

**BLUESHIFT WELLNESS BOTTLE**

# Blueshift

Read all  
instructions  
before use

For your safety and continued enjoyment  
of this product, always read the instruction  
manual before using.



# Blueshift

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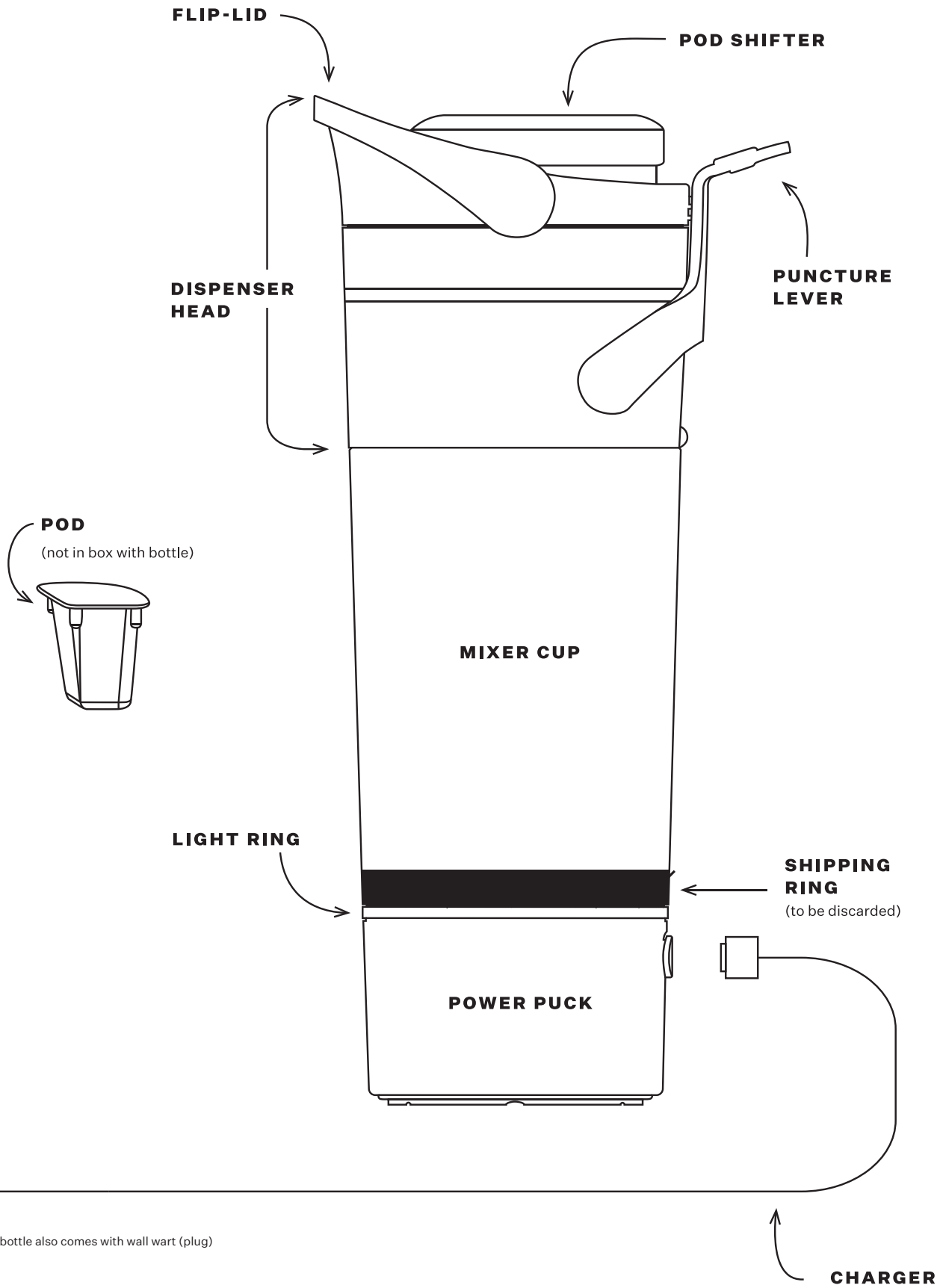
# Welcome!

You have made an excellent choice with the purchase of this Blueshift Wellness Bottle.

