

**We are happy you are here and look forward to serving you.
Please complete the first three pages in full to help us serve you better – Thank you!**

PATIENT INFORMATION:

Name:..... Email:.....
DOB MM / DD / YYYY Sex: M F Marital Status:
Mobile Phone:..... Home Phone:.....
Street Address:
City: State: Zip: Country:
Occupation:
Employer:
Referred to by: Date: MM / DD / YYYY

PATIENT HISTORY

1) What are your goals?

- Enhance performance
- Treat pain / pathology
- Prevent pathology
- All of the above
- None of the above. My goal is to:

2) Do you want to rely only on orthotics/braces for treatment alone OR would you like to mechanically change your body over time using biomechanical mindfulness along with orthotics/braces?

.....
.....

3) Do you enjoy exercise and how much do you move your body throughout the day?

.....
.....

4) As a teenager, in which activities did you participate, and at what level?

.....
.....

5) What activities do you participate in now?

.....
.....

☑ PAIN DESCRIPTION

Where is your pain right now?

INSTRUCTIONS: Mark the areas on the foot and/or ankle where you have pain.
Please indicate which sensations you feel by referring to the key below.

KEY

^^^ Ache

000 Numbness

■■■ Pins & Needles

XXX Burning

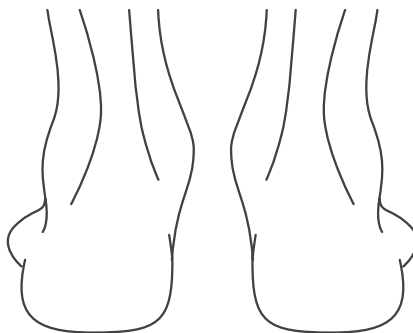
///// Radiating Pain



LEFT FOOT



RIGHT FOOT



How bad is your pain right now? (indicate on the line)

0 1 2 3 4 5 6 7 8 9 10

No Pain

Intermediate Pain

Worst Pain