

LEARN HOW TO USE YOUR BABY CARRIER



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All-in-one Baby Carrier





HELLO THERE,

#### NICE TO MEET YOU

I'M MÉGANE

BY: Meg. XX

Mālama Bebe was founded in 2018 following the birth of my first baby. Gratuated in psychology and mental health, I have also always been passionate about design. I really wanted to create a product that would combine my different specializations. A baby carrier was the ideal choice.

Baby wearing is very beneficial for both the child and the parent. It promotes bonding and it brings many benefits for the emotional and cognitive development of the child.

It was only when my third child was born that the very first Mālama baby carrier was officially launched. It took a little over three years, juggling between studies and the role of stay-at-home mom, to make a baby carrier that is ergonomic, stylish and safe.

Every day, with the help of my husband and our four children, we pack and ship your orders with a lot of love and appreciation.

USER GUIDE



**ABOUT** 

ALL-IN-ONE BABY CARRIER

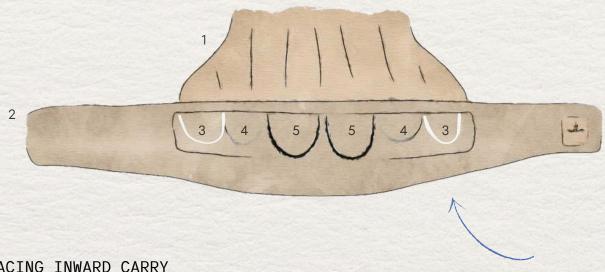
The stylish and minimalist Malama carrier is a 4 in 1 baby carrier designed to fit for both infants and toddlers.

- · Made of breathable fabrics; linen and organic cotton
- · Lightweight, soft and flexible
- Certified by ASTM F2236 safety norms
- · Offers four different carrying positions
- · Fits for both infants and toddlers
- Provides an ergonomic "M" position seat safe for baby's development
- Adjustable width with velcro
- · Shoulder straps and belt are padded for an optimal comfort
- · Body of the carrier is padded for baby's comfort
- Padded and adjustable head rest
- Padded leg opening

# WAIST BELT ADJUSTMENT

Before each use, make sure waist belt is correctly adjust to the size of your baby and the carrying position.

- 1. Front panel
- 2. Waist belt
- 3.9 + months
- 4. 5 to 9 months
- 5. Newborn to 4 months



#### FACING INWARD CARRY

Newborn to 4 months: use black (5) 5-9 months: use grey (4) or white (3)

9 + months: use white (3)

#### FACING OUTWARD CARRY

(child must face towards you until he can hold head upright).

6 to 9 months: use black (5) or grey (4) 9 + months: use grey (4) or white (3)

#### HIP CARRY

Always use white (3) (child must be able to hold head upright)

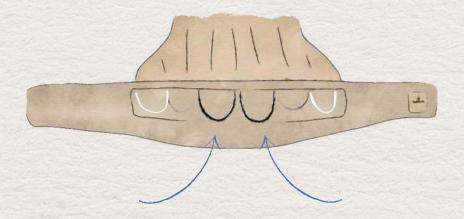
#### BACK CARRY

Always use white (3) (child must be able to hold head upright) FROM 7 LBS USER GUIDE

# **NEWBORN CARRY**



- 1. First, adjust waist belt width by adjusting the velcros on the black thread.
- 2. When carrying a newborn, you must place the waist belt high on your waist (over the belly button).
- 3. Make sure that the face of the baby is not pressed against your chest. Make sure that the face is always visible.



WAIST BELT ADJUSTMENT FROM NEWBORN TO 4 MONTHS

#### FRONT INWARD CARRY

Place waist belt around your hips. Close waist belt buckle. Adjust waist belt tight and safe. Open shoulder strap buckle on each side. Make sure body of carrier is centered with your body in front of you.



Sit your baby around your waist with his legs in either side of you. Bring body of carrier up over baby's back.



Support your baby with one hand and reach for shoulder strap with your free hand to place it on your shoulder. Holding baby with your forearm, use both hands to close shoulder strap buckle on side of the carrier.



Switch hands and place the second shoulder strap on your shoulder. Again, make sure your baby is centered in the carrier. Reach back for end of shoulder strap and bring it on your side. Holding baby with your forearm, use both hands to close shoulder strap buckle on side of the carrier.



# FRONT INWARD CARRY

Adjust size of shoulder strap by pulling toward yourself. Make sure it is tight and safe. Repeat with other shoulder strap.



With both hands, reach for your back and close the chest buckle.



Adjust buckle by pulling excess webbing.



ou are now ready to use the baby carrier facing inward.



#### FRONT OUTWARD CARRY

For babies from 6 to 9 months, adjust the velcro on the black or grey thread. For babies over 9 months, adjust the velcro on the grey or white thread. Place waist belt around your hips and close waist belt buckle. Adjust size of waist belt tight and safe.



