# Osaki-Japan

# Massage Chair Product Name: Premium 4.0



#### Purpose of use, effect-efficacy

Substitution of massage for home-use

- •Thank you very much for purchasing Fujiiryoki massage chair.
- Carefully read this operation manual before use and only use as directed.
- •Please read the safety precautions on pages 3-7 before use.
- •Keep this operation manual where it will be readily available for future referral.
- •Please recycle the outer packaging material where possible.

#### **Directory**

Important safety instructions
Names and functions8
Controller9
Setup and assembling10-17
Before starting massage every time18-19
Adjust the reclining and footrest angle20-21
How to use the auto mode
Manual Massage functions
Instruction of air massage29
Parts intensive massage
Adjust massage according to preferred functions31
Adjust massage according to preferred functions/Additional functions32-33
Combination of techniques34-35
Basic techniques of massage
Change massage type during a process39
Heater ON/OFF
Children safety lock41
Maintenance and storage
Q&A
Troubleshooting
Specifications48

#### Important safety instructions

- Read these "Important Safety Instructions" before use and use this product properly
- These important safety instructions are prescribed to ensure correct usage of the product, and to prevent injury and damage to the user and other persons.
- Followings are the display and contents.
- Please keep to the regulations as these are important instructions for your safety.

<b>!</b> DANGER	Improper usage may result in serious injury of death.
<b>!</b> WARNING	Improper usage may result in injury or damage to property.*

\*Property refers to houses, household belongings, domestic animals and pets.



○ Prohibited actions

The prohibited action is illustrated inside the illustration (for example, the illustration on the left refers to "Prohibiting disassembling")



- Directives, actions which are compulsory
   The prohibited action is illustrated inside the illustration
   (for example, the illustration on the left refers to "unplugging the power plug")
- Always keep this operation manual where it will be readily available for referral.
- Attention: When disposing of this product and/or its accessories, do so in accordance with local laws and regulations. For details, please refer to your local authority.

## **⚠ DANGER**

When following person use the heater function, those who are around the user may pay attention to the user.

•elderly, ailing person, those who cannot operate by themselves ●persons with skin weakness ●persons who took medicine that cause drowsiness(sleeping pills, cold medicine) ●persons with heavy drinking, heavy tiredness ●persons with hematogenous disorder(diabetes, etc.) ●persons who recieve a note from the doctor There is a risk of low temperature burns, dehydration.



The following persons must consult a medical physician before using this product.

- •Persons using a medical electronic device embedded in the body such as a pacemaker susceptible to the electromagnetic disturbances.
- •persons with malignant tumors. •persons with heart diseases. •persons who are pregnancy or those immediately after childbirth. •persons who suffer from paresthesia related to peripheral circulatory disturbance due to diabetes etc.
- •persons with wounds on their skin. •persons in need of repose. •persons with Temperature sensory loss. •persons with body temperatures exceeding 38°C. (when strong acute inflammation symptoms, malaise, hills, blood pressure fluctuations are observed, when debilitated)
- •persons who suffer from osteoporosis, spinal column fractures, or acute pains.
- •persons with abnormalities in the spine, or those whose spines are bent.
- •persons with herniated discs.
- •persons who feel an abnormality on the body not prescribed above, persons in treatment by a doctor.



#### DANGER

If the chair stops moving or any abnormalities occur, unplug the power plug and contact the point of purchase for an inspection/repairs.

Electrification, short circuits and fire may occur.

Take care of the movements of the knead balls when massaging around neck. Avoid excessive massaging or massaging the front of the neck.

Accidents or injuries may occur.

When reclining or lowering the footrest, always check underneath and surroundings the footrest for people, pets, and other items.

Accidents or injuries may occur.



When reclining or lowering the footrest, be careful not to get hands, fingers, feet, head caught underneth the footrest or backrest.

•underneath the chair itself •backrest, seat, clearance of armrest •clearance of footrest, seat, armrest •underneath the footrest, the back of footrest •clearance between arm and armrest •behind the backrest

Accidents or injuries may occur.

Before use, check underneath the back pad to make sure that there are no rips or tears in the cover cloth of the seat back. (should there be any rips or tears, no matter how small, immediately discontinue use, disconnect the power cord, and ask for repairs to be conducted).

Continued use with rips or tears in the cloth of the seat back may cause electric shocks or injuries.

Always unplug this appliance from the electrical outlet immediately after using and before cleaning.

Not long term use of heater and same spot on the body

If heat is used on the same spot for a long time, low temperature burns may occur even if the temperature is comparatively low in 40-60°C.

About low temperature burn -

- •low temperature burn effect the deep part of the skin and show red specks or blisters.
- •In case red specks or blisters are found, consult a medical physician immediately.

The following persons are strongly recommended not to use this product. Certain prohibited from receiving a massage by a medical physician.

(for example those suffering from thrombosis, severe aneurysm, acute vericose veins, various kinds of dermatitis and skin infections (including inflammations of subsutaneous tissue), etc.)



Do not remove, rip or cut the cover of the chair(backrest, footrest, armrest) on purpose. Never use the chair with the cover removed or torn as clothes and hair may get caught in the knead balls.

Do not use the chair other than on the designated voltage. Fire or electrification may occur.

Do not use the chair when the power cord or its plug is damaged, or when the receptacle is loose. Contact your point of purchase for repairs if the power cord or power plug are damaged in anyway. Continued usage may result in electric shocks, shortage, or even fire.

Surely plug the power plug to the root and keep away from the dust. Doing so may cause damage, fire and electrification.

Do not allow unattended children or persons unable to declare their own intentions to use this chair. Do not allow infants near the chair. Electrification or injuries may occur.

Do not allow children to play or get on the chair. Accidents or injuries may occur.

Do not connect or disconnect the power plug with wet hands. Electrification may occur.





Do not use or store in the bathrooms or places of high humidity or moisture. Electrification, fire, accidents, and moulding may occur.



Never remodel or decompose/repair by yourself. Fire or injury due to abnomal action may occur.

## **!** WARNING

Usage of this product should be limited to 30 minutes for each use. Continual use on the same part of the body should be limited to 5 minutes.

Prolonged use may damage muscles and nerves.(Only use for 30 minutes per day.)

The following persons should consult a medical physician before using this product.

- persons whose muscles have become weak due to increasing age, and those who are of slim build.
  persons suffering from lower back pain caused by bones or internal orgains.
- •persons easily bruised, susceptible to sprains. •persons who suffer from intense motion sickness. •persons who have undergone internal organ or heart operations.

If any rashes, reddening of the skin, itches or similar symptoms appear after using this product, immediately stop using and consult a physician. Accident and ill health may occur.

An appliance should never be left unattended when plugged in. Unplug from outlet when not in use, and before putting on or taking off parts. To disconnect, turn all controls to the off position, then remove plug from outlet. This may result in accidents due to children's mischief.



Use the chair on a level surface. Do not use outdoors. Damage or accidents may occur.

Make sure operation buttons and timers are operating normally before use. Accidents or injury may occur.

Read the operation manual once again and confirm the product is operating normally before using the chair after a prolonged period of non-use. Accidents or injury may occur.

Confirm no items get caught in the chair (backrest, footrest, armrest) before use. Never drop or insert any object into any opening. Accidents or injury may occur.

Do not place feet or hands on the footrest when the footrest is retracting. Accidents or injury may occur.

When any physical abnormalities appear or are felt during operation, stop using the product immediately and consult a physician.

Sit down slowly after confirming the knead balls are located at the storage position. Accidents or injury may occur.



Make sure the ground terminal is installed. Damages or electrification may occur when ground terminal is not installed.

#### Important safety instructions



#### **!\ WARNING**

Turn the power switch OFF and unplug the power cord immediately in times of power shotages. When power is restored accidents may occur.



Unplug the power plug by holding the actual power plug and not the cord. This may cause electrification, short circuits, or fire.

Unplug the power plug when not using the chair.

This may cause a fire due to insulation degradation by dust or humidity.

When maintaining the chair always unplug the power cord. This may cause electrification or injury.

Do not damage the power cord or power plug.

- Do not hurt ●Do not damage ●Do not process ●unreasonably bend or pull.
- •Do not twist •Do not tie •Do not place heavy items on the power cord. •Do not get the power cord caught, especially when moving the chair.

Never operate this appliance if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Return the appliance to a service center for examination and repair.

Continued usage may result in electric shocks, shortage, or even fire.

Do not use immediately after eating or consuming alcohol. Nausea, illness, accidents or injury may occur.

Do not close to stoves or other sources of fire, nor smoke whilst using the chair. Do not use on heated carpets or other geating equipment. Do not operate under blanket or pillow. Excessive heating can occur and cause fire, Electric shock, or injury to persons. Keep the cord away from heated surfaces. This may cause fire.

Do not stand on the seat, or get on the seat back, footrest, arm or shoulder portion of the chair. The user or chair may rollover and injury or accidents may result.



Do not stand or sit down on upper part of the backrest, the front of the seat or on the footrest when the chair is reclining. The user or chair may rollover and injury or accidents may result.

Do not try to sit or get up from the chair when the chair is reclining or the footrest is elevated. The user or chair may rollover and injury or accidents may result.

Do not use accessories other than those which accompany the chair. Doing so may cause product malfunction.

Do not use the hand/arm massage whilst wearing watches, rings, fake fingernail or bracelets. This may cause injury.

Do not use the chair whilst wearing earrings, necklaces, scarfes, or other ornaments. This may cause injury.

Do not use the chair whilst wearing hard objects on the head, such as hair ornaments. This may cause injury.

Do not use the thigh or hip massage with hard objects in pockets. This may cause accidents or injury.

