

# Level 2 Award in Postural Care



**tnta** **thenational**  
**trainingacademy**

All of our courses are certified by the CPD certification service. They have been scrutinised by an independent assessor, ensuring they meet national standards.

The importance of providing safe, effective postural care cannot be under estimated. All those who have contact with individuals in need of good postural care, including family members and personal assistants, need a sound understanding of how and why a person's body can change shape and how to introduce new positions safely and gently.

This course is for all those who work with and provide support for people who find it difficult to change position independently.

This course is accredited through Open College Network West Midlands - 3 credits at a level 2.

## This course focuses on:

- Identification of need
- Pain and consent
- Understanding postures – Hips, pelvis and leg distortions
- Understanding postures – Chest distortions
- Understanding postures – Sitting and lying
- Understand 24 therapeutic positioning
- Achieving thermal comfort
- External factors affecting provision



**For further information**  
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