



MENU

THRIVE JUICE CO.





OFFICE SUBSCRIPTIONS

Stock your office with a daily, weekly or monthly juice delivery. Contact us for pricing based on order size



SPECIAL EVENTS

**MEETINGS, WORKSHOPS,
PRESENTATIONS, CONFERENCES**

Customize an order to suit your event needs.
Discount provided based on order size



LUNCH PACKAGES

01

FIESTA BEAN SALAD OR SOUP + 8OZ JUICE
(\$12) / 16OZ (\$16)

02

KALE SALAD + 8OZ JUICE
(\$16) / 16OZ (\$20)

03

WHOLE BOWL + 8OZ JUICE
(\$17) / 16OZ (\$21)



COLD PRESSED JUICE

ROYAL FLUSH \$6.50 / \$11

kale, spinach, celery, cucumber, apple, lime, ginger

Reduces inflammation, hydrating, rich in antioxidants, vitamins A + C, iron and calcium

SWEET ENVY \$6.50 / \$11

kale, spinach, pineapple, apple, lime, parsley

Promotes healthy digestion, high in B vitamins, restores healthy gut balance

REFRESHER \$6 / \$10

spinach, cucumber, orange, pineapple, mint

Relieves sinus congestions + seasonal allergies, stimulating, hydrating

CLEAN GREENS \$6 / \$10

spinach, cucumber, green apple, lemon, parsley

High in magnesium, digestive aid, anti-inflammatory

JUGOSO / \$10

spinach, romaine, fennel, orange, cilantro

Removes heavy metals + toxins, aids in digestion, boost immune system

GARDEN VEGGIES / \$10

spinach, cucumber, celery, carrot, lemon, ginger

Anti-inflammatory, increases energy, reduces inflammation

ENERCHI / \$10

pineapple, coconut water, chia seeds, chlorophyll

Hydrating, source of protein, restores electrolytes

REJUVENATE / \$10

beet, carrot, celery, orange, grapefruit, lime

High in potassium, boosts immune system, cleanses the blood

KNOW YOUR ROOTS \$6 / \$10

beet, carrot, apple, lemon, ginger

Increases circulation, cleanses the blood, promotes healthy digestion

TRUE TANG \$6 / \$10

carrot, pineapple, orange, turmeric

Reduces inflammation, boosts immunity, rich in potassium

REDHEAD / \$10

carrot, apple, lemon, ginger

Anti-inflammatory, digestive aid, alkalizing

HOT SHOT / \$10

orange, apple, lemon, ginger, cayenne

Improves circulation, boosts immunity, aids in digestion

NAKED ORANGE / \$10

100% orange

High in Vitamin C + potassium, immune support, energizing

NAKED GRAPEFRUIT / \$10

100% grapefruit

Appetite suppressant, boosts metabolism, aids in digestion

AWAKEN \$6.50 / \$10

orange, grapefruit, lime

Stimulate digestion, energizing, high levels of vitamin C, A + potassium

HYDRATORS

BLACK LEMONADE \$6 / \$10

activated coconut charcoal, alkaline water, lemon, coconut sugar

Reduces heavy metals, relieves bloating, supports in detoxification

TURMERIC LEMONADE / \$10

turmeric, alkaline water, lemon, maple syrup

Anti-inflammatory, alkalized the body, purifies the blood

BLUE MAJIK \$6 / \$10

blue majik, alkaline water, lemon, lime, maple syrup

High in B vitamins, reduces inflammation, eliminates free radicals

WELLNESS SHOTS

OT / \$6

turmeric

Powerful antioxidant, boosting metabolism, anti-inflammatory

OG / \$5.50

ginger

Circulation stimulant, promote digestion, relieve stomach upset

LGC / \$5

lemon, ginger, cayenne

Alkalizing, circulation stimulant, stimulates digestion

TLC / \$5.50

turmeric, ginger, lemon, coconut water, coconut sugar

Anti-inflammatory, immune boosting, stimulating

NUT MYLKs

TURMERIC MYLK / \$12

almonds, turmeric, ginger, cinnamon, vanilla, black pepper, dates, himalayan salt + alkaline water

Warming, stimulating, immune boosting, digestive aid

PINK CHAI MYLK / \$12

almonds, cardamom, clove, cinnamon, ginger, all spice, vanilla, beets, maple syrup, himalayan salt + alkaline water

