

Meet a zero-waste family of four

How to convert a climate change skeptic

Green your spring cleaning

Why global warming is making us sick

CHATELAIN

175 LITTLE WAYS TO SAVE THE PLANET

Your get-real guide to less plastic, better recycling, sustainable eating + more

The 100% **GREEN ISSUE!**



You won't believe what's in this salad dressing!

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Get your gut in check P 84

JOIN THE GREEN PARTY

There's more to eco-conscious fashion than the dull sackcloth outfits of yesteryear. Today's designers and brands, both local and global, produce lines that allow you to prioritize fashion that's ethical, low-impact, non-toxic, renewable, fully biodegradable, upcycled or recycled. Now you can look great and be green at the same time

Organic cotton dress, \$243, thiefandbandit.etsy.com.
Vintage stone ring, \$45, moonrox.ca.
Water-based non-toxic nail polish in Cotton Candy, \$12, suncoat-products.com.

By EMILY MACCULLOCH
Photography by ROBERTO CARUSO

HAIR AND MAKEUP: SHERI STROH FOR THE DETOX MARKET/PLUTINO GROUP; ON-FIGURE STYLING: ERINN STEWART; OFF-FIGURE STYLING: WILSON WONG.

GREEN AT THE OFFICE



1. Halifax-based Thief and Bandit raw silk jacket, \$217, thiefandbandit.etsy.com.

2. Ethically sourced organic cotton T-shirt, \$30, kotn.com.

3. Recycled metal necklace, \$198, bluboho.com.

4. Canadian-made top, \$94, encircled.ca.

5. Rapisardi and Ron White vegan sandals, treated with vegetable-based dyes, \$295, ronwhiteshoes.com.

6. Upcycled leather bag, \$230, erintempleton.com.

7. Montreal-made pure linen pants, \$175, jenniferglassowdesign.com.

8. Baggu at Shopbop pre-consumer waste cotton bag, \$77, shopbop.com.

9. L'Intervalle slip-on sandals, made with chemical-free tanning methods, \$158, lintervalleshoes.com.

10. Montreal-designed vegan leather mules, \$110, mattandnat.com.

Made from Lenzing Modal, a super-soft material produced from beech tree pulp.

Hand-printed using non-toxic, water-based ink.

GREEN ON THE WEEKEND



This Toronto company works directly with sustainable cotton farmers in Egypt.

Made with renewable eucalyptus tree fibre, recycled bottles and castor bean oil.

Made from Lyocell, a fabric created from sustainably grown and renewable eucalyptus wood.

1. Reclaimed-textile shirt from Toronto-based Preloved, \$89, getpreloved.com.
2. Organic Egyptian cotton T-shirt, \$30, kotn.com.
3. Beachgold at Holt Renfrew H Project visor, made by Bali textile artisans, \$40, holtrenfrew.com.
4. Dress made with eco-friendly fabric and dyes, \$129, tamgadesigns.com.
5. Shirt made from locally sourced organic materials, \$149, jenniferglassowdesign.com.
6. Vancouver-made recycled leather bag, \$150, erintempleton.com.
7. Jeans made with low-impact dyes and reduced water, \$80, frankandoak.com.
8. Slip-on sneakers, \$135, allbirds.ca.
9. Rapisardi and Ron White sandals, made with vegetable-based components and chemical-free glues, \$295, ronwhiteshoes.com.
10. Kayu clutch, crafted from biodegradable raffia, \$95, holtrenfrew.com.