Navicular Button Out

Anatomical navicular bone accommodation in frame contour

FUNCTION:
• Accommodates navicular

CLINICAL INDICATIONS:
• Navicular pain
• Accessory Navicular: Type I, II & III
• Soft-tissue growth of navicular tuberosity

A navicular button out is a slight to severe depression made into the superior medial frame of an orthotic device. This depression makes an accommodation for the plantar and medial navicular area.

Note: Enlarged Naviculars require frame fillers to elevate the surrounding areas to balance the boney prominence and stabilize the device.

CLINICAL PEARL
Select the depth of button out depression corresponding to the anatomy of the prominent navicular bone.

Notes: All illustrations and diagrams are of right foot
Colors on illustrations are for visual purposes and will vary on final product