

SKI TRIP PACKING CHECKLIST

suggestions from trapperofcolorado.com

PRO TIP: Photograph what you're bringing, for insurance reasons, in the event of loss or theft.

EQUIPMENT & GEAR

Essentials:

- Boots, Goggles + anti-fog, Gloves or Mittens (+ glove liners)
- Warm neck scarf or funnel, balaclava, face mask
- Boot bag/carrier (also holds a helmet, goggles, gloves & more!)
- Outer layers: Waterproof ski/snowboard jacket & pants (ski skirt)
- Ski or Snowboard carrier, if you plan to bring your skis or board

Rentable:

Helmet, Skis, Poles, Snowboard, Boots
(your personal, fitted boots are probably more important to bring than your skis or snowboard)



BASE LAYERS

- Warm, high ski socks - for each day you'll be on the mountain
- Lightweight, breathable long underwear tops & bottoms - for several days of activity
- 2nd base layer (thin merino wool is great!)
- Warm ski sweater or fleece that allows movement/flexibility
- Hand & toe warmers to put inside of your gloves & boots
- Helmet liner - if you have very short hair or are bald, this can be like a skull cap. It's purpose is a base layer for your head



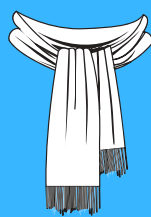
APRÈS SKI & STREETWEAR

- Warm, stylish boots or shoes that won't slip on ice!
- A cozy sweater that feels good in the mountains
- A fashion vest in a faux fur, fleece or tech fiber
- Jeans, corduroys, warm leggings & leg warmers
- Long-sleeved tees, thermals and/or shirts (knit, flannel or wool)
- Skirt of wool, corduroy, flannel or themal, if you are inclined
- Warm tights for underlayers, or wearing with a skirt
- Small handbag or backpack for in town



ACCESSORIES

- A great wool scarf that compliments your ski jacket or coat
- A hat that keeps your ears warm, and adds style to your outfit
- Warm gloves for going out - not for skiing/riding
- Warm, fun socks that look good by a fire
- Sunglasses for off the slopes - the winter sun can be blinding
- A few pieces of jewelry to go out in (not for on the slopes)

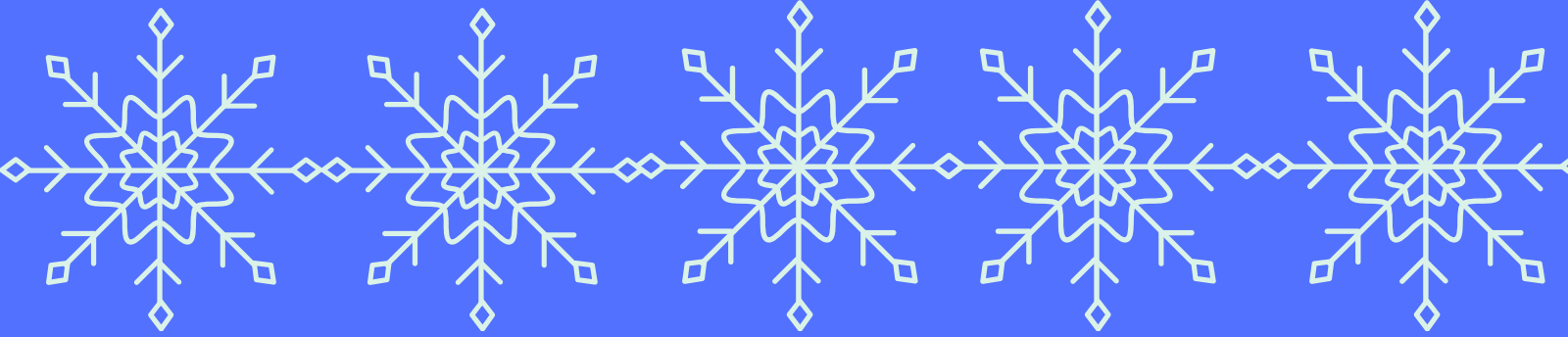


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INTIMATES



- Cozy pajamas or nightgown - flannel isn't especially necessary if you are staying at the resort, which should be well heated
- Underwear with good elastic for movement, but also stays put
- Bras for the slopes and in town. You don't need sports bras for skiing or riding, unless that's what you feel comfortable wearing
- Slippers or thick socks for the hotel room or airbnb floor
- Bathing suit, flip flops & cover-up for hot springs, hot tub, or pool

PERSONAL CARE ITEMS 1

- Sunscreen! This is essential at altitude & on snow!
- Travel-sized toiletries (include body lotion - it's dry at altitude!)
- Toothbrush, toothpaste & floss or tape
- Razor, shaving necessities
- Hairbrush and/or comb
- Lip balm w/ SPF (to keep in your ski jacket pocket) & w/o SPF
- Contact lenses & solution and/or Rx glasses (spare pair) & a wipe
- Nail clippers & file
- Sleep mask & earplugs



PERSONAL CARE ITEMS 2

- Personal water bottle - keep drinking water while at altitude!
- Altitude remedies - easily found at grocery stores and pharmacies in mountain towns
- Upset stomach/travel tummy remedies
- Vitamins & supplements
- Any medications you regularly take; asthma inhaler
- Arnica and other muscle soothing homeopathy or creams/gels
- Pocket-sized packet of tissues
- Individual hand sanitizer
- Band-aids/bandages



ELECTRONICS/MISCELLANEOUS

- Cell phone and charger
- Laptop or iPad & charger, if you must stay connected
- Headphones or earbuds & your iPod
- Travel alarm clock, if you want a back-up to your phone
- Wallet with cash, credit/debit cards; driver's license; insurance card; emergency contact numbers
- Ski Pass! If you're heading to a resort that's on your pass



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