

## Shipping and posting information:

Because of overseas shipping requirements, we do not receive samples on Weekends or Bank Holidays Please ensure your samples are received by us no later than Friday Middy.

Due to the nature of this specimen and its volume, you are not allowed to send this sample through the Royal Mail postal system. Please use the UPS service offered or another of your choice.

For health and safety reasons, you must use all the packaging enclosed and seal each bag correctly before returning your samples. Regenerus Laboratories reserves the right to dispose of any sample received which does not meet this criteria.

### Returning your samples in the UK via UPS

Enclosed you will find a return shipping label for our UPS courier service. Should you choose to use this service then you will be charged accordingly, details of which are separately enclosed.

Within the UK, UPS offer 3000 convenient drop off locations, this service means no waiting for couriers to arrive, we suggest you visit the UPS website at [www.ups.com/dropoff](http://www.ups.com/dropoff). Alternatively the UPS home /office collection service normally offer a 4 hour collection window. Please see the enclosed shipping information sheet.

**Track the status of your shipment, copy the tracking number on your shipping label and track its progress using the UPS website.**

Regenerus Laboratories do not keep records of your tracking number.



Telephone : 02037500870

Codes: CMI-03

## Comprehensive Stool Analysis / Parasitology x2

### Before You Start

Please read all of the directions, shipping instructions and familiarize yourself with the collection procedures. If you are taking antifungal or antibiotic medications, please finish the course of medication, and then wait three days before starting this collection. Please refrain from taking digestive enzymes, laxatives (particularly mineral oil and castor oil) antacids, aspirin, and substances containing barium and/or bismuth for two days prior to and during the specimen collection, unless otherwise instructed by your physician. To properly assess fat absorption, you should consume 60-100g/day of dietary fat for three days prior to the collection. *Never discontinue prescription medications without first consulting your physician.*

Refrain from taking probiotic supplements for two weeks prior to specimen collection unless instructed otherwise by your physician

### Verify Kit Contents:

- 1 Test requisition form
- 2 Collection trays (nested together; separate before use)
- 1 Polar Pack gel pack
- 1 Blue Return Bag & Original Shipping Box
- 1 Return Label

### Day One Bag:

- 1 Black -capped vial
- 1 White-capped vial
- 1 Disposable glove
- 1 Absorbent material

### Day Two Bag:

- 1 Black -capped vial
- 1 Yellow-capped vial
- 1 Disposable glove
- 1 Absorbent material

If you are missing kit components, please call Regenerus Laboratories Customer Service department for assistance.

**Caution:** Avoid contact of the skin and eyes with the fluid in the vials. For eye contact, flush with water thoroughly for 15 minutes. For skin contact, wash thoroughly with soap and water. For accidental ingestion, contact your physician immediately.

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Email: [info@regeneruslabs.com](mailto:info@regeneruslabs.com)  
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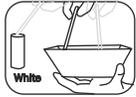
Aero 14 | Redhill Aerodrome | Kings Mill Lane | Redhill | RH1 5YP

Regenerus Laboratories Limited Inc in England and Wales: 08077110

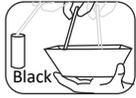
### Collection One: USE DAY 1 BAG



**1)** Collect your first stool specimen into the collection tray. *DO NOT contaminate the specimen with either urine or water from the toilet.*



**2)** Unscrew the cap on the WHITE-capped vial and, using the attached spoon, transport stool specimen into the vial. Take multiple portions from different areas of the collection container. Fill the vial to the fill line (approximately half full. **DO NOT OVERFILL.** Screw the cap on *tightly*.



**3)** Unscrew the cap on the Black -capped vial and, using the attached spoon, transport stool specimen into the vial. Take multiple portions from different areas of the collection container. Fill the vial to the fill line (approximately half full. **DO NOT OVERFILL.** Screw the cap on *tightly*.



**4)** Shake the Black -capped vial vigorously for approximately 30 seconds to mix the stool specimen with the preservative in the vial.



**5)** Write the patient's name, the date of collection, and patient's date of birth on both specimen vials. (You do not have to provide an ID#. The lab will assign one upon arrival). **The test cannot be performed without the patient information on the vials.**



**6)** Place the WHITE-capped vial and the Polar Gel Pack back into its own zip lock bag, seal and freeze over night. Place the Black capped vial into the day one zip-lock bag, then place in the return box. Leave box at room temperature.

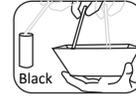
### Collection Two: USE DAY 2 BAG



**7)** Collect your second stool specimen into the collection tray. Remember not to contaminate the specimen with urine or water from the toilet.



**8)** Unscrew the cap on the Yellow -capped vial and, using the attached spoon, transport stool specimen into the vial. Take multiple portions from different areas of the collection container. Fill the vial to the fill line (approximately half full. **DO NOT OVERFILL.** Screw the cap on tightly.



**9)** Unscrew the cap on the Black -capped vial and, using the attached spoon, transport stool specimen into the vial. Take multiple portions from different areas of the collection container. Fill the vial to the fill line (approximately half full. **DO NOT OVERFILL.** Screw the cap on tightly.



**10)** Shake both the Black and YELLOW-capped vials vigorously for approximately 30 seconds to mix the stool specimens with the preservatives in the vials.



**11)** Write the patient's name, the date of collection, and patient's date of birth on both specimen vials. **The test cannot be performed without the patient information on the vials.**



**12)** Place both the Black and YELLOW-capped vials into the Day 2 zip-lock bag, then place the bag into the return box.



**13)** Retrieve the WHITE CAP vial from the freezer and place into the Return box with the 3 other vials.



**14)** Fill out the test requisition form completely and sign it. Place the form in the return box and close box. Place the return box into the blue reply shipping bag. The specimens are now ready for shipment. Seal only if you are ready to ship \*\* Ensure the requisition form is completed correctly.

To obtain the best results, Doctor's Data recommends shipping specimens as soon as possible. If you cannot ship the specimens the same day you finish the collection, such as over a weekend or holiday, put the white cap vial back in a freezer and place the remaining samples into a refrigerator until you are ready to ship the test collection kit.

**Consult your physician if you have any questions during the test collection process.**