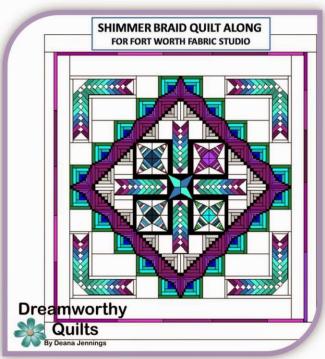
Shimmer Braid QAL



Hello, I'm Deana from Dreamworthy Quilts and welcome to the first tutorial for the Fort Worth Fabric Studio **Shimmer Braid QAL**. It is FREE so come sew along! This is the first of five months, and the remaining tutorials will follow on the second Tuesday of each month.

Below on the left is what we will be making. It is 70" x 70" with adaptations for a queen sized quilt.





Above on the right is how the Queen size will look. It is 86" x 96". The final white border can be larger if desired.

FABRIC SELECTION

Let's begin with fabric selection and yardage. I chose to use the fabulous and gorgeous Artisan Spirit Shimmer fabric collection by Northcott. I named the quilt, "Shimmer Braid" after the beautiful shimmery fabric collection in combination with the braided pattern that creates a shimmer effect as the colors fade from dark to light. I selected fat quarter bundles in these prints because they already have the color gradations needed; they saved me much time in selecting so many fabrics at the store. If you want the same fabrics, there are links to where you can get them at Fort Worth Fabric Studio below. You will need:

1 Peacock fat quarter bundle (greens)1 Pansy fat quarter bundle (purples)1 Blue Lagoon fat quarter bundle (blues)1 Mineral fat quarter bundle (black/greys)

The four fat quarter bundles have 9 fat quarters each, so you will need a total of 36 fat quarters.

You will also need white:

Queen size (86" x 96"): 7 1/4 yards 70" x 70" size: 4 1/4 yards

Yardage for backing

binding and border yardage:

Binding and border fabrics are INCLUDED in the fat quarters. The border (purple on the queen size) will be made from a variety of same color fat quarter leftovers. You will be able to choose from purple, blue, or green or make it multi-colored if you prefer. The binding will be multi-colored leftover strips.

If you use the MINERAL Shimmer fat quarter bundle listed above, the black is included. If not, you will need 4 fat quarters or 1 yard of black (or very dark) fabric.

The MINERAL bundle also includes the very light greys you will need for this month's blocks. For those who do not use the MINERAL bundle you will need 3 fat quarters of very light grey that gradually darken.

You also have a choice between black or grey for the middle sashing.

Fort Worth Fabric Studio carries backing in three Shimmer fabrics:

Purple Shimmer Fabric Backing Brown Shimmer Fabric Backing Cream Shimmer Fabric Backing

Other Shimmer fat quarter bundles available at Fort Worth Fabric Studio include:

Hibiscus (pinks)
Earth (brown tones)
Sunglow (red, yellow, orange)

I think there are some great choices here:

- 1. Pinks could replace the purples in my quilt
- 2. Use pinks and purples with a blue
- 3. Use pinks and purples with green
- 4. Use blue and green and earth
- 5. A quilt with Earth and Sunglow would be gorgeous too. I seriously considered this one and would have bought 1 earth bundle and 2 sunglow bundles along with the 1 mineral.

No matter the combination, you still need the mineral bundle or black and grey fabrics.

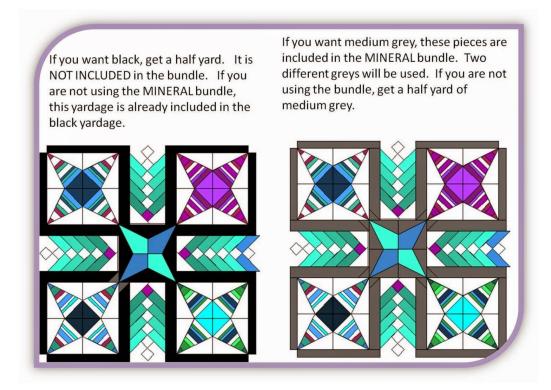
FABRIC PLACEMENT

It is important to select your fabric placement for all blocks before you begin, but we will only sew the log cabins for the January tutorial.

After selecting my fat quarter bundles, I spent a lot of color play time selecting the order in which to use them. The photo below shows that I ended up with three groups of fat quarters. None of the fat quarters are repeats.



