

# Slips, Trips and Falls Training

Course information

CAUTION  
WET FLOOR



**tnta**  
THE NATIONAL TRAINING ACADEMY



# Overview

Slips, trips and falls are the most common workplace injuries. Understanding your responsibilities and how to implement preventative measures are the first steps to keeping yourself safe.

You need to protect yourself from accidents and make sure that you understand and comply with your workplace's health and safety requirements.

This course will enable employers and employees to reduce the risks of slips, trips, and falls in the workplace.

## This course contains the following modules:

**Module 1** - Legislation, duties, and types of hazards - In this module you will look at legislation, specified injuries and RIDDOR, facts and figures, hazards at work, common hazards, injuries and consequences.

**Module 2** - How to undertake a risk assessment - In this module you will look at risk management, spotting hazards, likelihood and severity of risk, risk control hierarchy and barriers.

**Module 3** - Slips hazards and control measures - In this module you will look at common slip hazards, contributing factors, prevention, cleaning, floor material, appropriate footwear, good housekeeping, and environmental factors.

**Module 4** - Trip hazards and control measures - In this module you will look at common trip hazards, contributing factors, maintenance, high risk areas and prevention.

**Module 5** - Fall hazards and control measures - In this module you will look at common fall hazards, how to prevent, minimise, and avoid, the hierarchy of fall protection, planning, terms you might hear, open sided platforms and scaffolding.