

PROPER TECHNIQUE FOR REMOVING ZENDURA AT TEMPLATE FROM PATIENT'S TEETH

A Step-by-Step Guide

After placing the AT attachment template in the pt's mouth and UV light curing the attachments to bond them to the teeth, follow these steps to properly remove the template. This technique will help ensure you don't affect the bond between the attachments and the teeth when removing the template.

1. Using an aligner pull-tool, descaler or similar pull tool, on one side of the pt's mouth grab the posterior lingual edge of the template and pull it away from the molars about 3-4 mm (Fig. 1)



Figure 1. Use aligner pull-tool, descaler or similar pull to grab posterior lingual edge of template and pull it 2-3mm away from molars.

2. Move to other side of the mouth and repeat Step 1.
3. Next, grab the anterior lingual edge of the template and pull it away from the incisors 2-3 mm.
4. Then slowly roll the template from the lingual/palatal toward the buccal until it is free, allowing you to remove the template from pt's mouth.

Note: To help ensure that attachments will not stick to the template, making them prone to coming loose during removal of the template, consider spraying the interior of the attachment with food grade silicon spray (Fig. 2) before placing any composite material inside the template's attachment wells.



Figure 2. Food Grade Silicon Spray.