Oxygen Plus (O+), A Must-Have for Sports Enthusiasts

Living Out Loud LA, by Marvin Vasquez – November 10, 2015

A portable, recreational oxygen, Oxygen Plus is here to provide another form of energy for the health-and-wellness minded crowd.

Oxygen Plus, at times dubbed O+, can help in many ways: to diminish exposure to polluted and stale air, as a healthy solution to those who experience fatigue and tiredness, to decrease stress levels, increase stamina, offset the effects of altitude, combat a portion of the negative effects of alcohol consumption and (my favorite) optimize athletic performance.

I grew up playing soccer and other sports at a high level, but that is not so much the case now that I’m 30 years old. Believe me when I say this, my athletic performance isn’t the same as it used to be for several reasons: aging body and weight gain, among other things. I’m currently out of shape, so my body’s oxygen level is lower than normal when I play soccer and when I do cardio at the gym.

Enter Oxygen Plus, which has helped me significantly. Not only does it provide a quick oxygen boost, but also more energy while getting rid of my fatigue and shortness of breath. As a result, I’m more active on the pitch and my alertness is high. It works, it’s healthy and it’s safe to consume.

Oxygen Plus offers an O+ Mini canister (good for 24+ breaths of oxygen), O+ Skinni canister (50+ breaths) and O+ Elevate Pack (with a reusable O-Stick shell and two starter refills – each at 50+ breaths). They’re priced in packs at $23.97+, $35.97+ and $35.99+, respectively.

It also comes in a variety of flavors, including natural, peppermint and pink grapefruit. For more information, visit oxygenplus.com.

Full Article: http://www.lol-la.com/review-oxygen-plus-o-a-must-have-for-sports-enthusiasts/