

Matricule: 19740521000

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Molecular biology

Sample origin: Saliva

Genetic polymorphisms implicated in various pathways

Xenobiotics (phase II detoxification)

Result

Catechol-O-methyltransferase

COMT (V158M) rs4680

Homozygous variant genotype MM

Interpretation

The presence of the homozygous variant genotype MM is associated with a strongly reduced predictive activity of the COMT enzyme compared to carriers of the wild-type. 1) The inactivation capacity of catecholamines by the COMT is strongly reduced. Carriers of this genotype have increased dopamine levels that are associated with advantages regarding the cognitive capacities and a reduced susceptibility to develop eating disorders compared to carriers of the wild-type. With regard to the analyzed polymorphism, these individuals have an increased risk to develop addictions, obsessive compulsive disorders (OCD) or schizophrenia compared to carriers of the wild-type. 2) In the presence of other variations affecting for example the genes CYP1B1 or CCND1 as well as in the case of obesity, postmenopausal syndrome or endometriosis, the relative risk for estrogen-dependent breast cancer is increased compared to individuals that are devoid of these risk factors.

General background to the analysed genetic polymorphism

The catechol-O-methyltransferase (COMT) is an enzyme that catalyzes the transfer of a methyl group from S-adenosylmethionine (SAM) on all compounds that contain a catechol residue. 1) The COMT methylates catecholamine neurotransmitters of endogenous (dopamine, adrenaline, noradrenaline) and exogenous (e.g. L-DOPA) origin and thus leads to their inactivation. Hence, it influences the neurotransmitter levels in the brain. As a consequence, a variability in the level of COMT activity can be associated with cognitive, emotional (e.g. depression, schizophrenia), neurodegenerative (e.g. Parkinson's disease), eating (e.g. Anorexia nervosa) and behavioral (e.g. obsessive compulsive disorders, OCD) disorders. 2) The COMT is also involved in the metabolism of estrogens, including catechol-estrogens that are generated by hydroxylation of estrogens. Several catechol-estrogens, especially those which are hydroxylated at position 4 and 16, are thought to participate, together with other risk factors, in the genesis of certain tumors (e.g. estrogen-dependent breast cancer). The genetic polymorphism [V158M] consists in the substitution of a valine (V) by a methionine (M) in position 158, which leads to a decreased enzymatic COMT activity.

Homocystein metabolism

Result

5,10-methylenetetrahydrofolate reductase (NADPH)

MTHFR (C677T) rs1801133

Homozygous variant genotype TT

MTHFR (A1298C) rs1801131

Homozygous wildtype AA

Interprétation

The presence of the homozygous variant [C677T] genotype is associated with a highly decreased predictive enzymatic activity and increased serum homocysteine levels. Presence of a genetic predisposition for thromboembolic diseases with regard to the two analyzed polymorphisms. The relative risk for adverse effects to a treatment with methotrexate is increased.