

Shipping Instructions

Shipping

Arrange in advance your nearest UPS drop off point by visiting www.ups.com/dropoff. Note the latest drop off time.

Or

arrange a courier collection via UPS Telephone 03457 877 877

You must contact UPS at least one day before the day of your blood draw.

Quote account number AR6636.

If the UPS is not convenient to your geographic location then you may use the Post Office.

The only service you must request is :
"Special Delivery 1pm"

The contents of your package will be no more than 40ml of blood which is less than the maximum of 50ml allowable via the post office

Return Address

**Regenerus Laboratories
Med Diag Lab
Unit 12 Central Business Centre
London, NW10 0UR**

Blood test (BP10) Instructions



Keep the box provided to return your sample in.

All Others
Gold Top SST 2xTube
Grey Top Tube
Purple Top EDTA Tube
Light Blue Citrate Tube
Small Aliquot Tube
1 Freezer Block

Patient Information

When?: Book your blood to be drawn and collected Monday to Thursday only ensuring the next day is not a bank holiday or weekend in the UK.

Preparation

- Fast for 12 hours before your blood test
- Do not stop any medications or supplements without checking with your health care professional beforehand.
- PreFreeze the Freezer Block for 12 hours prior to your blood draw. Take with you for your appointment.

Where? You can choose any location you like to collect your blood, however this blood test requires a "centrifuge" (see blood draw requirements opposite) on site as part of the blood separation process for partner sites that can help visit www.regeneruslabs.com

Payment?:

You must pay for your test in advance. Please call 0203 750 0870.

See shipping instructions overleaf

Phlebotomist Instruction

Blood Draw

Please follow draw instructions below and invert each tube 8-10 times after completion of draw.

Draw 1 x Light Blue, then 2 x Gold Top SST tubes, then 1 x Purple, then 1 x Grey Top.

For Gold SST samples, stand for 15 minutes before centrifuging until serum sample is separated. (10 Min Swing Arm or 15 Min Fixed). For one Gold Top tube only remove the serum and pour off into the Aliquot tube.

The remaining Gold Serum tube should be wrapped up with the Freezer Block to keep cold in transit.

- Sign and date requisition form

Packing

- Place all completed and labelled tubes into packaging and hazard bag and seal.
- Place bag into return shipping box with completed paperwork.
- Seal Box .
- This specimen is ready for shipping and must be dispatched immediately.

For assistance call 0203 750 0870