

## Clean Maintenance

1. Before cleaning the massager, remove the power plug first.
2. Do not use benzene, a thinner, or other corrosive solvents to clean your massager.
3. Do not use the wet cloth to clear the power switch of the massager. You can not use alcohol. You must use a dry cotton cloth.
4. If you do not use it for a long time, it is recommended that you roll up the power adapter wire and store the massager in a clean and dry environment.
5. Do not store the massager in high temperature, open fire, or direct sunlight.
6. When using the massager, you should handle it gently. Avoid throwing, pressing, bumping, or strong impact to the item.

## Parameter

Rated Voltage	5V
Maximum Power	24W
Net Weight	1.98 lbs

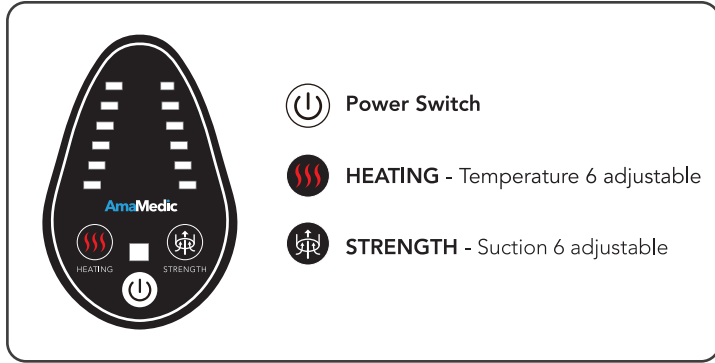
**AmaMedic**

Guide for Use

# Gua Sha Scrapping Massager AM-8503



## Control



## Massage Technique

- Neck : Brush from top to bottom often scraping and wiping the front part.
- Back : Scrape and clear from top to bottom.
- Lower Limbs : Dredge up and down
- Sole : Massage from heel to toe.
- Abdomen : The abdomen is dredged up and down.
- Leg : From the shin up scraping use to help leg lymphatic detoxification, shape leg, help aid in the removal of leg fat.

## Function

1. Removable of negative pressure exercises and aerobic exercise on the skin and connective tissue.
2. Scraping Function
3. Continuous Heat, Relaxation of Nerves, and Release of Pressure.
4. Eliminate Fatigue and Promote Physical Recovery.

## Usage Method

1. Cleanse your skin and apply essential oil (for the simplified version please skip these steps and plug directly into USB).
2. Plug in the 5V Power Adapter (equipped with the instrument).
3. When the household power is connected, the power button light is red, and the blue light is pressed. At this time, we can adjust the "heat energy" and "strength" according to the needs of the customers. Pressure attraction.
4. Press the hot energy button and the temperature is divided into 6 levels raising in temperature.
5. Press the button of strength negative pressure and the negative pressure is divided into 6 levels raising in negative pressure.
6. After using the instrument, place it in a dry place.

Note : The defaulted working time of the instrument is 30 minutes, and will be automated to another 30 minutes.  
In cases that the instrument suspends work, the instrument will stop working for 20 minutes and then continue to use.  
The reason for this is to extend the health and life of the instrument effectively.