Open shoulder strap buckle on each side. Make sure body of carrier is centered in front of you. Hold your baby on front of your body.



With your free hand, bring body of the carrier up over your baby with his legs on either side of carrier. Make sure your baby is centered in the carrier.



Support your baby with one hand and reach for shoulder strap with your free hand to place it on your shoulder.



BY: Malana Befe

# FRONT OUTWARD CARRY

Reach back for end of shoulder strap and bring it on your side. Holding baby with your forearm, use both hands to close shoulder strap buckle on side of the carrier.



Adjust size of shoulder strap by pulling toward yourself. Make sure it is tight and safe. Repeat with other shoulder strap.



With both hands, reach for your back and close the chest buckle. Adjust buckle by pulling excess webbing.



You are now ready to use the baby carrier facing outward.



BY: Malana Befe

#### HIP CARRY

Adjust seat by placing the velcro on the white thread. Fold head rest down and attach it to snaps on each side of the carrier.



Place waist belt around your hips. Close waist belt buckle. Adjust size of waist belt tight and safe. Slide carrier onto your left hip.



Open both shoulder strap buckles. Bring right shoulder strap buckle to left side of carrier's body and close the buckle. Keep left shoulder strap loose.



Put your left arm through. Bring shoulder strap over your head onto your right shoulder. Adjust length of shoulder strap to make space to sit your baby.



# HIP CARRY

Place your baby into carrier. Make sure baby is centered within carrier on your hip.



Adjust size of shoulder strap by pulling it. Make sure it is tight and safe.



Reach behind your back for other shoulder strap, bring it around your waist and attach buckle on side of carrier.



You are now ready to use the baby carrier on your hip.



# BACK CARRY

Adjust seat by placing the velcro on the white thread.



Place waist belt around your hips. Close waist belt buckle. Adjust size of waist belt to fit tight. Slide waist belt onto your lower back.



Put right strap on your right shoulder. Let the other one loose.



Before doing this step, make sure you are placed over a soft surface. Assistance of another person is recommended. Sit your baby around your waist with his legs on either side of you.



# BACK CARRY

Holding baby with your forearm, slide your baby in the carrier around your hips. He must sit on your lower back, facing your back.



Once your baby sits centered on your lower back, bring body of the carrier up over your baby.



Place second shoulder strap on your shoulder.



Adjust size of shoulder straps by pulling it. Make sure it is tight and safe.



Close chest strap in front of you and adjust the fit by pulling the strap. You should place chest strap between collar bone and breast.



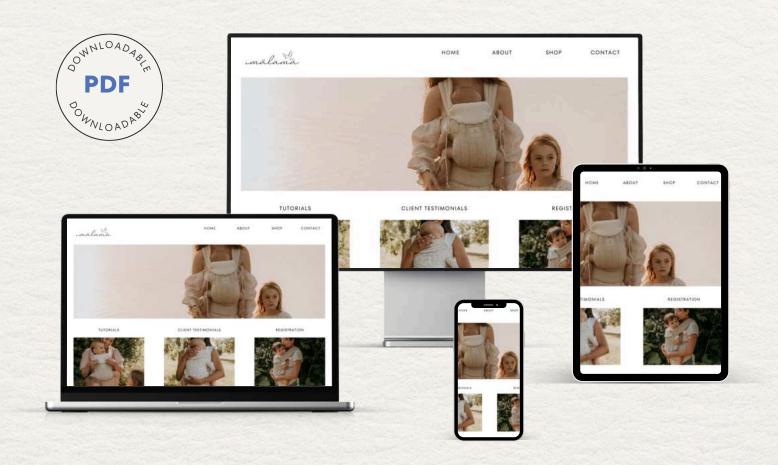
You are now ready to use the baby carrier in your back.



- Before washing, make sure all buckles are fastened.
- Machine wash cold, gentle cycle.
- Do not bleach.
- Machine dry low heat
- Do not dry clean.
- Use mild detergent and make sure to not washing it too frequently.
- Do not use detergent with blench, perfumes, dyes, chlorine, or optical brightener.







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#### USER GUIDE

#### AVAILABLE ON OUR WEBSITE

The comfort and safety of a baby carrier requires that the wearer knows how to properly adjust it. It is imperative to read and understand the instructions in order to optimize and secure your carrying experience. Each baby carrier ordered is shipped with a paper instruction manual. If you have misplaced yours, do not worry, you can download PDF format of the instructions. We invite you to download and save it for future use.

