



PREPARING FOR YOUR LIP PERMANENT MAKEUP PROCEDURE CUSTOMER GUIDE

by Microbeau International

designer and manufacturer of advanced-technology, world-class micropigmentation machines made in the USA

10 days *before the procedure*

- 1** Do NOT use any moisturizing cream or balm for 10 days prior to the procedure (especially any with Retin-A or hyaluronic acid)
- 2** If you have experienced herpes outbreaks in the past, consult with your doctor for possible antiviral medication prescription (suggested for 6 days, starting the day of the procedure)

2-3 days *before the procedure*

- 1** Avoid heavy sunlight, especially sunburn 3 days before the procedure.
- 2** Do NOT take Omega 3, Aspirin, Niacin, Vitamin E and/or Ibuprofen, unless medically necessary, 48-72 hours prior to the procedure. (Tylenol an acetaminophen are ok!)

Within 24 hours *of the procedure*

- 1** Do NOT drink coffee or anything with caffeine the day of the procedure.
- 2** Do NOT take blood thinners.
- 3** Do NOT drink alcohol or energy drinks 24 hours before the procedure.
- 4** Reschedule the procedure if you have a cold sore or bumps on your lips.
- 5** Please do not work out the day of the procedure because body heat opens pores.

About Lip Color!

PMU artists have been trained in color theory, so trust that they will do their best, despite the many factors out of their control that can influence the healed color. Factors that influence color:

- Pigment composition
 - Your lips' color
 - Your age, metabolism
- How well you care for your lips post-procedure

AFTERCARE

Day 1

1 Gently dab away lymph fluids with moist cotton pad every two hours



With the first 3 days

2 Don't work out intensely

Until completely healed (approx. 5-10 days)

3 Keep lips moistened with non-petroleum ointment

4 Avoid UV (sun) exposure

5 No spicy or acidic foods

6 No acidic beverages

7 No makeup on your lips

8 Do not pick or scratch your lips

9 Do not wet, lick or bite lips

10 No kissing. Truly sorry.

Throughout 2 weeks after the procedure

11 No facial treatments

12 No sauna



Note

Your lymph nodes will release a clear fluid, but if the liquid has a tinge of color and comes from a break in the skin that looks infected, call your doctor.