By doing so you now have the assurance and peace of mind which comes from purchasing a product that has been manufactured to the highest standards of performance and safety, supported by the high quality standards of Blueshift Nutrition.

We hope you will enjoy using your purchase for many years to come.

If you require technical support or in the unlikely event that your purchase is faulty please email us at [hello@blueshiftnutrition.com](mailto:hello@blueshiftnutrition.com) for assistance.



Note: bottle also comes with wall wart (plug)

# Important Safeguards

This appliance is for HOUSEHOLD USE ONLY. Read instructions before using.

**WARNING:** When using electrical appliances especially when children are present, basic safety precautions should always be followed to reduce the risk of fire, electric shock, and/or injury to persons, including the following:

**CAUTION:** Spinning Blending Whisk, handle carefully.

Unplug charger before assembling parts.

Do not put a Power Puck in water.

To protect against electrical shock, do not put the Power Puck, cord or electrical plug of this product in water or other liquid. The rest of this appliance, where the Blending Whisk and Pods are housed, has been designed for submersion in water or other liquids. Never submerge the Power Puck of this unit. If the assembled Blueshift Nutrition Wellness Bottle falls into liquid, remove immediately.

Do not reach into the liquid without unplugging the charger first.

This appliance is not intended for use by persons (including children) with reduced physical, sensory, or mental capabilities, or lack of experience and knowledge, unless they are closely supervised and instructed concerning use of the appliance by a person responsible for their safety. Close supervision is necessary when any appliance is used by or near children. Children should be supervised to ensure that they do not play with the appliance.

Unplug from outlet when not in use, charging, before putting on or taking off parts, and before cleaning. To unplug, grasp plug and pull from the electrical outlet. Never pull cord.

For charging, use only with listed/ certified IT equipment for the cable and wall plug.

Do not use extension cord. Plug directly into an outlet.

Do not operate without a Dispenser Head in place.

Do not operate this Wellness Bottle with a damaged cord or plug or after the Wellness Bottle malfunctions or has been dropped or damaged in any manner.

If you require technical support or in the unlikely event that your purchase is faulty please email us at [hello@blueshiftnutrition.com](mailto:hello@blueshiftnutrition.com) for assistance.

Use this Wellness Bottle for its intended use.

The use of attachments or accessories not recommended by Blueshift Nutrition may cause fire, electrical shock, or risk of injury.

Do not use outdoors in inclement weather or for commercial purposes.

Do not let cord hang over the edge of table or counter, or touch hot surfaces including stovetop.

Before cleaning, remove the Power Puck from the Wellness Bottle.

Do not operate with hot liquids. The Blending Whisk can create turbulence in the liquid which could spill out.

Avoid contacting moving parts.

\*Keep hands and utensils out of the container to reduce the risk of injury to persons or damage to the Blending Whisk.

\*Never add to the container while the appliance is operating.

\*Container must be properly in place before operating the appliance.

This Wellness Bottle is for HOUSEHOLD USE ONLY.

It may be plugged into an AC electrical outlet (ordinary household current). Do not use any other electrical outlet.

**DO NOT OPERATE THE WELLNESS BOTTLE IF THE LINE CORD SHOWS ANY DAMAGE OR IF THE WELLNESS BOTTLE WORKS INTERMITTENTLY OR STOPS WORKING ENTIRELY.**

**FCC WARNING:** This equipment may generate or use radio frequency energy. Changes or modifications to this equipment may cause harmful interference unless modifications are expressly approved in the instruction manual. The user could lose authority to operate the equipment if an unauthorized change or modification is made.

The device complies with part 15 of the FCC rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference
- (2) This device must accept any interference received, including interference that may cause undesirable operation.

The device has been evaluated to meet general RF exposure requirement.

The device can be used in portable exposure condition without restriction.

NOTE: This equipment has been tested and found to comply with the limits for a class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

Reorient or relocate the receiving antenna.

Increase the separation between the equipment and receiver.

Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

Consult the dealer or an experienced radio/TV technician for help.

The rating information is located on the top of the Power Puck.

