

Frame Modifications - Midfoot

Information Provided By Kevin Orthopedic Institute



5th Button Out

Anatomical styloid of 5th metatarsal accommodation in frame contour

FUNCTION:

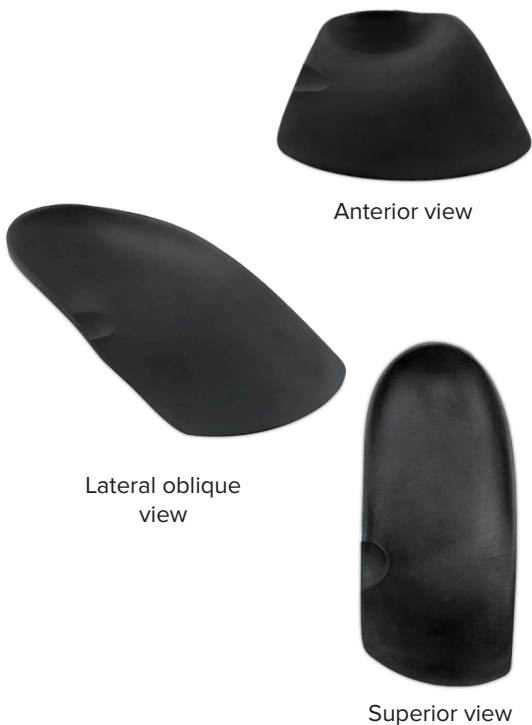
- Accommodates styloid

CLINICAL INDICATIONS:

- Relieves styloid pain
- Iselin disease
- Jones fracture
- Dancer's fracture
- Soft-tissue growth of styloid tuberosity
- Styloid prominence

A 5th button out is a slight depression made into the superior lateral frame of an orthotic device. This button out makes an accommodation for a patient's plantar and lateral styloid area.

Note: Enlarged 5th met bases require frame fillers to elevate the surrounding areas to balance the boney prominence.



5th Button Out 6 4.5 3 1.5 (mm)

CLINICAL PEARL

Select the depth of button out depression corresponding to the anatomy of the prominent navicular bone.



Lateral view
(transparent)

Notes: All illustrations and diagrams are of right foot
Colors on illustrations are for visual purposes and will vary on final product