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Brought to you by Fort Worth Fabric Studio

This is an easy pattern, that would be great for a beginner quilter. I included exact instructions for the colors used in this quilt and how many blocks needed for each color. However, you can definitely change this up to fit your personal style by changing the color scheme. This design is all about the composition of blocks. So when piecing this together be sure to have a picture of the quilt to reference when laying out your blocks.

- All seam allowances are 1/4"
- Finished Quilt size is approximately 51" x 63"

Fabric List:

- 14 fat quarters in various reds and pinks
- 2 yards of white or neutral fabric (background fabric)
- 1/2 yard for binding
- 4 yards for backing and batting

Cutting

You will need to cut the following:

- 21-7" x 7" white squares
- 8 7" x 7" squares in red
- 6-7" x 7" squares in dark pink
- 9-7" x 7" squares in medium pink
- 4-7" x 7" squares in light pink
- 14 5" x 5" squares in white
- 8-5" x 5" squares in light pink
- 6 5" x 5" squares in dark pink
- 4 5" x 5" squares in medium pink
- 16 15/8" x Width of Fabric (WOF) of white strips
- 10 1 5/8" x 22" red strips
- 4 1 5/8" x 22" light pink strips
- 6- 1 5/8" x 22" medium pink strips
- 6- 1 5/8" x 22" dark pink strips

White Framed Block Assembly Chain Piecing

white strip of fabric 1 5/8" x WOF

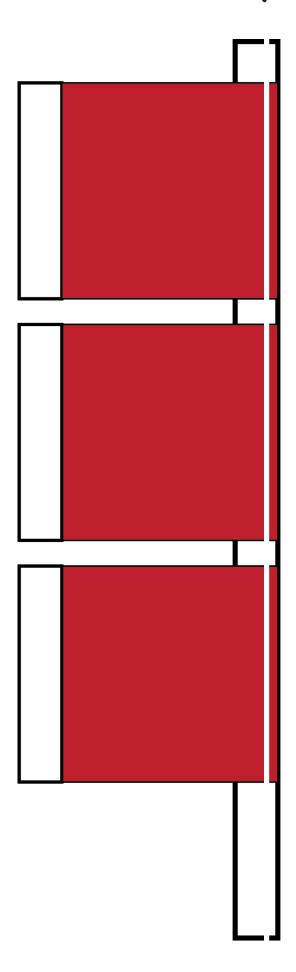
5" x 5" square

- Take a white strip that is 1 5/8" x WOF and lay it right side facing up.
- Place your 5" square right side facing down and align the right edge with the right edge of strip.
- Then sew a 1/4" seam down until you get to the bottom of the square.
- Then add another square and continue to sew 1/4" seam adding squares until you reach the end of the strip. Do this with each of your 5" colored blocks.

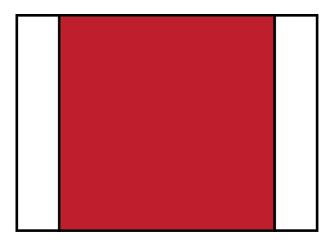
White line indicates 1/4" seam

White Framed Block Assembly

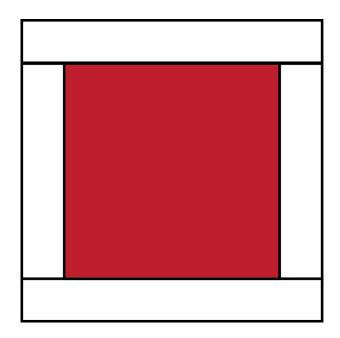
After you are done chain piecing one side you will cut in between the squares and then you will chain piece the opposite side using the same technique. Do this to all of your 5" squares that are colored.



You will then cut in between the squares again. Your block should look like this. Press your block.

