

Pull the strap firmly to create tension.  
**While tensioning the ankle strap, try to bend your leg/ankle slightly outward.**



Attach Velcro end on the strap while your leg/ankle is slightly bent outward.  
 If Required, You can cut extra length of straps with scissors.



Prior to cutting, Remove Alligator Velcro by opening both Velcro flaps. Re-install when cutting is done.

**Inspect final installation prior to using the product. Look for any contact point between shoe and brace. You may need some trials to find perfect tensioning to maximize comfort**

**TAKE ADDITIONAL CAUTIONS IF USED ON OPEN SANDALS OR LIGHT SHOES.**



Left Side Installation should look like this.  
 (Right side should look opposite)



## ANKLE STABILISATION STRAP

### INSTALLATION INSTRUCTIONS



**CLINICAL INDICATIONS:**  
 MILD & MODERATE ANKLE INSTABILITY  
 ANKLE INVERSION



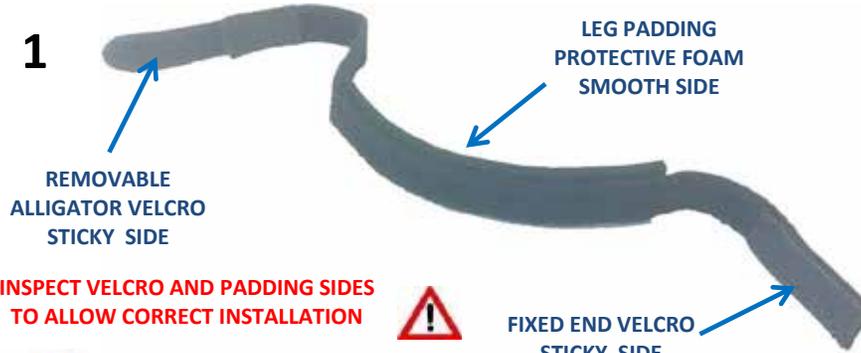
### General Information Safety Guideline:

**IMPORTANT: Read this document in its entirety before using the product**

- This product is designed to be installed to TurboMed FS3000 external foot drop brace.
- This optional ankle strap is designed to provide additional lateral stability for patient with slight ankle instability.
- Patient should not rely on this ankle strap as an insurance against any ankle injuries.
- Patient should always use the product in the knowledge of its own limits.
- Heed the safety instructions in order to avoid injury or damage to the product.
- This product is for single patient use only.
- Use caution when handling the product.
- Ensure that the orthosis and ankle strap is applied properly and that it fits correctly.
- Check the product regularly to see if it still works properly.
- Stop using the product and /or option if one of its components is or seems to be worn or damaged or in non-appropriate condition.
- Observe the legal and insurance regulations related to operating motor vehicles of any type and have your driving skills tested by the competent authority.
- Stop using the product if unusual changes to the body are observed (ex., the development of a wound, worsening of pain, etc.).
- Stop using the product if there are changes in, or loss of, functionality and have it inspected by your authorized retailer.
- Contact and have advices of a health professional, orthotist, physiotherapist or physician if you experiment any rubbing, injuries or other wound cause by use of the product.
- Clean the product at regular intervals.
- Inspect final installation prior to using the product. Look for any contact point between shoe and brace.
- TAKE ADDITIONAL CAUTIONS IF USED ON OPEN SANDALS OR LIGHT SHOES**

BEFORE INSTALLATION , YOUR STRAP SHOULD LOOK LIKE THIS.

1



INSPECT VELCRO AND PADDING SIDES TO ALLOW CORRECT INSTALLATION



FIXED END VELCRO STICKY SIDE



INSTRUCTION FOR LEFT SIDE (RIGHT SIDE SIMILAR BUT IN OPPOSITE DIRECTION)



2

Insert Fixed End Velcro around Inner Branch.



3

Closed Velcro around Inner Branch.



4

Strap should look like this. Place the strap near top meeting point on inner branch .



5

Ankle Strap facing outward - Installed on Left side shoe should look like this. (Right side should look opposite)



6

Don the shoe and Brace. Place the ankle strap on outer side of foot.



7

Attach the Calf Strap of the brace firmly prior to ankle strap installation.



8

Insert Alligator Velcro end on Inner side between brace struts just behind junction block. Pull out Alligator Velcro and & strap end.