

# Health and Safety in the Workplace (Level 2)

Accident &  
Incident  
Investigation

Ongoing  
Work site  
Inspection

Hazard  
Identification &  
Assessment

Worker  
Training

Health  
Safety S

Course information

Program  
Administration  
Review

Emergency  
Response  
Planning

Hazard  
Control



**tnta**  
THE NATIONAL TRAINING ACADEMY



# Overview

Health and safety is everyone's responsibility. A basic knowledge of health and safety in the workplace is essential to make the workplace safer.

In this course you will explore hazards and risks, common accidents, legislation and the responsibilities of the employer and employee. This means that everyone can take a measured approach to health and safety in the workplace and provide a safe, healthy, and effective work environment.

This course is for employers and employees. Health and safety should be a priority for everyone.

## This course contains the following modules:

**Module 1 - Health and safety responsibilities** - In this module you will look at current legislation, health and safety at work and employer and employee responsibilities.

**Module 2 - Welfare in the workplace** - In this module you will look at safe systems, first aid provision, reporting accidents, welfare facilities, fire safety, drugs, alcohol and managing stress.

**Module 3 - Slips, trips, falls and hazardous substances** - In this module you will look at hazards at work, high risk areas, contributing factors, prevention, working at height, hazardous substances and warning labels.

**Module 4 - DSE and manual handling** - In this health and safety module you will look at a DSE and TILE assessment, reducing the risk of injury, manual handling, risks, and control measures.

**Module 5 - Noise vibration and vehicle safety** - In this module you will look at hand arm vibration syndrome (HAVS), common health problems, noise, hearing controls, levels of exposure, vehicle safety and reducing risk.

**Module 6 - How to undertake a risk assessment** - In this module you will look at managing and assessing risk, the likelihood and severity of risk, likelihood of occurrence, prioritisation, the risk control hierarchy, and barriers.