Do not use while naked. Direct massages on the naked body may damage the skin.

Do not use on the elbow, knee, head, abdomen areas. Do not get hands or feet caught in the knead balls. Injuries may occur.

Do not pull out the power cord, or turn off the power switch whilst using the chair. This may cause accidents or injury.



Do not sleep whilst using the chair. This may cause ill health or injury.

Do not move the chair while people or items are on the chair. Damage or injuries may occur.

Make sure no more than 1 person is on the chair at any one time. Doing so may result in damage to the chair or injury.

Do not wipe with benzine, paint thinner or alcohol, nor spray with any pharmaceutical sprays. This may cause fire or electrification.

Not to be used for purposes other than massage purposes. This may cause damage or accidents.

Do not use other therapeutic equipments whilst using this product. This may cause ill health or accidents.

Do not haul the chair itself or move with the casters on the floor where it easily gets scratches.

Do not overturn the chair or subject the chair to any strong shocks. Damage or injury may occur.

Do not operate where aerosol (spray) products are being used or where oxygen is being administered.



Use this appliance only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.

Do not carry this appliance by supply cord or use cord as a handle.

Never operate the appliance with the air openings blocked. Keep the air openings free of lint, hair, and the like.

Close supervision is necessary when this appliance is used by, on, or near children, invalids, or disabled persons.

Never operate this appliance if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Return the appliance to a service center for examination and repair.

Keep the cord away from heated surfaces.

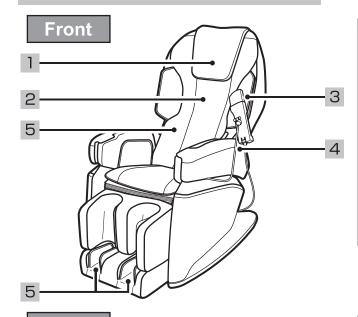
Use heated surfaces carefully. May cause serious burns. Do not use over insensitive skin areas or in the presence of poor circulation. The unattended use of heat by children or incapacitated persons may be dangerous.

Keep children away from extended foot support, back support (or other similar parts).

Connect this appliance to a properly grounded outlet only. See Grounding Instructions.

#### **Names and Functions**

#### Chair



#### Front

1 Pillow

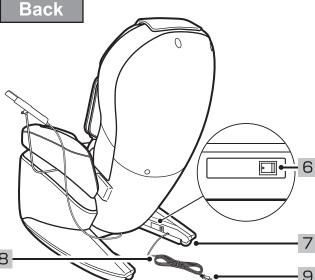
Turn back the pillow pad during massage

2 Back pad

Slowly lean against the back pad

- 3 Remote control
- 4 Remote control stand
- 5 Heat

Built-in the back, sole of the feet

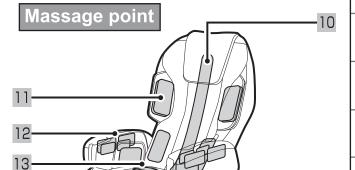


#### Back

6 Power switch

Turn the power switch OFF after use

- 7 Caster
- 8 Power cord
- 9 Power cord plug



#### Massage point

10 Backrest

Massage whole the back area of the body

11 Shoulder

Air massage for shoulder

19 Arm

Air massage for arm

13 Waist/Buttocks (Pelvis)

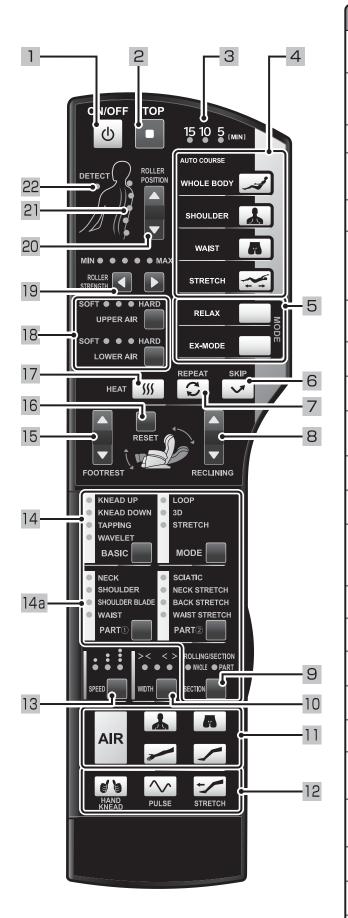
Air massage for waist, buttocks, around thigh

14 Footrest

Air massage for calf, feet

14

#### Controller



#### DESCRIPTION

- 1 "ON/OFF" button
- "STOP" button
  Stop all operations
  (press this button to stop massages immediately)
- 3 Remaining Time
- "AUTO MODE" button
  4 auto modes are available in combination of massaging positions and massage types.
- 5 MODE button
  - "SKIP" button
- 6 Stops the massage during Auto mode, pressing this "skip" button will abort the current massage and enable skipping to the next massage
- 7 "REPEAT" button
  Repeats the current massage.
- 8 Reclining angle
- 9 Rolling section
- Width adjustment button
  This button controls the width of rollers.
- 11 Air pressure massage parts
- 12 Unique air intensity massage
  - Speed adjustment button
- This button controls the speed of kneading massage mode.
- 14 Manual functions
- 14a Part insentive massage
- 15 Footrest angle
- 16 Reset position
- 17 Heat
- Air intensity
  5 types of air intensity levels.
- Massage strength
  9 types of massage intensity levels.
- 20 Massage ball adjustment button
- 21 Massage ball position light
- 22 Body detecting lights

#### Check the Main unit and accessories

#### **!** WARNING

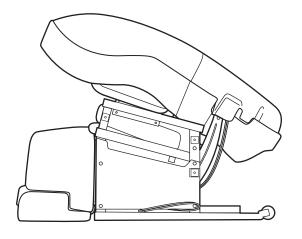
Do not use accessories other than those which accompany the chair. Doing so may cause product malfunction.

User manual documents

User manual

Setup and assembling

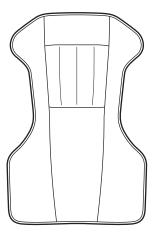




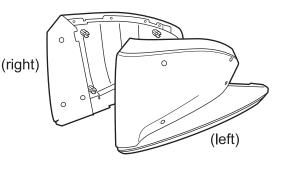
Pillow



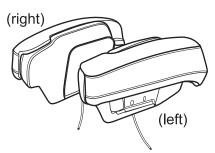
Back pad



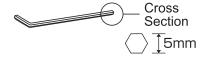
Armrest (left)(right)



Arm unit (left)(right)



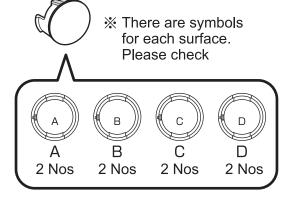
Hex wrench



Armrest fixing screw (longer) 8 screws



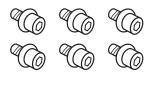
Cap (8 No's)



Remote control stand



Arm unit fixing screw (short) 6 screws



#### Deciding the setup place of whole unit

#### ! DANGER

Do not use or store in the bathrooms or places of high humidity or moisture. Electrification, fire, accidents, and moulding may occur.

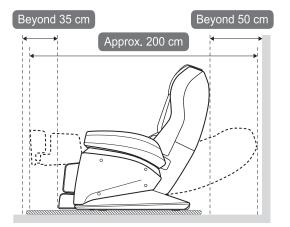
# It should be installed in a flat surface where there is 50cm space from behind for reclining.

- If power supply is switched ON, then body automatically moves backwards and foot rest rises till it reaches the standby position. It is good to have the main unit surrounding with more than 35cm space from front and 50cm space from behind.
- During reclining, even the foot rest raises.
- Do not setup the whole unit in places where there is direct sunlight every day, or near heat appliances or near high temperature. Failure to do so may lead to color change or quality degrading in main unit.

#### /! WARNING

Use the chair on a level surface. Do not use outdoors. Damage or accidents may occur.

Do not close to stoves or other sources of fire, nor smoke whilst using the chair. Do not use on heated carpets or other geating equipment. Do not operate under blanket or pillow. Excessive heating can occur and cause fire, Electric shock, or injury to persons. Keep the cord away from heated surfaces. This may cause fire.



#### Whole Setup

#### / WARNING

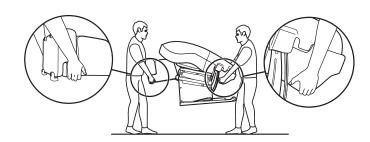
Do not move the chair while people or items are on the chair. Damage or injuries may occur.

Do not haul the chair itself or move with the casters on the floor where it easily gets scratches.

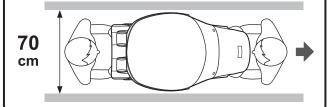
Do not pull the power chord or remote control chord with leg or wrap with caster. Failure to do so may cause injury.

# The front part and back part is lifted and operated using hands.

- Since it is a heavyweight unit, it should be carried by 2 or more persons.
- Watch your steps carefully and lower it slowly.



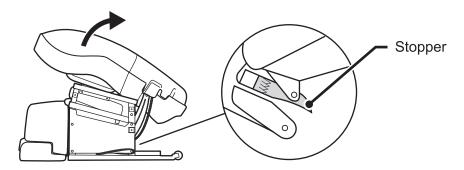
Frontage should be **70cm** or more (68cm width to carry the whole + 2cm width for protection)



#### Raising the backrest part

Raise the backrest part in arrow mark direction and check that it is fixed in stopper (O part) position.(Generates clinking noise)

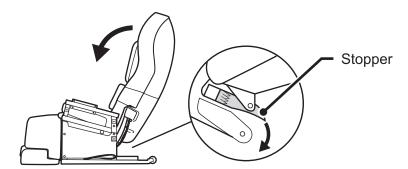
- When moving the backrest part, hand or finger should not be inserted in between seat and back rest position.
- And care should be taken in such a way that remote control cord and power cord doesn't get held between seat and back rest position.



