



We are happy you are here and look forward to serving you.

Please complete the first three pages in full to help us serve you better – Thank you!

PATIENT INFORM	MATION:		
Namo:			. Email:
DOB//	Sex: □M□F	Marital Status:	. Lilidit
Mobile Phone:			. Home Phone:
Street Address:			
City:		.State:	Zip: Country:
Occupation:			
Referred to by:			Date:/
₱ PATIENT HISTOR	RY		
1) What are your goals?			
☐ Enhance perf			
☐ Treat pain / p			
☐ Prevent patho	••		
☐ All of the abo			
☐ None of the a	above. My goal is to:	:	
Do you want to rely o time using biomechanic	=		alone OR would you like to mechanically change your body over praces?
•••••		• • • • • • • • • • • • • • • • • • • •	
•••••			
3) Do you enjoy excercis	se and how much d	o you move your l	body throughout the day?
• • • • • • • • • • • • • • • • • • • •			
• · · · · · · · · · · · · · · · · · · ·			
4) As a teenager, in which	ch activities did you	ı participate, and a	at what level?
•••••			
•••••		• • • • • • • • • • • • • • • • • • • •	
5) What activities do you	u participate in now	ı?	
•••••		• • • • • • • • • • • • • • • • • • • •	





Shoe size:			
Allergies:			
Medications:			
Surgeries:			
Orthopedic pain where and how lo	ng?		
What previous treatment have you			
Indicate which of the following you ha			
☐ Arthritis/Rheumatism	☐ Artificial Joints	☐ Asthma	☐ Diabetes
☐ Fibromyalgia	☐ Glaucoma	☐ Heart Disease	☐ Heart Murmur
Hepatitis A \Box / B \Box	☐ Varicose Veins	☐ Leg Aching	☐ Heaviness in Legs
☐ High Blood Pressure	☐ H.I.V. Positive	☐ Kidney Trouble	☐ Liver Disease
☐ Motion Sickness	☐ Neurological Disorder	☐ Psychiatric Care	☐ Psychological Care
☐ Stomach Problems	☐ Acid Reflux/Heartburn	☐ Ulcers (Diabetic)	☐ Leg Swelling
O	5	, ,	•
□ Leg Cramps	□ Restless Legs		
☐ Leg Cramps Other History you feel is important fo			
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PAIN DESCRIPTION

Where is your pain right now?

INSTRUCTIONS: Mark the areas on the foot and/or ankle where you have pain. Please indicate which sensations you feel by referring to the key below.

KEY

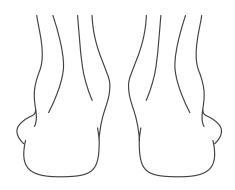
AAA Ache 000 Numbness ■■■ Pins & Needles XXX Burning ////// Radiating Pain







RIGHT FOOT



How bad is your pain right now? (indicate on the line)

0 · · · · 1 · · · · · 2 · · · · · 3 · · · · · 4 · · · · · 5 · · · · · 6 · · · · · 7 · · · · · 8 · · · · · 9 · · · · · 10

No Pain Intermediate Pain Worst Pain Worst Pain