A couple weeks ago Oxygen Plus, Inc. sent us samples of their revitalizing oxygen products to test out and boy did we ever! Knowing that we would be traveling with an incredibly busy schedule and in a city at high altitude this was the perfect opportunity to see if Oxygen Plus could deliver.

We tested the following products:

- Peppermint O+ Mini (approximately 20+ breaths of 95% Oxygen-Enriched Air)
- Pink Grapefruit O+ Mini (approximately 20+ breaths of 95% Oxygen-Enriched Air)
- O+ Skinni Natural (approximately 50+ breaths of 95% Oxygen-Enriched Air)

Our product review focuses primarily on the O+ Skinni Natural 95% Oxygen-Enriched product, but we will also speak about the two flavored mini samples as well. So, first things first, let’s set the scenario in which the products would be tested:

1. After approximately 7.5 hours of flying
2. During a week of long strenuous days on our feet and walking in a city at an elevation of approximately 5k feet
3. While hiking in the mountains at approximately 6k feet
4. And lastly, at the end of each day before singing in the shower (you read that correctly. This writer has utterly no self-control when it comes to the call of the shower sirens.)

Upon trying O+ for the first time, I came to the realization of two things very quickly – the first being that I apparently over-exaggerated when I inhaled during my initial attempts and ended up light-headed. Once I figured out that I could breath normally (with slightly deeper breaths), things went much better.
The second thing I noticed was that the effects of O+ are more subtle than I expected. Don’t get me wrong, it definitely did what it was supposed to do, but I was expecting something akin to a caffeine buzz. Instead I just wasn’t as tired as I would have normally been and had enough breath and energy to sing my heart out in the shower each night.

The O+ canisters are convenient for travel and can easily fit in a backpack/purse if you are on the go during your regular daily routine.

Although we liked the O+ Natural product, I have to admit that I preferred the flavored versions – somehow it just made the experience more gratifying. If there were anything for me to gripe about, it would be canister delivery system. It seems like a device reminiscent of an inhaler would have made the experience easier and more efficient than the current canister design.

Otherwise, O+ oxygen-enriched air was a novel enjoyable experience. At approximately $10 per canister and $40 for a starter kit (on the low end), the effects aren’t drastic enough to warrant purchasing a continuous supply.

However, for special situations like long trips or late nights out clubbing Oxygen Plus could be a great pick-me-up to get you back to normal.

Find more information about O+ products HERE.

Full Article: http://thelafashion.com/2016/08/01/product-review-oxygen-plus-x-breath-fresh-air/