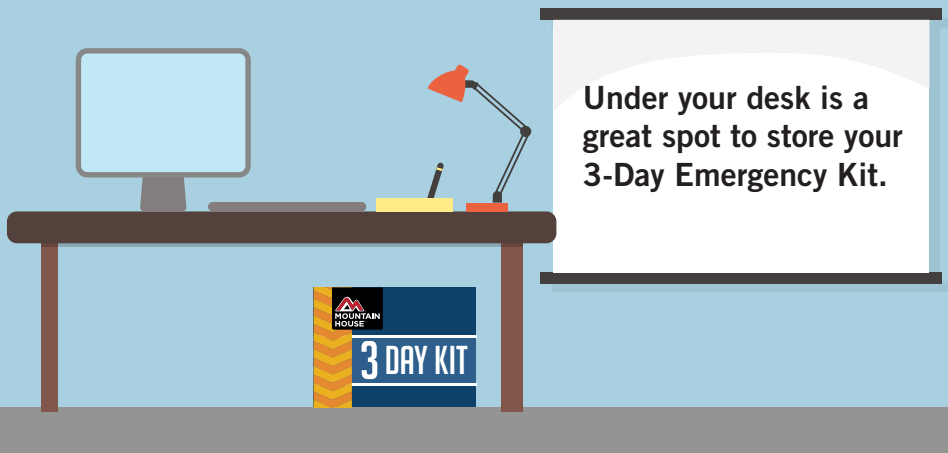




HOW TO BUILD AN EMERGENCY KIT

That vending machine down the office hallway won't feed everyone for very long. Use this guide as a checklist to make sure that you're just as well prepared for emergencies at work as you are at home or on the road. Just in case.

OFFICE EDITION



FOOD & WATER

Make sure to have 3 days of shelf stable food, plus a gallon of water.



- 1 - Dust Mask • 2 - Whistle • 3 - Backup Prescriptions • 4 - Backup Eyeglasses • 5 - Rechargeable Flashlight •
- 6 - Map of local area • 7 - Duct Tape • 8 - Moist Towelettes • 9 - Extra Batteries • 10 - Small Toolkit •
- 11 - Phone Charger • 12 - Toilet Paper • 13 - Can Opener • 14 - First Aid Kit • 15 - Water Filter

BACKUP TRANSPORTATION



During a disaster situation it's highly likely that public transportation and roadways will be shut down. Maybe it's time to take advantage of that bike rack outside!

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