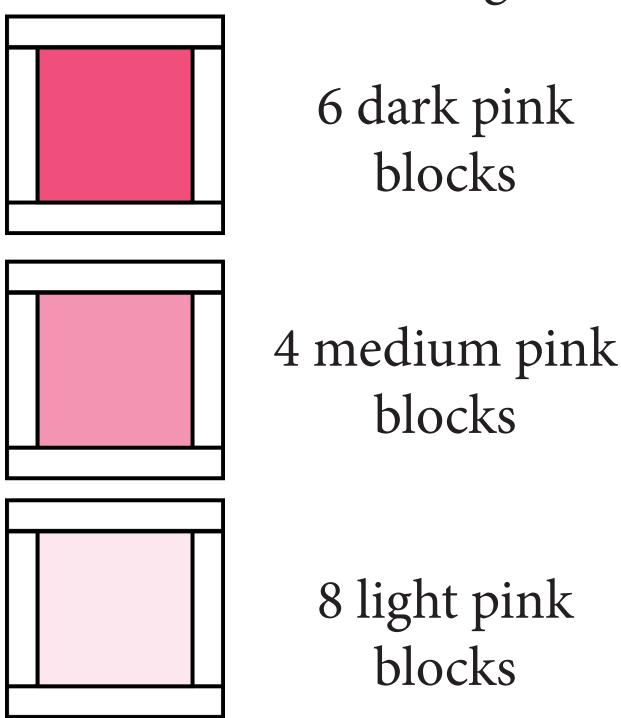


After you press all your blocks, you will add the top and bottom sides doing the same chain piecing method. Your finished block will look like this after it is trimmed to 7" x 7"



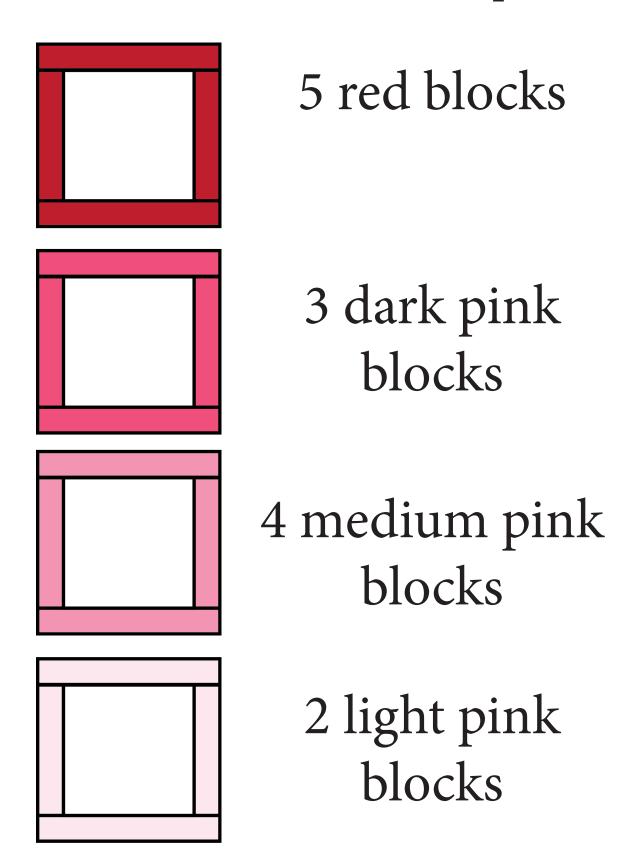
All blocks will need to be trimmed to 7" x 7" square.

You will need to make the following:



• Now that you are done with the white framed blocks you will need to start on the color framed blocks. You will piece these exactly the same way you chain pieced the white framed blocks. But this time you will use your 5" white squares and your colored strips to complete these blocks.

