

Pronation Corrections - Midfoot

Information Provided By Kevin Orthopedic Institute



Scaphoid Pad

Medial longitudinal arch pad

FUNCTION:

- Cushions and supports medial longitudinal arch tissues


CLINICAL INDICATIONS:

- Posterior tibial tendon dysfunction
- Overpronation
- Accessory navicular

A scaphoid pad is a Myolite padding added to the medial side of the superior frame and runs along its medial longitudinal arch. The padding begins at the medial distal rearfoot, terminates just past the medial 1st metatarsal base and extends laterally in a curved shape that typically does not pass the lateral cuneiform, replicating an arch's negative space.

CLINICAL PEARL

When patients possess a flexible midfoot (excellent midfoot joint excursions), this is a fantastic solution for increasing orthotic reaction forces on the medial longitudinal arch.

Scaphoid Pad 6 4.5 3 1.5 (mm) 

6mm

4.5mm

3mm

1.5mm

Medial view



Notes: All illustrations and diagrams are of right foot
Colors on illustrations are for visual purposes and will vary on final product