

Forefoot Extensions - *Sulcus Length*

Information Provided By KevinRoot Medical



Foot Cookie Extension

Foot Cookie Ext. Myolite 4.5 ☐ 3 ☐ 1.5 ☐ (mm)



Myolite material foot cookie frame extension
sub 1st and 5th metatarsal heads to sulcus

FUNCTIONS:

- Elevates 1st and 5th metatarsal heads
- Disperses pressure away from 2nd, 3rd and 4th metatarsal heads

CLINICAL INDICATIONS:

- Metatarsalgia
- Morton's foot with forefoot pathology
- Propulsive phase metatarsalgia
- Freiberg's disease
- Capsulitis of 2nd and 3rd metatarsophalangeal joints
- Elongated 2nd and 3rd metatarsals

The foot cookie extension are two forefoot Myolite paddings that begin at the superior distal edge of the orthotic frame and extend beneath the 1st and 5th metatarsal heads only. The medial padding extends distally beneath the 1st metatarsal head, terminates at the sulcus and does not pass the 1st interspace laterally. The lateral padding extends distally beneath the 5th metatarsal head, terminates at the sulcus and does not pass the 4th interspace medially. Its edges are not skived along any of its borders.

CLINICAL PEARL

A Foot Cookie extension couples well with metatarsal bars for exceptional clinical outcomes involving metatarsal pathology.



4.5mm



3mm



1.5mm



Superior view

Anterior view
(phalanges excluded)

Notes: All illustrations and diagrams are of right foot
Colors on illustrations are for visual purposes and will vary on final product