If you chose to use medium grey instead of black to frame in the center of the quilt, DO NOT use the two darkest greys for any of the color runs below. You will need them for the sashing.



- Below is a photo of the LOG CABIN SECTION: 3 medium/dark purples, 1 black (or very dark color), 3 light greys that gradually darken, and white which is already included in the white yardage. I wanted my black to pop so I put the lightest of my "medium/dark purples" next to it.
- Label the fabrics as listed.



- The photo on the left below shows my fabric order for the CURVED LOG CABIN SECTION: 4 light purples that are lighter than the log cabin purples and fade, 1 black (or very dark color), 6 blues/greens.
- Label the fabrics as listed.

NOTE that the end has fat quarters in pairs. One fat quarter is a bit shy of enough so I selected a blue and a green that are nearly identical in tone for one spot and two greens similar in tone for the other spot. I will use one for half of the blocks and the other for the other half of the blocks. Next is another black and then 6 blues/greens. I really want the black to pop, so again, I made sure the pieces next to it are lighter.





Above on the right is my order choice for the BRAIDS: 8 fat quarters

Here are the finished blocks. Color placement may have changed slightly because I changed my

mind several times.

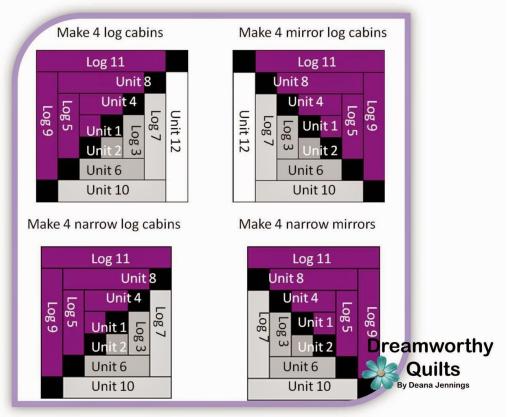


It is not necessary to select any other fabric placement at this time because you will just use leftovers.

If you are not using fat quarters you will have to make adjustments because the pattern is written for fat quarters and the quilt makes up easily with them. The strip units require wide cuts that are often wider than a 1/4" yard cut of fabric. A simple fix would be to cut your 1/4 yard of fabric up the middle so it is 21" long and sew it back together on the other end to make a fat quarter. You will lose an inch in the process and could have a seam where you normally would not. Your other option is to not strip sew the units but piece them normally and do some figuring on your own.

MONTH 1 TUTORIAL

Make 16 Blocks



Block Size

7" square = Finished Block Size. Finished means after it is sewn into the quilt.
7 ½" square = Unfinished Size. Unfinished means <u>before</u> you sew it into the quilt – when it is just a block by itself.

The Narrow blocks finish at 7" x 6" (7 ½" x 6 ½" unfinished).

Important note: These blocks are NOT SYMMETRICAL which means you cannot make the first block and then turn it. It is important to make 4 of each block as indicated.

CUTTING

This quilt was made from fat quarters and all strips are based on 20" long pieces. CUT ALL STRIPS 20" LONG, NOT 18", UNLESS OTHERWISE SPECIFIED. I say this because it is easy to turn the fat quarter the wrong way and cut the strips 2" too short.

If you are not using fat quarters you can cut half as many strips 42" long; however, there are several that only need one strip so just cut them only 20-21" long instead of 42".

White Fabric

Cut (1) 6 1/2" x 20" strip

Cut this Number	This size	Label it
1	6 ½" strip	Unit 12

Darkest Grey 1 Fabric

Cut (2) 1 1/2" x 20" strips - Label 1 strip Unit 2

Cut (2) 1	. 72 X 20 Stilps -	Laber 1 Strip Offic 2
Cut this	This size	Label it
Number		
From the remaining strip cut the following:		
3	1 ½" squares	Unit 2

Medium Grey2 Fabric

Cut (1) 3 ½" x 20" strip – Label it Unit 6 Cut (1) 2 ½" x 20" strip

Cut (1) 1 ½" x 20" strip

	<u> </u>	-
Cut this	This size	Label it

Number		
From the 1 $\frac{1}{2}$ " strip cut the following.		
3	1 ½" x 3 ½"	Unit 6
3	1 ½" x 2 ½"	Log 3
From this 2 ½" strip cut the following:		
13	1 ½" x 2 ½"	Log 3