#### When lowering the backrest position

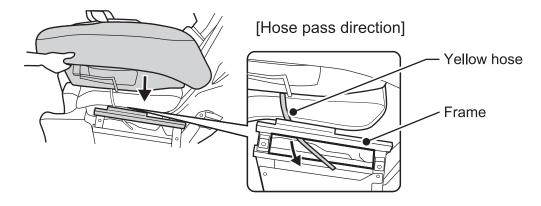
Press and raise the stopper from the center of backrest part as shown in arrow mark and lower forward the backrest part by hand support, after releasing the stopper.

- Care should be taken in such a way that it is not lowered suddenly.
- The backrest part should not be lowed when the arm rest and arm unit are not installed.
- During stopper operation, except the stopper lever, nothing should be touched.

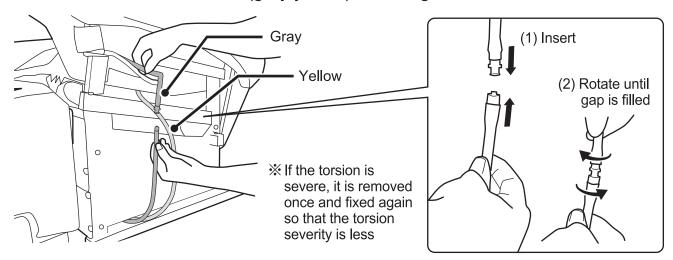


#### Arm unit installation (Both left and right direction)

 $oldsymbol{1}$  . The arm unit is inserted after yellow hose is passed between seat and frame.



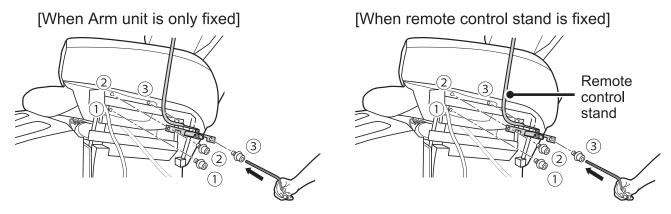
### 2. Connect the Arm unit hose (gray/yellow) matching with color of whole hose.



#### **3.** Screw the Arm unit.

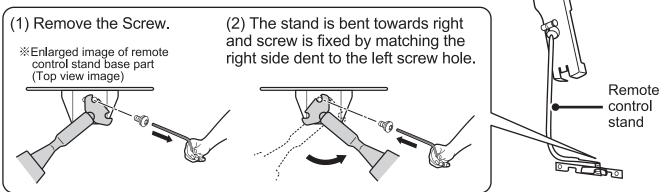
The remote control stand is also screwed together during remote control stand fixation. When screwing them as follow.

- ①anteroinferior→②anterosuperior→③posterosuperior
- Remote control stand is usually fixed in left hand side.
- Press the arm unit firmly toward to the frame and screw it.



#### \*When remote control stand is fixed in right hand side

- The following operation is carried out only when remote control stand is fixed in right hand side. This operation is not necessary if the remote control stand is fixed in left hand side.
- (1) Remove the base part screw of remote control stand.
- (2) The remote control stand is bent towards right and the screw is fixed in left screw hole.

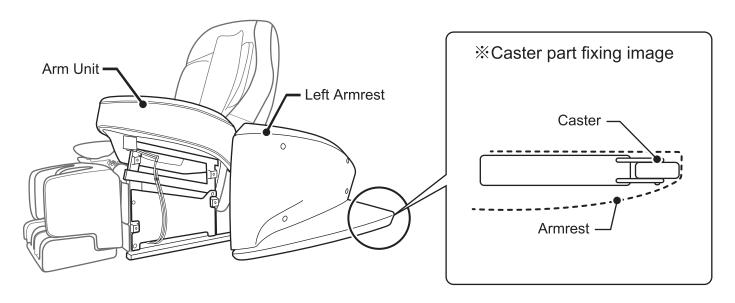


#### Setup and assembling

#### Fixing the arm rest

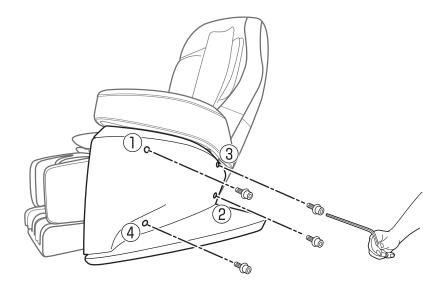
#### [Fixing of left armrest]

- 1 (1) Front side of left arm rest is matched with frame.
  - (2) Arm unit is matched to back side by lifting it.
  - \*The arm unit should surely be lifted when matching it with the whole unit, Failure to do so, then the arm unit will be in contact which may lead to damage.



#### **2.** Firmly screw with armrest screw.

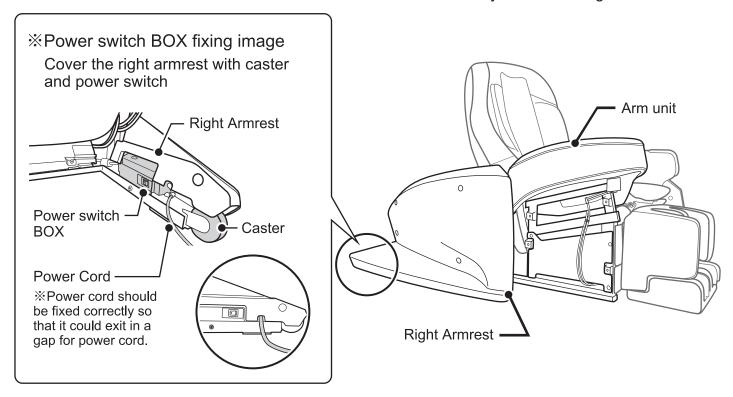
- The arm unit screw is temporary screwed with hex wrench in order (1)->(2)->(3)->(4) as shown in below image and again it is firmly screwed in the same order (1)->(2)->(3)->(4).
- The armrest gets removed if it is not screwed firmly and it may lead to accident or injury



#### [Fixing of right armrest]]

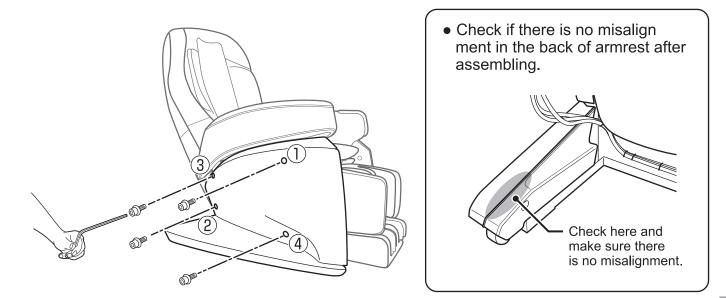
- (1) The back side of right armrest should be matched with power switch BOX. (2) Arm unit is matched to back side by raising it.
  - \*The arm unit should surely be lifted when matching it with the whole unit.

    Failure to do so then the arm unit will be in contact and may lead to damage.



#### **2.**Firmly screw with armrest screw

- The arm unit screw is temporary screwed with hex wrench in order (1)->(2)->(3)->(4) as shown in below image, and again it is firmly screwed in the same order (1)->(2)->(3)->(4).
- The armrest gets removed if it is not screwed firmly and it may lead to accident or injury

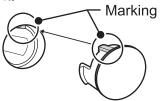


#### Setup and assembling

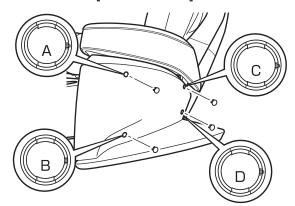
#### **3.** Fixing the Cap (Right/Left direction)

- Cap for fixing each hole is decided.
- Check the surface symbol of cap and fix it.
- When the cap is raised to the surface, check as there are possibilities of insertion mistakes.

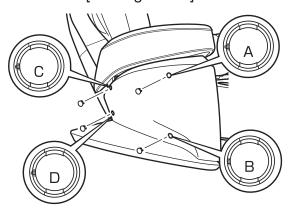
※ Aim the marking part and match the dent part of the main unit with the cap side convex part and fix it.



[For Left side]



[For Right side]



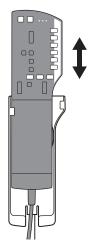
#### Fixing the Remote control

#### [Fixing method]

Remote control should be inserted from the top.

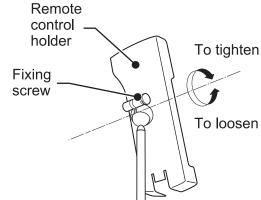
#### [Removing method]

Remote control should be pulled out from the top.



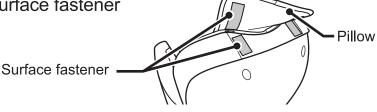
# [Adjustment method of remote control holder] Fixing screw is bent and fixed in preferred position.

\*The remote control holder breaks if fixing screw is tightened strongly.



#### Attach the back pad and pillow

- Back pad should be attached to the fastener of back rest part
  Back page 1
  Back page 1
  - Back pad
    Back rest part
    Fastener
- 2. Pillow should be attached the surface fastener of back rest part



- When massage is performed, attach the back pad and rotate the pillow to the back side.
- When massage is felt as hard, attach the pillow and use it.
- When massage is not done, attach the back pad and pillow as such and use it as a reclining chair.

#### Grounding instructions

#### **DANGER**

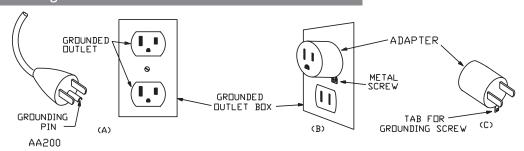
Improper connection of the equipment-grounding conductor can result in a risk of electric shock. Check with a qualified electrician or serviceman if you are in doubt as to whether the product is properly grounded. Do not modify the plug provided with the product — if it will not fit the outlet, have a proper outlet installed by a qualified electrician.

#### **!** WARNING

Ground should be installed firmly. When the ground is not installed, it may cause electric shock at the time of trouble and short circuit.

※ This product must be grounded. If it should malfunction or breakdown, grounding provides a path of least resistance for electric current to reduce the risk of electric shock. This product is quipped with a cord having an equipment-grounding conductor and a grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.

#### Grounding methods



\* This product is for use on a nominal 120-V circuit, and has a grounding plug that looks like the plug illustrated in sketch A in Figure 86.1. A temporary adapter that looks like the adapter illustrated in sketches B and C may be used to connect this plug to a 2-pole receptacle as shown in sketch B if a properly grounded outlet is not available. The temporary adapter should be used only until a properly grounded outlet (sketch A) can be installed by a qualified electrician. The green colored rigid ear, lug, or the like extending from the adapter must be connected to a permanent ground such as a properly grounded outlet box cover. Whenever the adapter is used, it must be held in place by a metal screw.

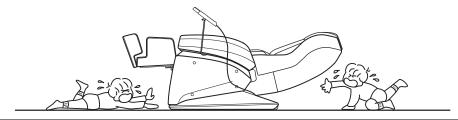
#### When there is no ground terminal in the power outlet

#### Before starting massage every time

#### Check around the chair

#### Check the surroundings without fail

• Check to make sure that there is nobody, no pet and nothing ahead behind the chair and under the footrest.



#### Switch on the power

#### /! DANGER

Do not use the chair other than on the designated voltage. Fire or electrification may occur. Insert the power plug firmly so that no dust is accumulated. Failed to do so may cause electric shock, short circuit, or ignition.

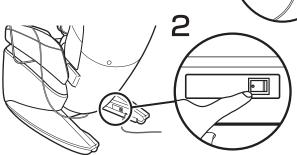
Do not use damaged power plug or power cord. It may cause electric shock, short circuit, or fire If it is damaged, contact your retailer or our customer care for repair.

#### Insert the power cord plug in the receptacle.

• Check that there is no damage in the power cord, remote controller cord, and the power cord plug. And there is no dust accumulated in the power cord plug.



 The power switch is behind the main body on the right bottom.



#### ON/OFF

3. Press power button of remote controller to switch on the power.

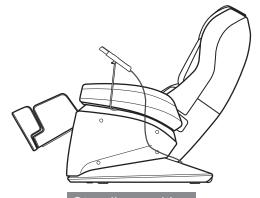
- Regular screen is displayed.
- The seat back is reclined and footrest is raised till standby position automatically.

(When reclining angle of pressed, it is stopped) RECLINING

or footrest angle of



 When it is not operated for around 3 minutes or more, power supply will be turned off automatically.



Standby position

#### Check the main body

#### Check for torn on the cover cloth.

#### ! DANGER

Before use, hold the back pad and make sure that there is no tear on the cover cloth of the backrest and on the other parts. (Should there be any tear, no matter how small it is, discontinue using the chair immediately. Disconnect the power cord plug, and ask for repair.) Continued use with the torn cloth may cause electric shock or any hazard on the body.

#### 2. Check for trapping of foreign substance to the main body.

#### **!** WARNING

Before use, check that there is no foreign substance trapped on to the main body (Backrest, footrest, armrest).

Failed to do so may cause accident or injury.

#### 3. Check whether the knead ball is in the retracted position.

When the knead ball is not in the retracted position, it can be returned by pressing button.

#### **!** WARNING

Before seated on the chair, check whether the knead balls are in the retracting position. Failed to do so may cause accident and injury.

#### 4. Check whether the footrest is in completely lowered

• When the footrest is raised, it can be lowered down by pressing footrest angle



#### **!** WARNING

Do not get on and off the chair at the time of reclining or when the footrest is raised. The chair may overturn and the user may fall down and hurt himself/herself.

#### Adjust the reclining and footrest angle

#### ! DANGER

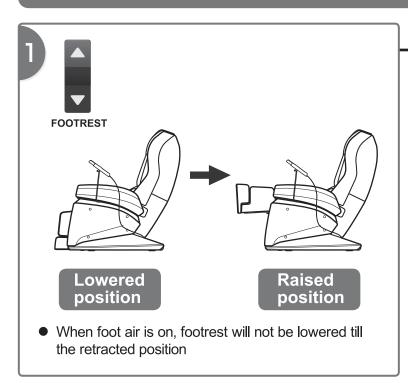
Check to make sure that there is nobody, no pet and nothing ahead around the chair (back, front, side, and bottom part of main body) when reclined or footrest is moved. Failed to do so may cause accident or injury or damage of house holding.

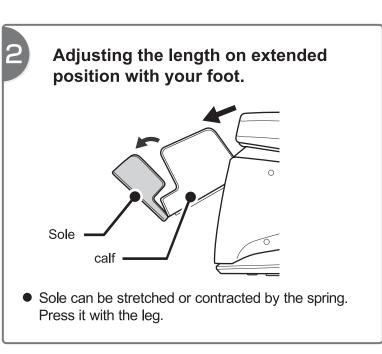
When reclined or footrest is moved, make sure not to insert the hand, finger, leg or head in the gaps of main body which are mentioned below.

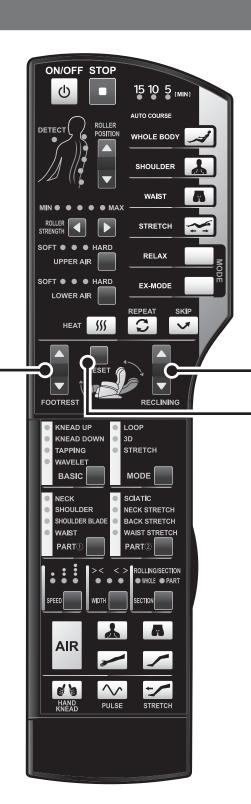
- Bottom side of chair Gap of armrest, backrest, and seat. Gap of armrest, leg and seat .
- Bottom side and back side of leg. Gap of armrest and arm. Backside gap of backrest.

Failed to do so may cause accident or injury

#### Adjust the footrest angle and length







#### /!\WARNING

Do not place your leg or hand in the footrest adjustable place, when footrest is adjusted. It may cause accident or injury.

Do not attempt to ride on the front portion of footrest or seat pad at the time of reclination.

The chair may overturn and the user may fall down and hurt himself/herself.

Do not get on and off the chair at the time of reclining or when the footrest is raised.

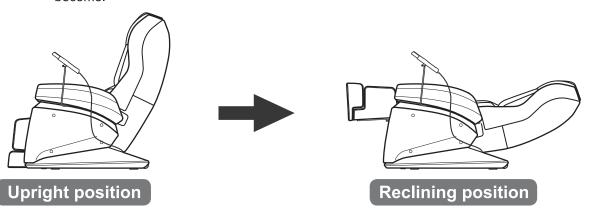
The chair may overturn and the user may fall down and hurt himself/herself.

#### How to use the reclining feature

3 RECLINING

#### To recline the seat back, press the reclining ∨button.

- \*Pressing continuously the RECLINING  $\triangledown$  button will recline the Seat Back and elevate the Footrest.
- \*The further the seat back is reclined, the stronger the movement of the knead balls will become.



#### How to restore seat back with footrest

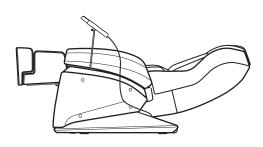
-4)

#### Press button when

#### ON/OFF



- This is usable when knead ball is restoring after operation or when button is blinking during preparing for power off.
- Backrest reclines up and footrest sets to restoring position.







#### Auto mode program



Power on by pressing  $\bigcirc$  button.

ψ button lights on. The footrest rises and the backrest recline automatically to standby position.
 (Operation stops by pressing or



 When the o is not used for over 3 minutes, the lights will turn off automatically.

Select the desired auto mode by pressing the button.



#### Features in automatic programs

#### WHOLE BODY

Full body Massage with Kneading ,tapping and air pressure.

#### SHOULDER

Focus on Shoulder massage.

#### WAIST

Focuses on waist massage.

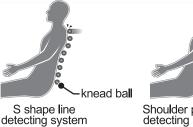
#### STRETCH

Full body stretch.

#### What is double sensing function? ("Sensing")

This is the function that detect body shape and posture before starting auto course.

2 sensor functions gives effective massage with S shape line detecting system which detects the body shape and Shoulder position detecting system\_which detects the shoulder position.





Shoulder position detecting system

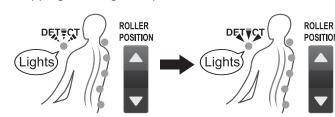
#### **Start sensing** \*\*Sensing cannot be operated in some course.

- lean back deeply to the backrest and put the head on the backrest while detection.
- Do not pull your head off the backrest during detection.

#### 1)Start detecting body shape

#### 2)Start auto detecting for shoulder position

• Tapping massage keeps for 7 seconds at the detected shoulder position after the detection.



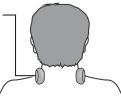
sensor/shoulder position lamp blinks during detection. The lamp lights on after finishing detection.

#### When adjust shoulder position manually

- Shoulder position does not match, use button to adjust.
- The position is set as shoulder position when no change is operated for 7 seconds.
- Press v to decide the position at once.
- 11 levels of position is adjustable.

#### ROLLER POSITION -

Adjust the knead ball on the base of neck/shoulder



#### In case the detection is not performed

- beep sound is on and sensor/shoulder position lamp rapidly blinks.(for 5 seconds)
- select auto course and detect again when sensing is not operated.
- lean back deeply pull the head on the backrest slowly.

#### Starting

The default time for all massage function is 16 minutes.



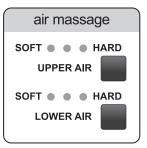
\*Knead Balls Position, Kneading Speed and Massage Strength can all be seen on the control panel.

#### How to use the auto mode

5

#### Adjust the air strength





- The strength of 9 levels for massage program and 5 levels for air massage are selectable.
- The default is set as 「5」 on massage program and 「3」 (middle level) on air massage.
- Selected strength lamp lights on.
- The strength does not change when maximum or minimum strength is set in massage program.

Display for Strength of lamp						
		lights of lamp				
strength		9 levels (Massage)	5 levels (Air)			
weak	1	$\bigcirc \bullet \bullet \bullet \bullet$	$\bigcirc \bullet \bullet$			
	2	$\bigcirc$	00•			
	3	$\bullet \bigcirc \bullet \bullet \bullet$	$\bullet \circ \bullet$			
4 5		$\bullet \circ \circ \bullet \bullet$	•00			
6 7	6		●…light			
	7		off			
	8		○···light			
strong	9		on			

6

#### After use

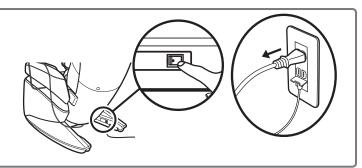
Massage ball returns back to storage position

Seat Back and Raised Footrest will be maintained in the default position.

Press the restore button to set back to storage (upright) position.

7

# Switch off power switch and Unplug power cord.



#### **Emergency Stop**

STOP



Press the Emergency button to stop the machine.

#### To stop halfway

ON/OFF



Immediately stop, Massage ball turns back to storage position.

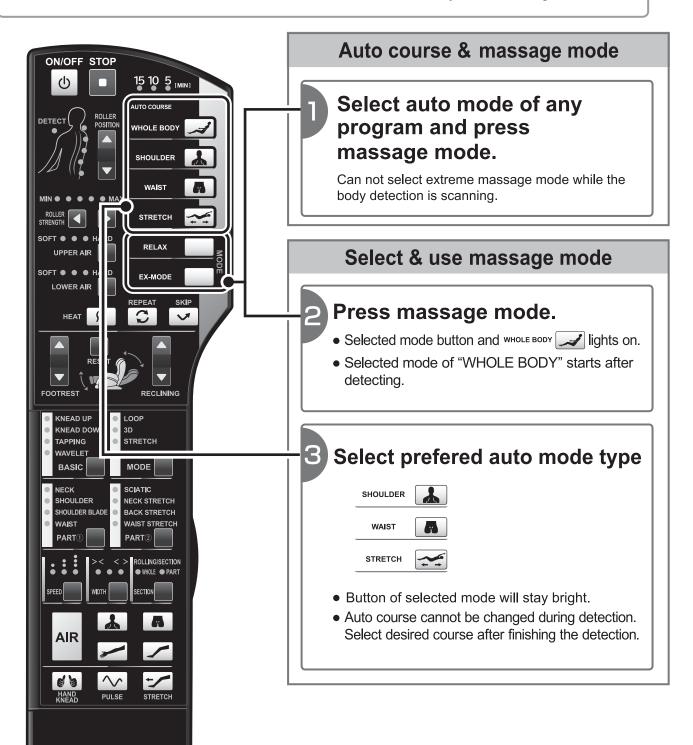
#### Auto course & massage mode explanation

#### **Massage mode Description**

The combination of auto course and EX-MODE/RELAX mode is available.

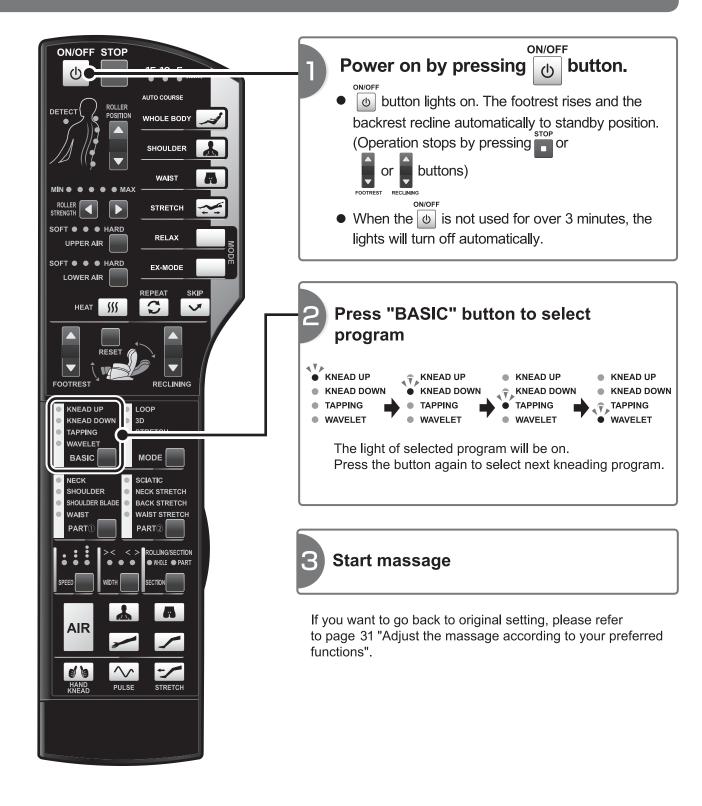
EX-MODE : auto course changes to stronger massage RELAX : auto course changes to gentler massage

\*RELAX mode of stretch course is available only for air massage.



#### **Manual Massage Functions**

#### Kneading massage in basic mode



#### Selection of kneading massage mode



#### Selecting/changing kneading mode

Press "BASIC" button to select kneading program and press "Mode" button to select kneading mode.

#### Select and use "kneading mode"

Press"Mode"button and select preferred mode.



Can not select deep massage mode when body detection is scanning.

For the movement of mode please refer to page 36 "Basic Techniques of massage"

Press "Basic button" to select preferred program

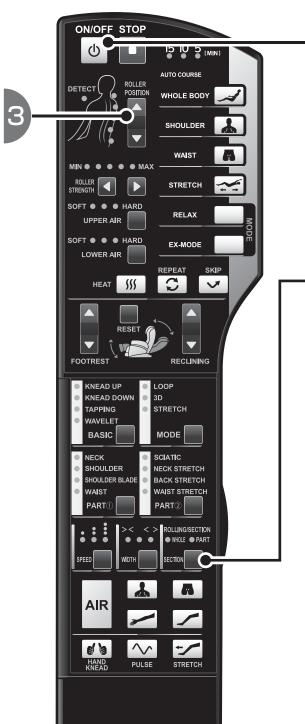


Default setting of kneading program is "KNEAD UP" The light of selected program will be on

4 Start massage

#### **Manual Massage Functions**

#### Choosing kneading massage area



Power on by pressing button.

button lights on. The footrest rises and the backrest recline automatically to standby position.
 (Operation stops by pressing σ



 When the o is not used for over 3 minutes, the lights will turn off automatically.

Press "SECTION" button to select back massaging area.

You can choose between "Whole Body", "Partial Body" and "Fixed Point".

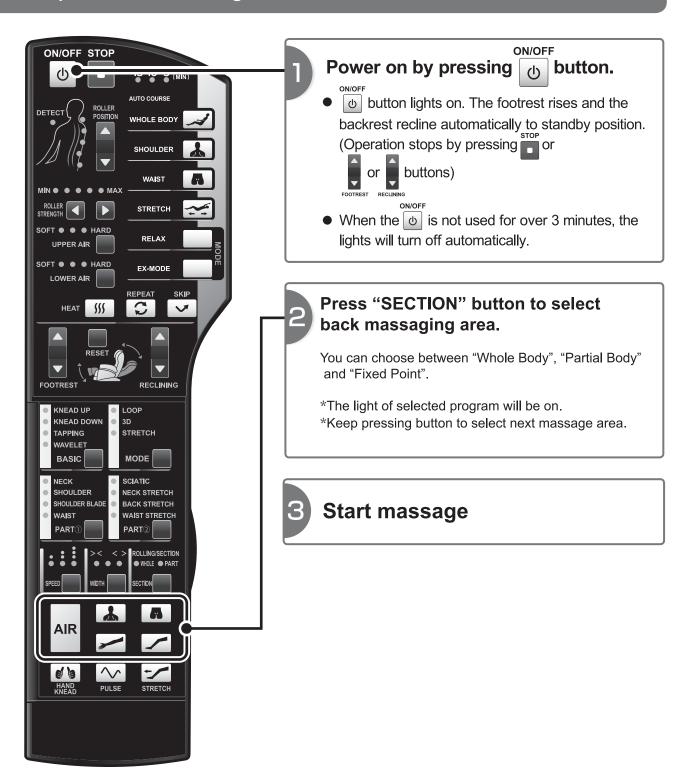
\*The button of selected program will be bright.

\*Press button again to select next massage area.

- Auto detection of shoulder position starts when select \( \text{WHOLE} \)
  - Refer to 「double sensing function」for more details about auto detection of shoulder position.
  - Massage position is adjustable by using ROLLER POSITION" when PART is selected.
- 4 Start massage

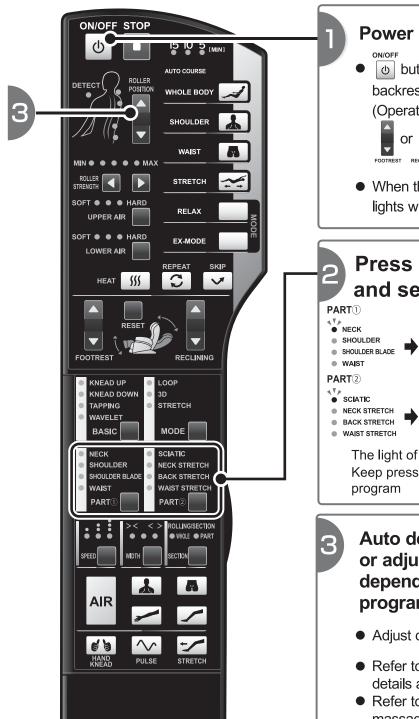
#### **Instruction of Air Massage**

#### Select preferred air massage area



#### Parts intensive massage

#### Start to part intensive massage



#### part intensive massage

It is a 7 minutes mini course for massaging the part intensively using knead technic. Air operation can be combined as preferred except for the neck stretch/finger stretch/ waist stretch.

# Power on by pressing button. button. button lights on. The footrest rises and the backrest recline automatically to standby position. (Operation stops by pressing or buttons)

ON/OFF

When the is not used for over 3 minutes, the lights will turn off automatically.

Press PARTO or PARTO button and select preferred program.



The light of selected program will be on. Keep pressing the button to select next kneading program

- Auto detecting of shoulder position or adjustment of waist position starts depending on selected massage program.
  - Adjust desired waist position by using

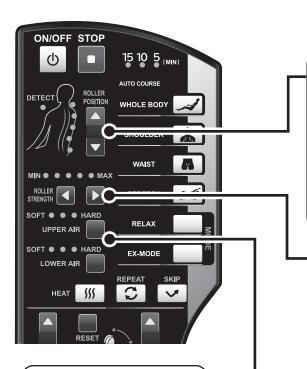


- Refer to \( \text{double sensing function} \) for more details about auto detection of shoulder position.
- Refer to \( \text{Pasic techniques of Massage} \) about the massage program that needs auto detection of shoulder position and adjustment of waist position

4 Start massage

#### Adjust massage according to preferred functions

	ROLLER POSITION	ROLLER STRENGTH	UPPER AIR	REPEAT SKIP	AIR	HAND PULSE STRETCH	SPEED WIDTH SECTION
During Auto mode		Adjustable	Adjustable	Adjustable	Selectable	Selectable	
During Hand mode	Adjustable	Adjustable			Selectable		Adjustable
During Air Bag Massage			Adjustable		Selectable		



Display for Strength of lamp

	lights of lamp			
strength	9 levels (Massage)	5 levels (Air)		
weak 1	$\bigcirc$	$\bigcirc \bullet \bullet$		
2	$\bigcirc$	000		
3		$\bullet \bigcirc \bullet$		
4		•00		
5				
6	$\bullet \bullet \circ \circ \bullet$	●…light		
7		off		
8		O…light		
strong 9		on		

 There are unadjustable program depending on massage type. Refer to the page of "Basic techniques of Massage" for details.

#### Adjust the roller position of shoulder or waist

#### Adjust by using ROLLER POSITION button.

Knead ball position is adjustable when moving range of massage program is set as \[ Part \] or \[ Point \].

#### Adjustment of kneading massage strength

#### **Select and press**

There are 9 levels of kneading strength.

Default setting is "5".

Light of selected strength level will be on.

Pressing both buttons at the same time will be ineffective.

#### Adjustment of air massage strength

#### Select and press SOFT O O HARD



SOFT • • HARD

Choose from 5 levels of air massage strength.

Default setting is "3".

Light of selected strength will be on.

#### Adjust massage according to preferred functions/ Additional functions

#### Adjustment of tapping massage width

# Press the button of width and select width of tapping width



Three kinds of width of tapping can be selected.

The initial setting is middle.

Light of selected strength will be on.

Circulation: Middle....Narrow...Middle...Wide

....Narrow...middle....Wide.....

#### Adjustment of kneading speed

## Press speed button and select kneading massage speed speed



There are 4 speeds of kneading to selected.

The default setting is middle.

Light of selected strength will be on.

Circulation: Middle....Slow....Middle....Fast....Slowest....

Slow....Middle....Fast

# Press the section button to select kneading massage area

# Press the section button to select kneading massage area SECTION



Light of selected strength will be on.

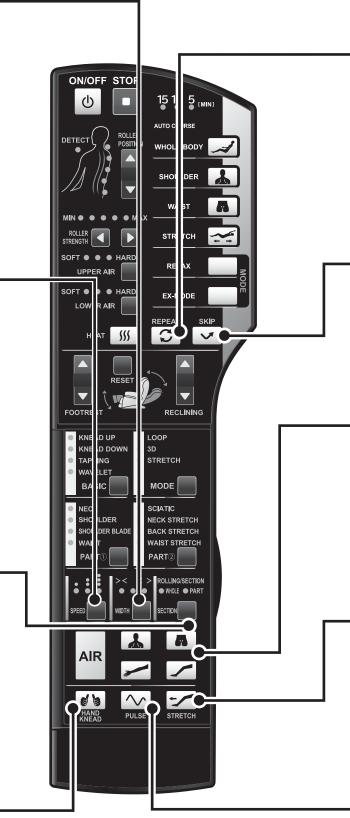
Press button to select "whole body", "Partial body" or "fixed point".

#### Hand knead air massage setting

#### Press "HAND KNEAD" button



Waist, butt air massage, can not work separately. Other air massage types can work separately.



#### **Note**

The massage strength should start from "middle", then adjust strength according to preference.

 There are unadjustable program depending on massage type. Refer to the page of "Basic techniques of Massage" for details.

#### Adjusting tapping massage width

#### Press " REPEAT" button



The repeated massage time is about 30 seconds.

Light of REPEAT will start blinking.

Can not apply to air massage.

Press "SKIP" to remove the command.

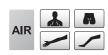
#### Skip to the next massage technique

#### Press" SKIP" to jump to next technique



Does not apply to air massage. Light of SKIP will start blinking.

#### Selection of air massage area



#### to select air massage area

Choose "Shoulder", "Waist, Butt", "Arm", "Leg". The light of selected area will on.

#### "Stretch" air massage program

#### Press STRETCH to select "STRETCH" air massage program.



Even when "leg air massage" is off, "leg air massage" will still start running if " STRETCH" massage program is selected.

#### "Pulse" air massage program

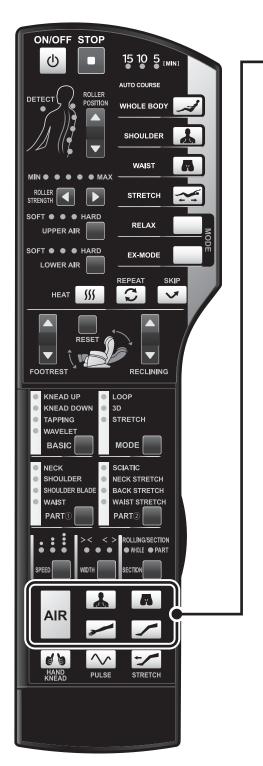
#### Press RHYTHM to select "PULSE" air massage program.



"PULSE" air massage program is not applicable for arm air massage.

#### **Combination of techniques**

#### Combined application of manual and air massage programs



Under manual mode, the air massage can work according to your preference.

AIR The light of selected part will be on.

2 Start massage

#### Instruction of air massage

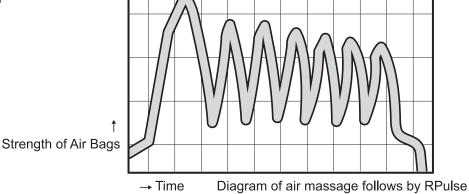
#### HAND KNEAD

Firm massage is available by shifting the speed of air massage.

# Amount of air Time In case of getting air massage at a constant speed In case of getting air massage at a different speed

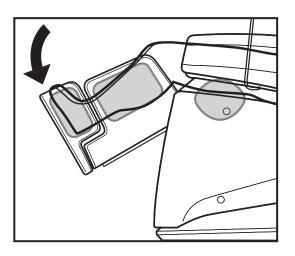
#### **PULSE**

Air massage follows a Rhythm Pulse movement.



#### **STRETCH**

As the right picture shows, the air bags will press leg area and stretch out.