Antioxidant rich, immune boosting, aids in circulation

VANILLA MYLK / \$12

almonds, vanilla, cinnamon, dates, himalayan salt + alkaline water

Healthy fats, high in protein, rich in calcium + vitamin E

MATCHA MYLK / \$12

almonds, matcha, spinach, matcha, dates, himalayan salt + alkaline water

Stimulating, boosts memory and concentration, rich in antioxidants

RAW LATTE / \$12

almonds, vanilla, cold brew coffee, dates, himalayan salt + alkaline water

Energizing, cold brew coffee is 60% less acidic than hot brewed coffee, natural occurring fats slow the absorption of caffeine, leaving you to feel awake without the jitters

KOMBUCHA

FLAVOURS

GRAPEFRUIT, LOVE POTION, MINT, STRAWBERRY, GINGER, TURMERIC GINGER / \$6.25

SALADS

FIESTA BEAN & QUINOA SALAD / \$7.50

black beans, chickpeas, red peppers, avocado, cherry tomatoes, red onion, corn and olive oil dressing

CLASSIC KALE SALAD / \$12

kale, roasted chickpeas, pumpkin seeds, sunflower seeds, mint, nutritional yeast and citrus + herb dressing

BURRITO BOWL / \$13

cauliflower rice, peppers, black beans, cucumber, tomato, romaine, spinach, walnuts, cilantro and lime avocado dressing

CASHEW THAI BOWL / \$13

carrots, peppers, red cabbage, cauliflower, cashews, kale, quinoa, coconut, cilantro and thai almond butter dressing

MOROCCAN SPICE BOWL / \$13

sweet potato, beet, kale, chickpea, parsley, mint, quinoa, pumpkin seeds, and cinnamon citrus dressing

FALAFEL BOWL / \$13

kale, sweet potato, quinoa, apple, pumpkin seeds, spices, chickpea carrot falafels, maple tahini dressing

SOUP OF THE DAY

soup flavours rotate daily
always fresh, gluten free + vegan

CUP / \$4

BOWL / \$7.50

HEALTHY SNACKS

ENERGY BARS

BEAUTY BAR / \$6

cashews, cacao nibs, shredded coconut, coconut oil, coconut butter, vanilla, cinnamon, maca, dates, beets

RAWNOLA BAR / \$5

oats, pumpkin seeds, sunflower seeds, hemp hearts, chia seeds, cocoa nibs, goji berries, dates, cashew butter, maple syrup, coconut oil, coconut butter, vanilla, cinnamon

REESE BAR / \$6

almonds, cashews, oats, flax, coconut, dates, almond butter, cacao, maple syrup, vanilla, himalayan salt

PROTEIN BALLS (PACK OF 2) / \$4

FLAVOURS

ALMOND COOKIE BITES, REESE BALLS, GOJI PROTEIN BALL

HEALTHY GOODNESS

SUPERFOOD BREAKFAST COOKIE / \$4

PB & J OUR WAY / \$6.50

overnight oats, coconut milk, almond butter, chia seed jam, hemp hearts, coconut, vanilla, cinnamon, granola

CHIA PARFAIT / \$6.50

chia seeds, coconut milk, mixed berries, almond butter, vanilla, granola, maple syrup

AVOCADO CHOCOLATE MOUSSE + CHIA SEED PUDDING / \$6.50

avocado, cacao, coconut milk, maple syrup, vanilla, chia seeds, coconut



DONUTS

1 DONUT / \$4.50

1/2 DOZEN / \$25.50

1 DOZEN / \$51

FLAVOURS

VANILLA, CHOCOLATE, MATCHA, TURMERIC CHAI, CARROT CAKE, RED VELVET

MUFFINS

Flavours vary

BANANA CHOCOLATE CHIP / \$4.75

LEMON BLUEBERRY / \$4.75



PLACE AN

order

All orders can be made via phone
or email. Orders must be placed
48 hours in advance.

CONTACT US

(306) 954-1104

info@thrivejuiceco.com

137 20 St W, Saskatoon, SK S7M 1M6

OUR HOURS

Mon-Fri | 8am-5pm

Sat | 9am-5pm

Sun | 10am-4pm

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PLANT BASED, DAIRY FREE,
GLUTEN FREE, NO REFINED SUGARS

THRIVEJUICECO.COM

