Frame Modifications - Rearfoot

Information Provided By Kevin Orthopedic Institute

Heel Aperture

Hole in Frame at the Center of Heel Cup

FUNCTIONS:
- Lowers device height
- Disperses plantar heel tissues pressure

CLINICAL INDICATIONS:
- Heel spurs
- Plantar fasciitis

A heel aperture is a circular cut out in the center of the heel approximately 2.5-3cm in diameter. This aperture accommodates more space for the orthotic and reduces device bulk. This modification is available with or without a visco plug, a soft, viscoelastic material that provides padding and reduces the sensation of a sharp “drop off” around the aperture’s edge.

Note: A visco plug adds cushioning and maintains an even elevation from aperture to frame.

Notes: All illustrations and diagrams are of right foot
Colors on illustrations are for visual purposes and will vary on final product