



LET'S HONOR OUR PARENTS

Shavuos is coming & we know that is when we first received the Torah. At Har Sinai Hashem gave Moshe the Luchos with the Aseres Hadibros on them.

One of the Dibros is "Kabed es Avicha V'es Imecha" honor your father & mother. It is such an important mitzvah that it is included in the Aseres Hadbros.

As important as it is to do, it can also be a really hard mitzvah to do. It can be hard to listen! It can be hard to talk respectfully when we don't get our way. That's why it's so important to remember it's a mitzvah and really work on it!

THERE ARE SO MANY WAYS TO DO THIS MITZVAH. HERE ARE A FEW IDEAS:

2 Be careful to be

- 1 Listen to your parent the first time they tell you to do something
- 2 Be careful to be extra quiet when your parent is sleeping so you don't wake them
- **3** Bring your parent something to eat or drink
- 4 Stand up for your parent when they enter a room
- **5** Thank your parent for something they do for you



EACH DAY THIS WEEK TRY TO DO AT LEAST ONE KIBBUD AV V'EM ACTION AND FOCUS ON THE FACT THAT IT IS SUCH AN IMPORTANT MITZVAH.

When you do it be sure to jot it down on your chart to add to the mitzvah counter at the end of the week. And, of course, invite your friends to join the mission & honor their parent too!

SUN	MON	THES	WED	THURS	FRI	שבת
HOW I HONORED MY PARENT TODAY						

