Reverse Morton’s Extension

Myolite material reverse Morton’s frame-extension to sulcus

FUNCTIONS:
- Planterflexes 1st metatarsal head relative to lesser metatarsal heads
- Increases 1st MTP range of motion
- 2nd-5th metatarsal head cushioning
- Sulcus length reduces forefoot bulk

CLINICAL INDICATIONS:
- Functional Hallux Limitus
- Lesion beneath 1st metatarsal head
- Sesamoiditis
- Rigid plantarflexed 1st ray

A Reverse Morton’s extension is a Myolite padding that begins at the superior distal edge of the orthotic frame, terminates just distal to sulcus (just past the metatarsal heads), and is placed only beneath the 2nd-5th metatarsal heads, excluding the 1st metatarsal head. Its medial edge does not extend past the 1st interspace, and the medial edge can be left unskived upon request.

CLINICAL PEARL
A 1st ray cut out modification is also recommended to accompany this extension if increased flexibility and less interference with the sesamoids is desired.

Notes: All illustrations and diagrams are of right foot
Colors on illustrations are for visual purposes and will vary on final product