

Drug and Alcohol Awareness

Course information



tnta
THE NATIONAL TRAINING ACADEMY



Overview

The definition of a drug is a substance that alters the way in which the body or the mind works. The term applies to alcohol and drugs controlled under the Misuse of Drugs Act 1971, the Medicines Act 1968, and the Psychoactive Substances Act 2016.

Drug and alcohol addiction can affect anyone. You will hear first-hand from recovering addicts about the hold substances can have, and how they broke the habit.

This course will increase your understanding of substances, how they are abused and the devastating effects.

This course contains the following modules:

Module 1 - Substance's overview and legislation - In this module you will look at key terms, levels of substance misuse, addiction, legislation and drugs and alcohol in the workplace.

Module 2 - Alcohol awareness - In this module you will look at phases of intoxication, recommended guidelines, alcohol strengths and measures, the effects of alcohol, drink driving and mixing alcohol with other substances.

Module 3 - Drugs awareness - Depressants - In this module you will look at heroin, methadone, GHB, barbiturates and benzodiazepines.

Module 4 - Drugs awareness - Stimulants - In this module you will look at cocaine, MDMA and ecstasy, amphetamine, and methamphetamine.

Module 5 - Drugs awareness - Hallucinogens - In this module you will look at cannabis, magic mushrooms and LSD, legal highs, and volatile substances.

Module 6 - Signposting for help and support - In this module you will look at deaths related to drugs, support agencies, and safeguarding children.