Varus Cuboid Pad

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FUNCTION:
• Inverts cuboid

CLINICAL INDICATIONS:
• Everted cuboid
• Cuboid syndrome
• Relieves adjacent joint pain

A varus cuboid pad is a wedge-shaped Myolite padding that is placed on the superior lateral surface of an orthotic’s frame and sits beneath the cuboid, intermediate and lateral cuneiform, and medial 5th metatarsal base.

CLINICAL PEARL
1.5 and 3mm thicknesses are the more common and tolerable options of the varus cuboid pad.

Notes: All illustrations and diagrams are of right foot
Colors on illustrations are for visual purposes and will vary on final product