

This product is safe to use on all parts of the body, Read Instructions Carefully Before Use

### Getting Started - Heating our Vegan sugar wax.

#### Microwave

- Remove lid from Jar.
- Place jar on a plate.
- Place jar in microwave oven on low or medium setting for 60 seconds (this is for a microwave oven of 650 watts).
- Please be careful when taking the jar out of the microwave. Please hold the plate instead of the jar.
- Stir thoroughly, the consistency should be that of runny honey. Please note the temperature should be warm not hot.
- If not warm enough heat in 10 second intervals.

#### Saucepan

- Remove lid from jar.
- Place the jar in a pan of boiling water (removed from heat).
- Let the product melt to a runny honey consistency.
- Please ensure no water comes in contact with the product

#### Patch Test

- Always do a patch test on area to be treated and wait for a couple of hours, if no irritation occurs, continue with use of product.

#### TOP TIPS:

- Use Talc to absorb any moisture or perspiration on areas to be treated for best results. Continue to use talc for each application.
- Always press strip on in direction of hair growth, strip off in opposite direction.
- Pull strip back in one quick motion. The slower you pull the more discomfort you will experience, think of it as you would removing a plaster. Pull it off as quickly as possible to experience minimal discomfort. Speed is key for best results.
- When doing legs start from the bottom and work your way up.
- If you apply incorrectly, remember you can simply wash away the wax with warm water and start again.
- To finish the treatment take a wet flannel to wipe away all residue.

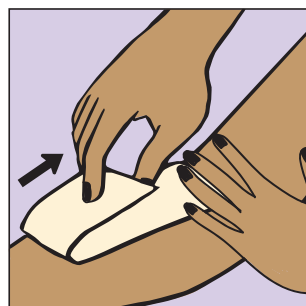
- To calm the skin apply a cold compress or soothing oil.

#### Common Sense & Wisdom

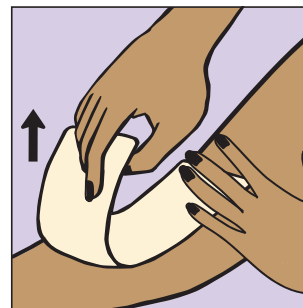
- Do not use on areas that you have any sort of skin irritations or sunburn.
- Do not use any form of astringents or alcohol based products in conjunction with this treatment.
- Do not panic if mild irritation occurs. Allow 4 hours before applying any sort of beauty products on treated areas as precaution.
- It's best to avoid exposure to the sun immediately following sugaring process.

#### Directions for Application

- Cleanse the skin to remove any moisturiser or oil from the area to be treated with a mild shower gel. Wipe dry.
- Dust with talc powder to dry the area completely.
- Test the wax on the inside wrist or back of the hand to make sure the temperature is comfortable enough to proceed.
- Using the side ways edge of the spatula apply a thin layer in the direction of the hair growth with a scraping action.
- Place strip immediately over applied area and smooth down firmly with gentle pressure.
- Leave some of the strip loose to grip.
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- Hold the skin taut with one hand.
- Hold the bottom corner of the strip away from applied area in preparation to be removed.
- Removal of the strip should be opposite to the direction of hair growth. (please see diagram.)



**Correct:** Flick strip back along itself in one quick move



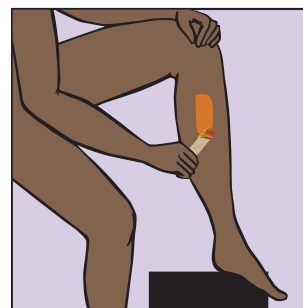
**Wrong:** Do not lift cloth up and away from the skin, as shown, this would be painful because it pinches the skin.

- The strip can be reused 2-3 times.
- If necessary you can reapply the treated area again without doing any damage to the skin

Please note as with any hair removal method slight discomfort may be experienced when the product is removed. Skin may turn pink for a short time after treatment. This is only a temporary irritation and is unlikely to be an allergic reaction so don't panic.

To calm the skin do cold compress with a small flannel.

#### Legs



- This is the correct sitting position for sugaring legs. Apply wax thinly in the direction of hair growth. Apply firm pressure to the spatula to achieve a thin film of wax.

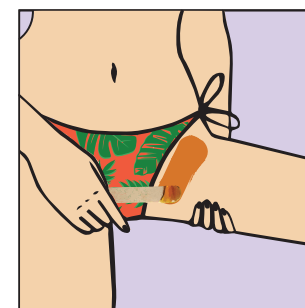
- The maximum area you can apply at any one time is the same as the strip, apply the strip and quickly and firmly flick back against the direction of hair growth.

#### Upper Lip

- Cut strips to size and use the small spatula provided.
- Open mouth wide and keep lips taut over teeth for entire process. Work on only partial areas at a time.
- Apply a thin layer of wax from centre to corner, apply strip pull it from the corner.
- Remove in one quick motion for minimal discomfort.

#### Bikini Line

- Remember this area is sensitive so we recommend doing it in small patches; bend leg outwards, stretch skin with one hand and with the other hand apply in direction of hair growth.
- Strip off against hair growth for minimal discomfort.



#### Underarm

- Place arm behind head as far back as possible to keep skin taut.
- Check direction of hair growth as it varies and may require a two part process.
- Work on upper and lower half of underarm separately.
- Be sure to use plenty of talc as this area can perspire more than others.

#### Clean Up & Care

- All spillages can be washed with warm water.
- The strips and spatulas can be washed and reused.
- Place the lid back on when cool, make sure lid is tight.
- Store jar in a cool place.
- next use adjust heating time according to how much product is left.

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