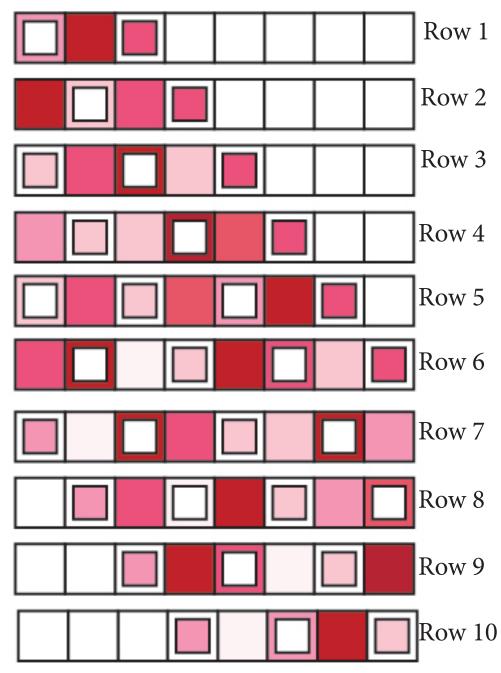
Color framed blocks will also be trimmed to 7" x 7" square



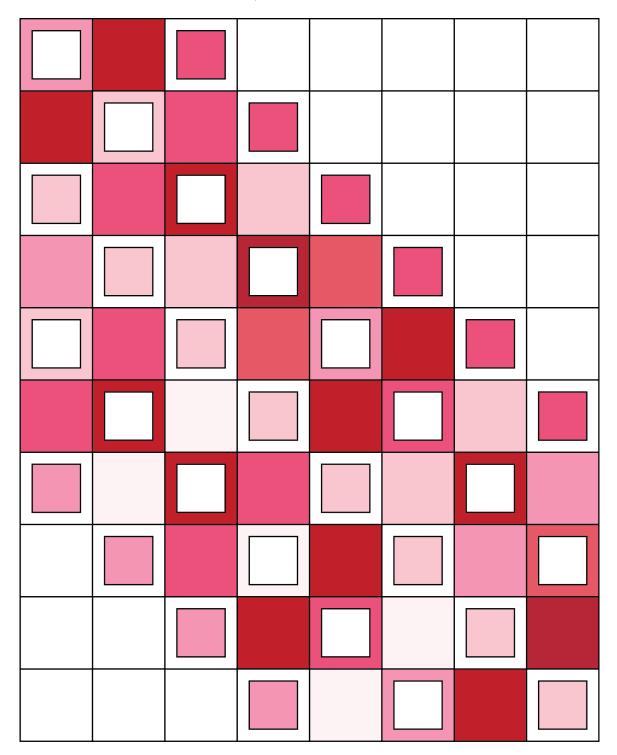
You will need the following 7" x 7" squares. These blocks will be left as is. These require no piecing.



- Quilt Assembly
 The key to this quilt is the composition and placement of your blocks.
- You will need to make sure you lay them out first to make sure you have the layout correct.
- Sew your blocks together in rows. Start with the first two squares and place them right sides together and sew a 1/4" seam and then add the next block in that row and sew 1/4" seam.
- You will continue to add blocks until your row of 8 squares is complete.
- You will press even rows to the right and odd rows to the left.



- You will now sew your rows together.
- Lay rows 1 and 2 right sides together and sew a 1/4" seam.
- To get your blocks to line up nicely, pin your rows together first and nestle your seams together.
- You will continue to add rows until you've sewn all the rows together.
- Give it a nice press when you are done.



When you are done pressing your top, you are ready to baste and quilt it. Use your preferred method to baste, quilt, and bind your quilt. This finished quilt measures approximately 51" x 63"









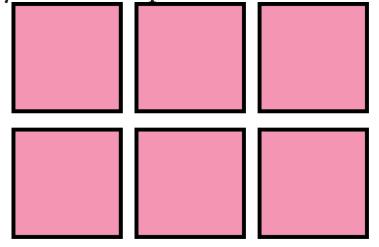
*Tips for Cutting

I used mostly fat quarters for this quilt, and thought I would share with you how I cut mine in order to get the most out of each fat quarter.

Cut your fat quarter into 7" \times 22" strips and that will leave you with a 4" \times 22" strip to sub-cut into two 1 5/8" strips.

4" x 22"
7" x 22"
7" x 22"

Sub-cut your 7" strips into six 7" x 7" squares.



Sub-cut 4" strip into two 1 5/8" x 22" strips: