

10 Affirmations to Help You Stay Positive

1. I embrace the chaos and choose to think positive thoughts.
2. Change doesn't scare me. I am ready for whatever comes my way.
3. I see solitude as an opportunity to learn and grow.
4. Our collective vibration eventually becomes our reality. So I choose to focus on solutions.
5. I am exactly where I am supposed to be in life.
6. I let the divine power of the universe guide me.
7. I focus on health and well-being.
8. I focus on doing things that nourish and strengthen my body and soul.
9. I accept this moment for what it is.
10. Everything works out for the highest good of all.