Lightest Grey3 Fabric

Cut (1) 5 ½" x 20" strip – label it Unit 10

Cut (2) 1 ½" x 20" strips

Cut (1) 4 ½" x 20" strip

Cut this	This size	Label it
Number		
	From the 1 ½" strips cut	the following:
3	1 ½" x 5 ½"	Unit 10
3	1 ½" x 4 ½"	Log 7
From this 4 $\frac{1}{2}$ " strip cut the following:		
13	1 ½" x 4 ½"	Log 7

Black Fabric

Cut this	This size	Label it
Number		
9	1 ½" x 20" strips	Label the strips as follows:
		Unit 1, Unit 2
		Unit 4, Unit 6
		Unit 8, Unit 10
		Unit 12
From the remaining 1 $\frac{1}{2}$ strips cut the following.		
21	1 ½ squares	Black squares

Darkest Purple1 Fabric

Cut (1) 6 ½" x 20" strip Cut (2) 1 ½" x 20" strips Cut (1) 5 ½" x 20" strip

Cut this	This size	Label it	
Number			
	From the 6 ½" strip cut the following.		
13	1 ½" x 6 ½"	Log 11	
From the 1 ½" strips cut the following:			
3	1 ½" x 6 ½"	Log 11	
3	1 ½" x 5 ½"	Log 9	
From the 5 $\frac{1}{2}$ " strip cut the following.			
13	1 ½" x 5 ½"	Log 9	

Medium Purple2 Fabric

Cut (1) 4 ½" x 20" strip – label it Unit 8

Cut (2) 1 ½" x 20" strips

Cut (1) 3 ½" x 20" strip

Cut this	This size	Label it
Number		
	From the 1 ½" strips cut	the following:
3	1 ½" x 4 ½"	Unit 8
3	1 ½" x 3 ½"	Log 5
From the 3 ½" strip cut the following.		
13	1 ½" x 3 ½"	Log 5

Light Purple3 Fabric

Cut (2) 1 ½" x 20" strips – label 1 strip Unit 1
Cut (1) 2 ½" x 20" strip

Cut this Number	This size	Label it
From the remaining 1 ½" strip cut the following:		
3	1 ½" squares	Unit 1

3	1 ½" x 2 ½"	Unit 4
1	2 ½" strip	Unit 4

PIECING THE BLOCKS

There are logs and units. Logs are ready after they are cut and labeled, but all UNITS must be made before assembly begins. Start by sewing strips together that have the same number. For example, "Unit 1" is a 1 1/2" strip of purple3 fabric that sews to a black 1 1/2" strip also labeled "Unit 1". All units sew to a black 1 1/2" strip.

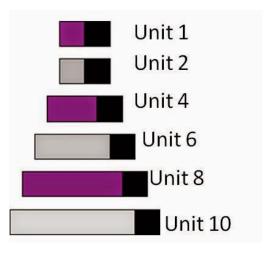
- 1. Create units 1, 2, 4, 6, 8, 10, and 12 by sewing the strips with these labels on them to a black 1 1/2" strip with the same labeled number. All seams MUST BE 1/4" exactly or the logs will not fit together. Cutting and sewing with accuracy is critical on all quilt blocks.
- 2. Press all strip unit seams AWAY from the black. This may seem opposite from what you would normally do, but it helps the blocks to lay better as the logs are added. It also creates seams that lay opposite each other and makes it easier to line them up. I never used a single pin to sew these blocks together because of the way they are pressed.
- 3. Make $1 \frac{1}{2}$ " sub cuts from ALL strip units. A sample diagram is below but only represents one strip unit. They are all different lengths and may look different from the diagram.

Make 1 ½" sub cuts for every strip unit.



Because we are working with fat quarters and one 20" strip only gives us 13 pieces (we need 16), it will be necessary to assemble 3 units each the old fashioned way without strip piecing.

Make 3 more units EACH by joining a black 1 1/2" square to the end of the following pieces: 1, 2, 4, 6, 8, 10. The white (unit 12) only needs 8 pieces so don't do any extras of them.



Now the blocks are ready to assemble. Begin by sewing Unit 1 to Unit 2. Follow the diagram for proper placement. IT IS EASY TO MESS UP. I DID IT MYSELF, so please follow the diagram carefully. Add each log or unit in order by number. Remember that mirrored blocks are different.

PRESS all logs/units AWAY from the center.

If the logs/units are not fitting, check your seam allowance or your cutting measurements. If your seams are even 1/16" too wide or too narrow, the pieces will not fit.

The only difference between the "narrow" log cabins and the others is they do not have the white Unit 12.