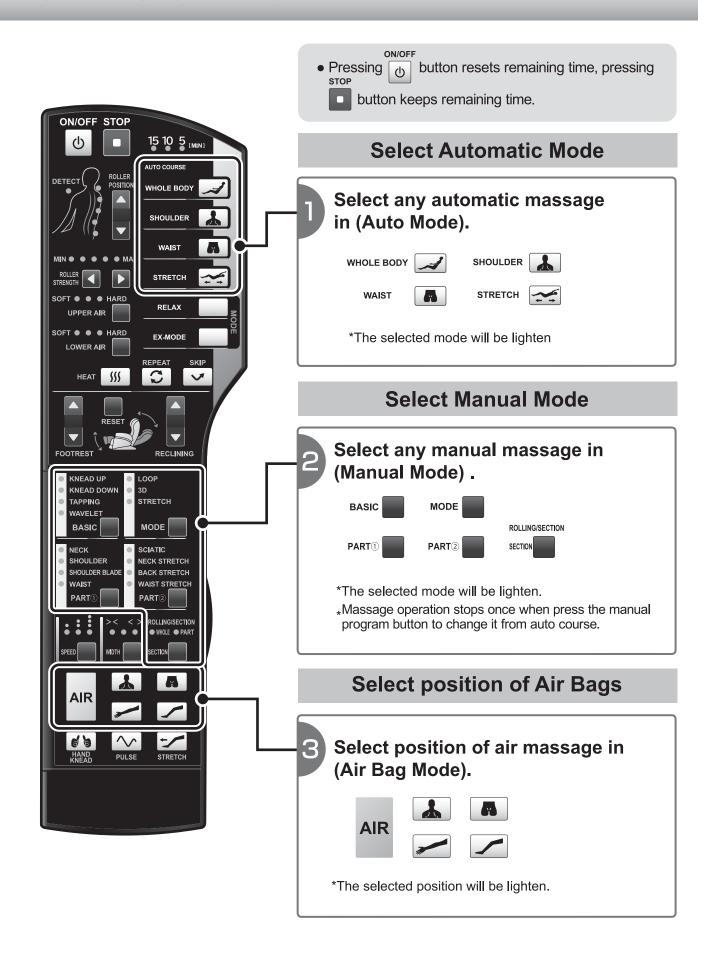
#### **Basic Techniques of Massage**

#### Mecha massage function list table

The list of adjustments that can be performed during each knead technique.

PROGRAM		knead technique adjustment	Mecha Strength	Massage speed	Mecha width	Massage position
BASIC	KNEAD UP	•			-	WHOLE/PART/POINT
	KNEAD DOWN	•	•		Ī	WHOLE/PART/POINT
	TAPPING				•	WHOLE/PART/POINT
	WAVELET	•			-	WHOLE/PART/POINT
	ROLLING	•	•	-	•	PART/POINT
	LOOP KNEAD UP	•		•	-	WHOLE/PART/POINT
	LOOP KNEAD DOWN	•	•		-	WHOLE/PART/POINT
	LOOP TAPPING	•			_	WHOLE/PART/POINT
	LOOP WAVELET	•	•	•	_	WHOLE/PART/POINT
	3D KNEAD UP	•	-	-	-	WHOLE/PART/POINT
MODE	3D KNEAD DOWN	•	-	-	-	WHOLE/PART/POINT
Ì	3D TAPPING	•	-	-	•	WHOLE/PART/POINT
	3D WAVELET		-	-	ı	WHOLE/PART/POINT
	STRETCH KNEAD UP	•			-	WHOLE/PART/POINT
	STRETCH KNEAD DOWN	•	•		-	WHOLE/PART/POINT
	STRETCH TAPPING	•	•			WHOLE/PART/POINT
	STRETCH WAVELET	•	•		-	WHOLE/PART/POINT
PART	NECK FOCUS	shoulder position	•	-	-	-
	SHOULDER FOCUS	shoulder position	•	-	-	-
	SHOULDER BLADE FOCUS	shoulder position	•	-	-	-
	WAIST FOCUS	waist position	•	-	-	-
	SCIATIC FOCUS	-	-	-	-	-
	NECK STRETCH	shoulder position	-	-	-	-
	BACK STRETCH	shoulder position	_	-	-	-
	WAIST STRETCH	waist position	-	-	-	-

## Change massage type during a process

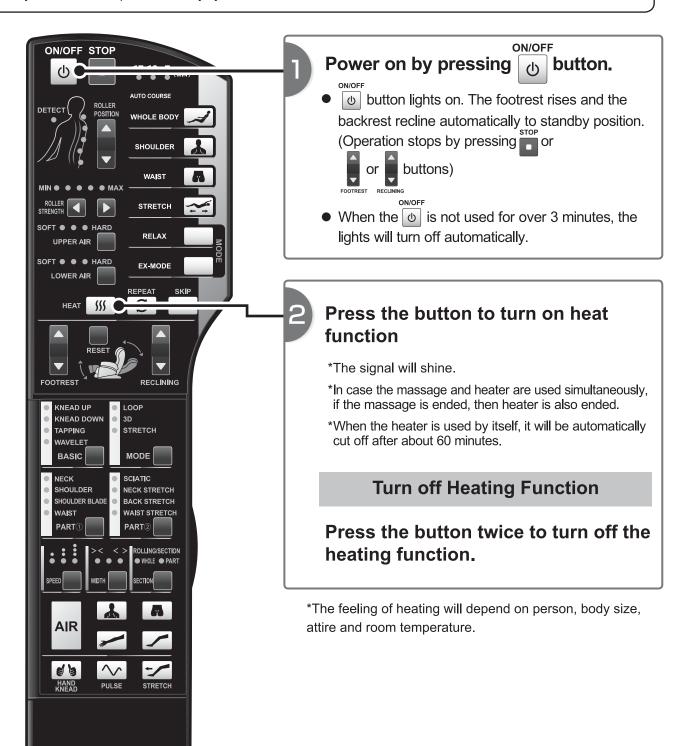


#### **Heater ON/OFF**

## /! DANGER

Do not use the heater for long time, and do not use the heater in same place for long time. It may cause low temperature or injury

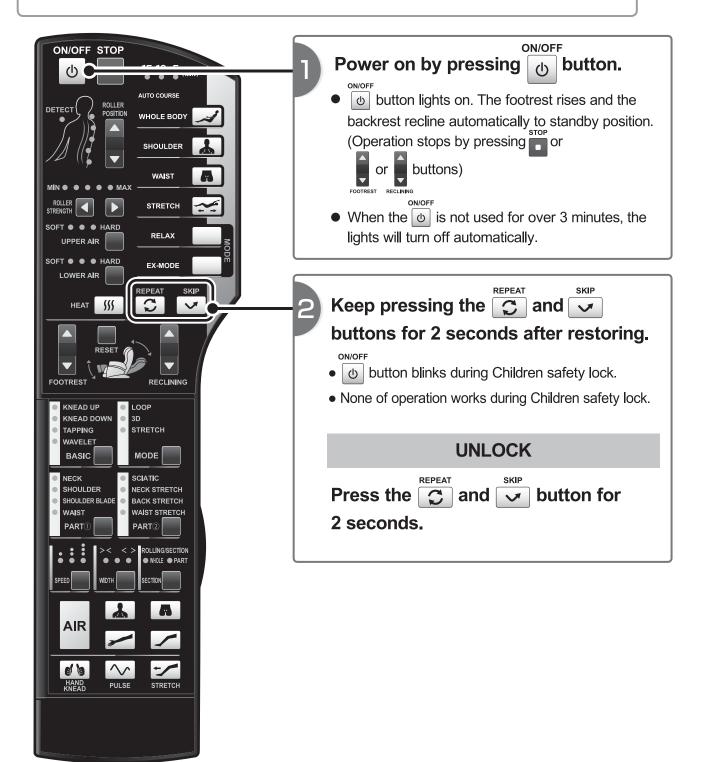
Even at comparatively low temperature (40~60C), and do not use the heater in same place of the skin for long time. It may cause low temperature or injury



## **Children Safety Lock**

## **Function of Children Safety Lock**

To avoid danger or accidents that might happen if children play with the controller, there is a safety lock button ,controller won't work unless unlocked.



#### Maintenance and storage

#### How to maintain the chair

## ! DANGER

Do not connect or disconnect the power plug by wet hands. Electrification may occur.

## **!** WARNING

Make sure to unplug the power plug. Electrification may occur. Do not wipe with benzine, paint thinner or alcohol. This may cause fire or electrification.

#### Cloth/Back pad/Pillow

- 1. Instill water containing neutral detergent and squeeze firmly.
- 2. Wipe the dirty part with the cloth.
- 3. Wipe it out with a tight squeezed cloth which is water contained.
- **4.** Dry it naturally after wiping out with a dry cloth.
- Do not iron the back pad or pillow. It may cause damage on the cloth
- Wipe frequently or it cause a damage on the leather by finger dirt or hair dressing.

#### Resin part

- 1. Instill water containing neutral detergent and squeeze firmly.
- 2. Wipe the dirty part with the cloth.
- 3. Wipe it out with a dry cloth not to leave detergent.
- Do not use scouring powder. It cause scratches, discoloration, cracks.

#### Remote control, lower back(Control box)

Wipe out with a dry cloth.

• Do not wipe out with a wet towel. It may cause malfunction.

#### How to storage

## ! DANGER

Do not use or store in the bathrooms or places of high humidity or moisture. Electrification, fire, accidents, and moulding may occur.

Store the chair in the places which is less adverse effect by temperature, humidity, dusts after wiping out the dirt and dusts on the chair. When the chair won't be used for a long time, put a cover on the chair and avoid the chair from dust.

• Do not store the chair near a stove or the places which chair is exposeddirect sunlight for a long time. It may cause discoloration, deterioration.

## How to move the main unit

## /! WARNING

Do not move the chair while people or items are on the chair. Damage or injuries may occur.

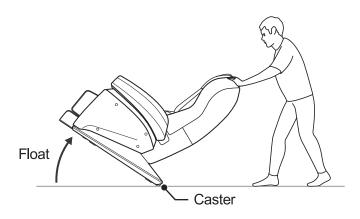
Do not haul the chair itself or move with the casters on the floor where it easily gets scratches.

Do not pull the power chord or remote control chord with leg or wrap with caster. Failure to do so may cause injury.

#### When moving with Caster

Float the front side of the main unit, push it and move.

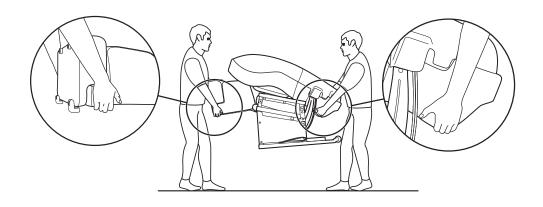
• While lowering the main unit, lower slowly so that the leg part does not get hit.



