

Manual Handling for Managers

Course information



tnta
THE NATIONAL TRAINING ACADEMY



Overview

Manual handling injuries account for more than a third of all workplace accidents reported every year. By understanding the principles of manual handling, you will reduce the risk of you and your staff being part of those statistics.

This course explores legal responsibilities, hazards risks, risk reduction, risk assessments and handling techniques. It will help you to comply with the law and provide you with the knowledge to improve and monitor safety in the workplace.

This course contains the following modules:

Module 1 - Health and safety responsibilities - In this module you will look at health and safety at work, legislation, COSHH, the risk control hierarchy, RIDDOR, and how employees meet legislative requirements.

Module 2 - Injuries and ill health associated with manual handling - In this module you will look at the musculoskeletal system, risks and risk factors and injuries.

Module 3 - Hazards and reducing risk - In this module you will look at managing risk, risk assessment, hazards and risks, likelihood and severity of risk, risk control hierarchy, risk reduction and barriers.

Module 4 - How to undertake a MAC assessment - In this module you will look at MAC assessments, lifting operations, carrying operations, team handling operations, ways forward and reviewing.

Module 5 - Completing a TILE assessment. - In this module you will look at reviewing, completing a TILE assessment and control measures.

Module 6 - Manual handling techniques and aids - In this module you will look preparation, lifting and handling, pushing and pulling, manual handling aids, considerations when deciding on lifting/handling aids, testing, servicing and examination of equipment.