**SAVE THESE INSTRUCTIONS**

# How to Operate

## WASH & CHARGE

Remove and recycle the shipping ring. Thoroughly wash the Pod Shifter, Dispenser Head, and Mixer Cup - **BUT DO NOT WASH THE POWER PUCK!** Charge the Power Puck fully, then attach it to the Mixer Cup by twisting clockwise to lock into place.

## FILL WITH WATER

Add 14 oz of cold water to the fill line and screw the Dispenser Head onto the Mixer Cup.

## SELECT A POD

Add up to 3 Pods to the Pod Shifter, curved side out, and place the Pod Shifter back on the bottle. Rotate the Shifter counter-clockwise until the Pod you want to drink first is positioned near the Puncture Lever. Then rotate the Pod Shifter clockwise slightly until there is a click.

## PULL THE LEVER

Pull the Puncture Lever down fully.

## MIX & ENJOY

Tip the Wellness Bottle back and forth with a strong wrist shake to activate the Shake-to-Blend technology. The light ring will rotate blue as the drink mixes for 12 seconds. Once it's mixed, open the Flip Lid, sip, and enjoy that in-the-flow feeling.



# Using your Wellness Bottle

## SHAKE-TO-BLEND

After pulling the Puncture Lever down, give the Bottle a quick shake to activate the Shake-to-Blend technology. The light ring will rotate blue as the drink mixes for 12 seconds.

## LIFT-TO-BLEND

Lifting the Wellness Bottle off the surface activates a quick-mix function which ensures a perfectly smooth drink with every sip. When Lift-to-Blend is activated, the light ring briefly rotates blue.

## SILENT MODE

To pause Lift-to-Blend and drink reminders, double tap the top of the Wellness Bottle (like double-clicking a mouse). The light ring will briefly flash white to show silent mode is on.

## EXIT SILENT MODE

To restart Lift-to-Blend and drink reminders, activate the Shake-to-Blend technology as described above. The light ring will rotate green.

## DRINK REMINDER

Every 30 minutes, your Wellness Bottle will remind you to drink so you can stay on top of your hydration. The light ring will flash a quick

blue pulse, which repeats every 2 minutes until the Wellness Bottle is lifted or the reminder is silenced.

## HYDRATION CELEBRATION

Congrats, you reached your hydration goal! The light ring will celebrate with you by flashing a rainbow of colors. Hydration goals can be set up and managed in the Blueshift app. If you need a little celebratory boost, you can activate the light ring by pressing the Wellness Bottle down on a surface for 12 seconds.

## DISHWASHER WARNING

When the Power Puck is flipped upside down (as if you put it in a dishwasher), the light ring will rapidly flash red as a warning. Always remember to keep your Power Puck dry!

## CLEANING YOUR WELLNESS BOTTLE

To wash your Wellness Bottle, place the Pod Shifter, Dispenser Head and Mixer Cup into the dishwasher or submerge in hot, soapy water. The Power Puck can be wiped gently with a damp cloth or sponge, but never submerged in water or run through the dishwasher.

This Wellness Bottle only requires regular cleaning. There are no user serviceable parts. Do not try to repair it yourself. Please contact Blueshift Nutrition if servicing is needed.

**IMPORTANT: UNPLUG CHARGER BEFORE CLEANING. DO NOT IMMERSE THE POWER PUCK IN WATER OR ANY OTHER LIQUID.**

#### **CLEANING YOUR BLUESHIFT WELLNESS BOTTLE**

Always clean your Wellness Bottle thoroughly after using it.

Twist off the Power Puck. Clean the exterior of the Power Puck with a sponge or damp cloth. Do not use an abrasive cleaning tool on the Power Puck. The Power Puck should not be immersed in water. Allow it to dry before reassembling.

Rinse the Mixer Cup. Wash the Mixer Cup with soap or detergent and a gentle brush. Sanitize the Mixer Cup.

Rinse the Dispenser Head. Wash the Dispenser Head on both sides with a gentle brush and soap or detergent. Do not scrub so vigorously to move any of the seals out of place. If the seals become unseated, gently push them back into place. Sanitize the Dispenser Head from all angles.

Rinse the Pod Shifter. Wash the Pod Shifter with a brush and soap or detergent. Sanitize the Pod Shifter.

Allow all the components to dry.



# Customer Service

[hello@blueshiftnutrition.com](mailto:hello@blueshiftnutrition.com)