

SPANDEX

- Spandex, also known as **lycra** or **elastane**, is an elastomeric fiber - meaning it can stretch 100% and still recover.
- The fiber is never used alone but blended with other fibers to add fit, shape retention, movement, and comfort.
- As little as two percent spandex used in conjunction with other fibers will add an impressive amount of stretch.

PROPERTIES:

- Elasticity.
- Lightweight.
- Sensitive to heat + bleach.
- Does not have a high heat tolerance.
- Not resistant to abrasion.
- Weakest fiber.

CARE:

- Spandex is always blended with at least one other fiber and makes up the minority of any given fabric - the care instructions for the majority fibre should be used for the garment.
- Spandex can withstand dry-cleaning, machine-washing, and machine-drying.
- Avoid ironing - this will cause the fibers to melt.

