

## Shipping and posting information:

Because of overseas shipping requirements, we do not receive samples on Weekends or Bank Holidays Please ensure your samples are received by us no later than Thursday Middy.

Due to the nature of this specimen and its volume, you are not allowed to send this sample through the Royal Mail postal system. Please use the UPS service offered or another of your choice.

For health and safety reasons, you must use all the packaging enclosed and seal each bag correctly before returning your samples in the box. Regenerus Laboratories reserves the right to dispose of any sample received which does not meet this criteria.

### Returning your samples in the UK via UPS

Enclosed you will find a return shipping label for our UPS courier service. Should you choose to use this service then you will be charged accordingly , details of which are seperately enclosed.

Within the UK, UPS offer 3000 convenient drop off locations , this service means no waiting for couriers to arrive, we suggest you visit the UPS website at [www.ups.com/dropoff](http://www.ups.com/dropoff). Alternatively the UPS home /office collection service normally offer a 4 hour collection window. Please see the enclosed shipping information sheet.

**Track the status of your shipment, copy the tracking number on your shipping label and track its progress using the UPS website.**

Regenerus Laboratories do not keep records of your tracking number.

**Telephone : 0203 750 0870**  
**Email: [info@regeneruslabs.com](mailto:info@regeneruslabs.com)**  
**[www.regeneruslabs.com](http://www.regeneruslabs.com)**

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Regenerus Laboratories Limited : Inc in England and Wales : 08077110



Regenerus Laboratories Limited

Code: CMI08, CMI10, CMI14, CMI15, CMI16, CMI19

**Collection Instructions for the following cultures:  
Bacteriology, Comprehensive Clostridium, Microbiology, Shiga Toxin(s),  
Yeast, Toxigenic C Difficile Culture, GI Pathogen Profile**

### Before You Start:

Please read all of the directions, including shipping instructions to familiarise yourself with the collection procedure. If you are taking antifungal or antibiotic medications, please finish the course of medication, and then wait three days before starting this collection. Please refrain from taking digestive enzymes, antacids, and aspirin for two days prior to and during the specimen collection, unless otherwise instructed by your physician.

Refrain from taking probiotic supplements for two weeks prior to specimen collection unless instructed otherwise by your physician. Never discontinue prescription medications without first consulting your physician.

GI Pathogen Profile specimens must be shipped the same day as collected and be received by Regenerus Labs the next calendar day. Complete this test Monday to Wednesday only.

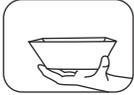
### Verify Kit Contents:

- 1 Test requisition form
- 1 Collection tray
- 1 Yellow-capped vial
- 1 Disposable glove
- 1 Zip-lock bag with absorbent material
- 1 Return Box, Blue Bag & Shipping Label

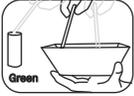
If you are missing kit components, please call Regenerus Laboratories Limited Customer Service on 0203 750 0870 department for assistance.

**Caution:** Avoid contact of the skin and eyes with the fluid in the vials. For eye contact, flush with water thoroughly for 15 minutes. For skin contact, wash thoroughly with soap and water. For accidental ingestion, contact your physician immediately.

### Collection Instructions:



**1)** Collect your first stool specimen into the collection tray . *DO NOT contaminate the specimen with either urine or water from the toilet.*



**2)** Unscrew the cap on the yellow-capped vial and, using the attached spoon, transport stool specimen into the vial. Take multiple portions from different areas of the collection container. Fill the vial to the fill line (approximately half full). **DO NOT OVERFILL.** Screw the cap on *tightly*.



**3)** Shake the yellow-capped vial vigorously for approximately 30 seconds to mix the stool specimen with the preservative in the vial.



**4)** Write the patient's name, the date of collection, and patient's date of birth on the specimen vial.

**The test will not be processed without patient information on the vial.**

**5)** Place the yellow-capped vial in the zip-lock bag.

**6)** Fill out the test requisition form completely and sign it. **The test cannot be performed without a properly filled out requisition.**



**7)** Place the zip lock bag and the completed form into the return packaging. The specimen is now ready for shipment.

To obtain the best results, Doctor's Data recommends shipping specimens as soon as possible. If you cannot ship the specimen the same day you finish the collection, such as over a weekend or holiday, place the envelope into the refrigerator until you are ready to ship.

**Consult your physician if you have any questions during the test collection process.**