

GC

GC Tooth Mousse[®] FAQs



Nature
knows
best

Made from milk

What is GC Tooth Mousse®?

A delicious tasting crème that is beneficial for your teeth.

It contains calcium and phosphate, the major minerals teeth are made from. Because these minerals are carried in a special milk-derived protein called RECALDENT™ (CPP-ACP), they are available in a soluble form. This means GC Tooth Mousse® can protect the teeth like saliva and replace minerals lost by regular acid attack after eating and drinking.

GC Tooth Mousse® could be helpful

- If you suffer from dry mouth, which could be a side effect of prescription or non prescription medicines
- To soothe and provide comfort for children suffering dental pain from Molar Hypomin
- If you currently have orthodontic bands or brackets, or have just had them removed
- Prior to commencing, and immediately following bleaching for tooth whitening
- If you are pregnant and your mouth acid levels are higher than normal
- After your teeth have been cleaned and polished
- If you need additional protection for your teeth (your dental professional will recognise if you are at higher risk of dental disease).

Does GC Tooth Mousse® contain fluoride?

No. However, if your dentist recommends that you need an additional fluoride treatment program, you can safely use both GC Tooth Mousse® and fluoride products at the same time. Alternatively, GC Tooth Mousse Plus® could be recommended (available in Australia only).

How do I use GC Tooth Mousse®?

GC Tooth Mousse® can be applied into a pre-formed holder called a stent and placed in the mouth. Alternatively, squeeze a small amount of GC Tooth Mousse® from the tube onto your finger and apply it over the surfaces of the teeth as advised by your dentist. If you are in the middle of orthodontic treatment, apply GC Tooth Mousse® around the areas where the bands and brackets are attached to the teeth. Immediately after use replace the cap and clean any excess GC Tooth Mousse® from the nozzle of the tube.

How often should I use it?

You should discuss this with your dentist. In most situations you will apply it after brushing your teeth, both morning and night. If starting tooth whitening, you will be advised to apply GC Tooth Mousse® prior to commencing, and immediately following each whitening session. When undergoing orthodontic treatment, you may be advised to apply GC Tooth Mousse® twice daily for the entire time the bands or brackets are attached to your teeth. If you regularly suffer from dry mouth, you may need to use GC Tooth Mousse® more often. Discuss this with your dentist.

Is it safe to swallow?

Yes. The main ingredient of GC Tooth Mousse® is derived from milk casein and, like milk and cheese, is edible. GC Tooth Mousse® should not be used by people with milk protein allergies or sensitivity to benzoate preservatives.

Do I need to wash it off?

This is a matter of preference. For the maximum benefit, leave it on the teeth as long as possible. The minimum recommended application time is three minutes. You can then rinse the mouth or simply wipe any remaining crème from the teeth.

About RECALDENT™ (CPP-ACP)

RECALDENT™ (CPP-ACP) is the result of extensive research over the past 25 years by Professor Eric Reynolds and his research group at The School of Dental Science, The University of Melbourne.

The special RECALDENT™ (CPP-ACP) ingredient comes from the milk of the finest Australian and New Zealand cows. It is refined in Australia and then exported overseas for final blending into various manufactured products.

Did you know there is also a Recaldent™ (CPP-ACP) sugar-free gum?

Recaldent® Gum containing sugar-free xylitol is available in White Clear Mint flavour (Australia and New Zealand only).

Where can I buy these items?

From your dentist.

GC Tooth Mousse® should always be used under the supervision of your dentist, who will give you individual instructions and advice.





Is it for everyone?

GC Tooth Mousse® will be beneficial for patients of all ages. The calcium and phosphate from RECALDENT™ (CPP-ACP) will help replace lost minerals from the tooth surface, so regular application will make teeth stronger and help protect them from dental decay and erosion. If you are pregnant, it will help increase your oral pH and reduce higher than normal mouth acid levels. It cannot be over used, but should not be applied by people with milk protein allergies.



GC Tooth Mousse® comes in individual 40g tubes in a variety of delicious flavours.



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GC Tooth Mousse® contains RECALDENT™ (CPP-ACP), a unique ingredient developed at The School of Dental Science, The University of Melbourne, Victoria, Australia. RECALDENT and RECALDENT Device are trade marks used under licence. GC Tooth Mousse® should not be used by people with milk protein allergies. If any allergic reaction occurs, this may indicate sensitivity to the benzoate preservatives, or to some other component of the product. In this event, discontinue use of the product and contact your physician.

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