WWW.MALAMABEBE.COM

IMPORTANT
KEEP INSTRUCTIONS FOR FUTURE REFERENCE AND USE.
WARNING:

- Constantly monitor your child and ensure that the mouth and nose are unobstructed when using this product.
- For pre-term, low birthweight babies and children with medical conditions, seek advice from a health professional before using this product.
- Ensure that your child's chin is not resting on his chest as his breathing may be restricted, which could lead to suffocation.
- Your balance may be adversely affected by your movement and that of your child.
- Take care when bending or leaning forward or sideways.
- Do not allow baby to insert his fingers into a buckle opening.
- Never leave baby unattended in or with the Malama Bebe carrier.
- This carrier is not suitable for use during sporting activities, e.g., running, cycling, swimming, and skiing.
- Take medical advice if you have concerns regarding the use of this product.
- Ensure that your child is securely positioned in the carrier and the head is sufficiently supported.

# **MARNING**

# **FALL AND SUFFOCATION HAZARD**

FALL HAZARD: Infants can fall through a wide leg opening or out of the carrier.

- Adjust leg openings to fit baby's legs snugly
- Before each use, make sure all fasteners are secure
- Take a special care when leaning or walking
- Never bend at waist, bend at knees
- Only use this carrier for children between 7 to 35 lbs
- Child must face towards you until he can hold head upright

**SUFFOCATION HAZARD:** Infants under 4 months can suffocation in this product if face is pressed tight against your body.

- Do not strap baby too tight against your body
- Allow room for head movement
- Keep infant's face free from obstructions at all times
- When using this carrier, constantly monitor your child

PRECAUTIONS FOR USE OF MĀLAMA BEBE CARRIER:

Read all instructions before assembling and using the soft carrier. Only use this baby carrier for infants between 7 to 35 lbs and over 20 inches tall. Putting on your carrier before using it. Never unbuckle the waist belt while the baby is in the carrier. Be aware that as the baby becomes more active, the child has more risk of falling out of the carrier. Only carry one child at a time in the baby carrier. Baby's chin should NEVER rest on baby's chest because this partially closes baby's airway. There should always be at least two fingers width clearance beneath baby's chin. Wearer must be sure that baby's airway is clear, and that baby is ALWAYS breathing normally. Premature infants, infants with respiratory problems, and infants under 4 months are at greatest risk of suffocation. Ensure proper placement of baby in product including leg placement. The baby's position should be checked regularly to make sure that the baby is comfortable and properly seated in the carrier, centered with legs extended and head upright and not slumping downward or to the side. Baby's arms, legs and feet need to be observed regularly while in the carrier to ensure that they are not constricted by the carrier. The carrier must be worn in such a way that a baby can move his head without pressing his face onto your body. Ensure that baby's fingers are not caught in a buckle opening or gap as this may cause injury to the baby. Always fasten the buckles properly when the carrier is not in use. Keep the carrier away from children when it is not in use. The face of the child shall be close to the wearer's face when in an inward facing position. Check to assure all buckles, snaps, straps, and adjustments are secure before each use. Regularly inspect the carrier for any sign of wear and damage. Never use a carrier when damaged in any way. Check for ripped seams, torn straps or fabrics and damaged fasteners before each use. Regularly check straps and buckles while in use to make sure they have proper tension and placement. Do not switch between carrier positions with your baby in the carrier.

#### PRECAUTIONS FOR USE OF MĀLAMA BEBE CARRIER:

Take the baby out of the carrier before changing the position of the carrier. To avoid injury when learning to place the baby in the carrier, do so over cushioned surface with the assistance of another adult. Whenever possible, wear and remove the carrier close to a safe receiving surface for baby and in a safe place. Take particular care when a baby is carried in a back carry position. For smaller babies or for adults with short torso, wear the carrier waist belt higher on body so baby's head is positioned close enough to kiss when using the front carry position. For those with longer torso, we suggest wearing the waist belt up higher, around the belly button level. Never use this product when balance or mobility is impaired because of exercise, drowsiness, or medical conditions. Never use this product while engaging in activities such as cooking and cleaning which involve a heat source or exposure to chemicals. Never wear a soft carrier while driving or being a passenger in a vehicle. Be careful when drinking hot beverage to avoid spilling hot drinks onto the baby while using the carrier. The carrier should not be used unless and until the wearer understands the instructions and safety features and is confident and comfortable with respect to the use of the carrier. The carrier is only intended for use by healthy adults. An individual in good health should be able to carry 20% of their body weight in a traditional backpack design. The carrier should not be used by a person with any health problems that might interfere with the safe use of the product. If the person using the carrier should develop shoulder, back, or neck problems, discontinue its use and consult a qualified medical professional. Discontinue use of the carrier if the baby shows signs of discomfort while being carried. Please choose the right materials for the child to wear. Always check for baby's comfort and temperature changes. Contact customer service for additional assistance if needed. Only use the front outward-facing, back and hip carry position when baby has demonstrated strong and consistent head and neck control. Child must face towards you until he can hold head upright. The references to ages by month are only general guidelines and each baby's development is different. Please check that your baby meets the specific requirements for use.



# THE MĀLAMA BABY CARRIER

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