## When more than 2 persons are lifting

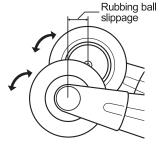
Dismantle the arm unit and the arm rest, and after lowering the back rest part, hold the lower part of the front side and back rest with hands (Refer the below diagram) and then lift and move.

- Refer to P12~15 for the method to dismantle the arm unit and arm rest.
- As it is very heavy, select more than 2 persons surely.
- Please watch your steps carefully and lower it slowly.



Q1 Left and right strength is different. And, I feel the difference is remarkable.

A To massage for a better feeling, in connection with adopting a mechanism in which the rubbing will mutually hit, unavoidably, the operation might take place in the knead ball slipped position. Thereby, you feel that there is a difference among the left and right strength. But it is not a failure.



**Q2** Is there even more strong massage?

A To massage for a better feeling, in connection with adopting a mechanism in which the rubbing will mutually hit, unavoidably, the operation might take place in the knead ball slipped position. Thereby, you feel that there is a difference among the left and right strength. But it is not a failure.

Q3 The remote control holder is loosened...

A Retighten the fixing screw. When a part of remote control holder is sliding, inlay by loosening the fixing screw and tighten it once again. Also, check the fitting screw of the sand and if it is loosened, retighten with the hexagon wrench of the accessory.

**Q4** Leg is not fitting properly in the leg part...

Adjust by expanding and narrowing the leg part.

• For short people: Raise the back rest part and elevate the leg part.

**Q5** I am commuting to hospital, is it ok to use?

A Consult with the doctor in the hospital and then use. "Touch pressure stimulation" refers to the action that promotes the blood circulation for massage by relieving the stress in the muscles. According to the illness, there are risks of getting worse. Hence you should consult with the doctor.

**Q6** What is the electricity utility expense for a month?

A If you use heater and massage every day for approximately 30 minutes per day, then it is roughly 53 Yen per month. If you use only massage every day for approximately 30 minutes per day, then it is roughly 3 Yen per month If you use heater for 1 hour every day, then it is roughly 32 Yen per month. Electricity charges standard unit price: Calculated to be 27 Yen/kWh (Including the taxes).

(Currently, 2015/9, Our company survey in Japan )

Q7 Is it ok to spread the hot carpet under the chair?

As there is a danger of flame, please stop. Heat generation of hot carpet pains the body and thereby it might generate flame.

**Q8** Won't the backrest or the leg move to standby position automatically?

When the backrest part is lowered below or the leg is raised above the standby position, it will not go back to standby position even if you press button.

Q9 Can this be used by people of height below 150 cm or above 185 cm?

Yes, you can use. During sensing, the shoulder position might not match even if you adjust the shoulder position and so proceed using the following methods.

Short person: Raise the backrest and leg part.

• Tall person: Lower the backrest and leg part.

Q10 Arm is not reaching the arm unit. What to do?

A Raise the backrest and adjust the arm position

Q11 Will the shoulder and arm become red after shoulder/arm air massage?

A fiter usage, there might be traces of the massage. That's due to the massage. It will disappear in due course of time. And, while doing shoulder air massage, avoid clothes that will expose the shoulders.

**Q12** Even if sensing is done, shoulder position is not matching.

A Sit comfortably, lean the face so that it rests in the backrest and after that do the sensing. This can be adjusted manually.

Q13 Is it possible to use by removing the arm?

A No, it is not possible. Air supply and exhaust vent will be exposed, trash and dust will be accumulated and this will be the cause for failure.

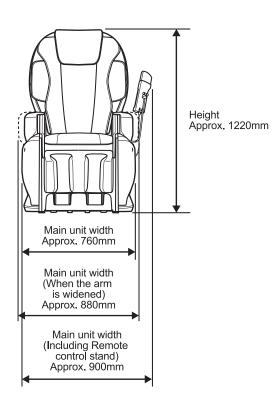
**Q14** If you do a foot stretch, sometimes there is a squeaky noise.

A Noise might be generated, but it is not a failure. In the structure, when the electric actuator is isolated from the leg, noise might be generated.

- **Q15** During massage, some creaky noises are made. Is it ok?
- A There is nothing abnormal in the structure. Refer to "Trouble shooting".
- **Q16** Is it possible to completely cut off the air massage in the auto course?
- A It is possible in the course other than stretch course and ex-mode stretch course and relax stretch course.

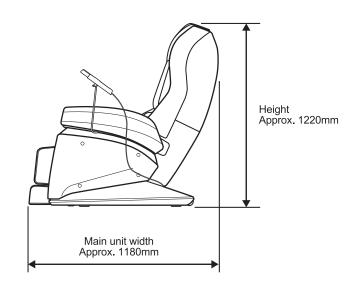
  Please refer to "Adjustment method during air massage".
- Q17 Explain the dimensions of the main unit.
- A Please refer to the following diagram.

#### Front view

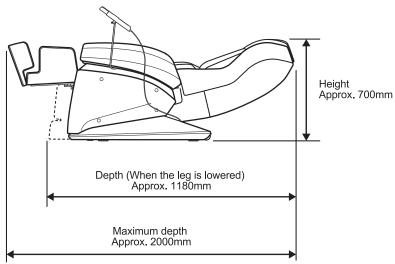


#### Side view

#### When it is not reclined



When it is reclined (When the leg part is stretched)



#### **Troubleshooting**

## /! DANGER

Do not remodel and also do not analysis or repair by yourself, there are chances of injury due to fire (or) abnormal operation

# You may encounter the following phenomena while in massage. As being due to the mechanical design, they have nothing to do with the product life.

- A "clatter" noise occurs when the knead balls go up and down
- A "creak" noise of the gear and the motor occurs while in massage
- A friction noise occurs when the knead balls rub the cover cloth (Particularly while in the process of knead)
- A rattling noise occurs while in the "TAPPING" or "WAVELET" massage.
   (Particularly when the massage moves from the shoulders to the back)
- In the "KNEAD", "TAPPING" or "WAVELET" massage, massaging speed may vary with the knead balls strength changed
- A noise becomes different when the massaging speed is changed
- A roaring noise of the motor occurs when load is given to the chair
- A "cuckoo" noise occurs while, in the Auto mode course, the knead balls are automatically adjusted to
- the back-and-forth position to have the chair fitting in with the user's body shape
- The compressor's noise and the air exhausting noise occur while in air-massage
- A noise occurs when the air bag is inflated
- A screaming noise occurs while in massage of the shoulder
- A grinding noise occurs when the backrest or seat are reclined (Squeak sound)
   (The height of the knead balls between the left and right are different.
   A mechanism is used to allow the two knead balls tapping alternatively. It occurs unavoidably and this is not the trouble)

Symptoms	Check points	Trouble shooting
The chair does not start-up	Is the power cord plug connected?	Connect the power cord plug with the receptacle
	Is the power switch of the lower part behind the main body turned off	Turn the power switch "ON"
The chair stops halfway. (The remote controller does not work)	Is the backrest in touch with the main body or the like?	Move the chair away from the main body or the like. Turn the power switch of the lower part behind the main body OFF and ON.
	Is there any load given to the knead balls?(Should there be any load given to the knead balls, a safety mechanism works to stop all the functions)	Detach the body from the backrest for a moment, turn OFF and ON the power switch of the lower part behind the main body and once again operate from the beginning.
The backrest cannot be reclined	Is the power cord plug connected?	Connect the power cord plug with the receptacle
	Is the backrest in touch with the wall or the like?	Move the chair away from the main body or the like

## Checkpoints

## /! WARNING

When using the chair after a while, read the user manual once again, check to make sure that it operates normally to use again. Failing which may cause injury or accident.



Are there these symptoms?

- Chair emits scorching smell
- The power cord or the plug is overheated
- Electricity runs on or off with the power cord moved
- There are some other abnormalities



For prevention of accident or trouble, turn "OFF" the power switch of main body, disconnect the power cord plug from power receptacle, and contact your retailer or our customer care.

## **Specifications**

Product name		massage chair	
Model number			Premium 4.0
	Power supply(50/60 Hz)		AC100V-240V (Varies from country to country)
	Rated time		30 min
Rating	Power consumption(50/60Hz)		130W (Standby power: 0.3W)
	Motor power consumption		90W
	Electric heater power consumption		40W
Mecha(Knead balls)	Knead		4-step adjustment (approx. 8-30 cycles/min)
massage speed	Tapping		4-step adjustment (approx. 250-650 cycles/min)
adjustment range	Up and down		Approx. 5.4cm/second
Air pressure for air-massage			Approx. 45kPa
Mecha(knead balls) massage strength	Auto course		9-step adjustment
adjustment range	Manual selection		9-step adjustment
Air massage strength	Auto co	urse	UPPER: 5-step adjustment (Shoulder,Arm,Waist/Buttocks) LOWER: 5-step adjustment (Leg)
adjustment range	Manual selection		Shoulder : 5-step adjustment Arm : 3-step adjustment Waist/Buttocks : 5-step adjustment Leg : 5-step adjustment
Auto-timer			Approx. 7, 16 min
	Seat back		Approx. 110°- 157°
Reclining angle	Footrest	When air massage is on	Approx. 60°- 84°
		When air massage is off	Approx. 0°- 84°
Dimensions	Upright position		Approx. W760 x D1180 x H1220(mm)
Difficitsions	Reclining position		Approx. W880 x D2000 x H700(mm)
Weight			Approx. 71kg
Upholstery			PVC leather, Polyester
Country of Origin Made in Japan			

## **MEMO**

## **MEMO**

# Osaki-Japan

Premium 4.0