



Use this progress circle chart to guide you towards achieving your intention.

It's easy to use and keeps you honest, asking about what's gone according to plan and also what might need to be revised or simply let go of...

Being aware about intention flow is important.

We need to recognize that at times our intentions don't happen as quickly as we want or on what I call: "on our time."

However, if your intention has been set with clarity, serenity, and gratitude, the universe is simply giving you more time to prepare.

Keep in mind that you can't control things other than your thoughts and actions, the more you relax and let go of expectation, the more the universe will align with you and bring opportunities your way.





Have you ever wondered how you spend your day?

Take this fun day tracker and see... If you want to recognize a pattern then repeat it for a few days and understand what's up.

Is it the way you want to spend your time? Your life?



**On the spiral line inside your monthly crystal ball,
write your intentions for the next 30 days.**