection 1: (CHECK SHIPPING DETAILS BEFORE STARTING)

Use the contents of the Day 1 bag.



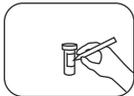
1) Collect your first stool specimen into the collection tray *DO NOT contaminate the specimen with either urine or water from the toilet.*



2) Unscrew the cap on the BLACK -capped vial and, using the attached spoon, transport stool specimen into the vial. Take multiple portions from different areas of the collection container. Fill the vial to the fill line (approximately half full). DO NOT OVERFILL. Screw the cap on *tightly*.



3) Shake the BLACK -capped vial vigorously for approximately 30 seconds to mix the stool specimen with the preservative in the vial.



4) Write the patient's name, the date of collection, and patient's date of birth on the specimen vial only. **The test cannot be performed without the patient information on the vial.**



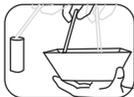
5) Place the BLACK capped vial in the Day One zip-lock bag, then place the bag into the cardboard shipping box and leave at room temperature.

Collection 2:

Use the contents of the 2 day two bags



6) Collect your second stool specimen into the collection tray. *DO NOT contaminate the specimen with either urine or water from the toilet.*



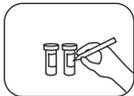
7) Unscrew the cap on the WHITE-capped vial and, using the attached spoon, transport stool specimen into the vial. Take multiple portions from different areas of the collection container. Fill the vial to the fill line (approximately half full). DO NOT OVERFILL. Screw the cap on *tightly*.



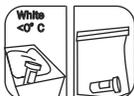
8) Unscrew the cap on the BLACK -capped vial and, using the attached spoon, transport stool specimen into the vial. Take multiple portions from different areas of the collection container. Fill the vial to the fill line (approximately half full). DO NOT OVERFILL. Screw the cap on *tightly*.



9) Shake the BLACK -capped vial vigorously for approximately 30 seconds to mix the stool specimens with the preservative in the vial.



10) Write the patient's name, the date of collection, and patient's date of birth on both specimen vials. **The test cannot be performed without the patient information on the vials.**



11) Place the white capped vial into the bag and seal. Place the polar-pack gel bag into the pouch on the back of the bag and freeze overnight. Place the black capped vial into the second day two bag and seal. Place the bag into the cardboard shipping box and leave at room temperature.

Collection 3:

Use the contents of the Day Three bag.



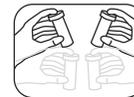
12) Collect your third stool specimen into the collection tray. Remember not to contaminate the specimen with urine or water from the toilet.



13) Unscrew the cap on the YELLOW-capped vial and using the attached spoon, transport stool specimen into the vial. Take multiple portions from different areas of the collection tray. Fill the vial to the fill line (approximately half full). DO NOT OVERFILL. Screw the cap on *tightly*.



14) Unscrew the cap on the BLACK -capped vial and, using the attached spoon, transport stool specimen into the vial. Take multiple portions from different areas of the collection tray. Fill the vial to the fill line (approximately half full). DO NOT OVERFILL. Screw the cap on *tightly*.



15) Shake both the YELLOW and BLACK -capped vials vigorously for approximately 30 seconds to mix the stool specimens with the preservatives in the vials.



16) Write the patient's name, the date of collection, and patient's date of birth on both specimen vials. **The test cannot be performed without the patient information on the vials.**



17) Place both the BLACK and YELLOW capped vial into the Day 3 zip lock bag, then place into cardboard shipping box.



18) Retrieve the bag containing the frozen white capped vial and polar pack from the freezer. Place the bag and its contents into the cardboard shipping box.



19) Fill out the test requisition form completely and sign it. **The test cannot be performed without a properly filled out requisition.** Place the form into the shipping box. This sample is now ready for shipping.

To obtain the best results, Doctor's Data recommends shipping specimens as soon as possible. If you cannot ship the specimens the same day you finish the collection, such as over a weekend or holiday, put the WHITE-capped tube back in a freezer and place the box and contents into the refrigerator until you are ready to ship the test collection kit.

Consult your physician if you have any questions during the test collection process.