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If love hurts, then our feet must certainly know how much we care.

It's not that we set out to torture the poor little guys, but by showering them with affection in the form of cute shoes, we sometimes stray from the good-for-us ideal. Especially in the summer.

But now, comfort-footwear guru **Ron White** has given his seal of approval to a line of flip-flops. We're enjoying the best of both worlds! They're called **Flipside** (\$65), they're made by **Chaco** and are the shoe equivalent of having looks *and* personality.

Unlike a lot of foam flip-flops that let your feet just flop, our arches stay arched and our only slide is when we kick them on. Plus, the range of colours is perfectly in tune with our summer state of mind (and they stay that way, thanks to easy machine-washing).

With a base made from the finest Italian rubber, **Flipside** even has the thumbs-up from the American Podiatric Medical Association (second to Ron's in our eyes, of course).

We're happy to say we're now in a healthy relationship – even if it is with a pair of sandals.

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Chaco Sandals

Available at:

Ron White - The Foot Shoppe www.ronwhite.ca

Retail locations listed online.